

St. Ann's College for Women

(Autonomous), Affiliated to Osmania University
Accredited by NAAC with A⁺ Grade (3rd cycle), CPE by UGC
Mehdipatnam, Hyderabad.



CRITERION V

STUDENT SUPPORT AND PROGRESSION

5.1.3

Capacity development and Skills enhancement activities
Soft Skills, Language & Communication Skills and
Life Skills



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

LIFE SKILLS

2018-19

S.NO	Name of the capability enhancement program	Date of implementation (DD-MM-YYY Y)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)
YOGA				
1.	AECC -Yoga	05-07-2018	71	Ms. Ishrath, Yoga Instructor, Ph.No: 7780432765
HEALTH AND HYGIENE				
1	Health Camp in Collaboration with ABBot India	20-07-2018	80	Dr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772
2	Govt " KANTI VELUGU" programme, an eye camp	24-11-2018	300	Dr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772
3	Guest lecture on thyroid disorders for the Faculty and students by	14-09-2018	120	Dr.Thrivikram.S. MD,r. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772
4	"Hands-on session on CPR -Cardio-Pulmonary Resuscitation" by the	19-10-2018	90	Pulse Health Care Associatesr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772
5	Guest lecture by n the topic" Anti ageing for staff and students".	01-12-2018	110	Dr Dedeepya Reddy ,r. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

6	Vijay diagnostic centre conducted a free health camp	22-03-2019	60	Dr. Revathi ,Asst Prof , Dept of English,Coordinator, Health Centre,Ph.No:9494231772
ENTREPRENEURSHIP				
1.	Three day training programme on Growing techniques of Bonsai	15-12.2018	21	Mr. Govind Raj, Bonsai Expert, Eshwari Nurseries, Ph.no:9441424961
2.	Vegetable Carving -A demonstration class	04.08.2018 & 18.08.2018	33	Mr.Rama Krishna Raju, ETV celebrity chef, Ph.no: 8978675847
3.	A Session on Mushroom cultivation	15.02.2019	65	Mrs. P.V. Neeraja, Asst Professor , Dept of Botany, St Ann's College for women, Ph.No: 9490748289
4.	Career Oriented Course - Herbal medicine & beauty care	10.07.2018	35	Mrs. P. Annie Rajita, Beautician, SETWIN Ph. No:9885773850
5.	Life Skills & Entrepreneurship	16.8.18	157	
6.	Career Oriented Course-baking technique	27.06.2018	40	Mrs.Shenaz, Freelance Baking Expert, Ph No: 9949960974
7.	Career Oriented Course-culinary technique	27.06.2018	39	Ms. Varsha, Nutrition Consultant , NESTLE India Pvt Ltd Ph.NO: 8096828070
8.	Career Oriented Course-Nutrition and fitness	27.06.2018	50	Ms. Charmaine Paul, Director , Inspire Gym Ph.No: 9246212882



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdipatnam, Hyderabad - 500 028.

1. ABILITY ENHANCEMENT COURSE (AECC)-YOGA

OBJECTIVES OF THE YOGA COURSE:

- 1) To improve physical fitness and stamina.
- 2) To give specialized coaching in respective sports discipline according to students choice.
- 3) To identify talented students and give them training to excel in State, National and International level tournaments.

COURSE CO-ORDINATOR:

Y. Ramya sri , Head Department Physical Education

COACHES:

1. Ms. Ishrath,- Yoga Instructor

OUTCOME OF THE COURSE:

- Students actively engage in class activities and devise appropriate training programs for the sport activities. Students also assess fitness levels and devise appropriate fitness plans.
- Physical Education improves physical fitness and stamina.
- Specialized coaching in respective sports discipline according to students choice.
- Identified talented students and gave them training to excel in State, National and International level tournaments.

List of the Candidates enrolled in CCA-Course for the year 2018-19

SNO	HALLTICKET NO	NAMES	COMBINATION
1	18111018	Bibina S.Bihu	BA EPP
2	18130003	Pantham Bhavana	BA PEP
3	18130007	Basheer Unissa	BA PEP
4	18130017	Ratan Shivani	BA PEP
5	18130019	V.Annamraju	BA PEP



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

6	18156019	Vlalsangpuii	BA HPP
7	18258023	Ayesha Jaz Siddiqui	BA HLP
8	18258024	Waikala	BA HLP
9	18258030	C Jil Kishing	BA HLP
10	18263004	Mehvesh Maqsood	BA PLP
11	18263006	Zakiyah Hyder	BA PLP
12	18263007	D.Priyanka Raj	BA PLP
13	18263018	Haneen Sadiq Ali	BA PLP
14	18263031	Adina Kawrin	BA PLP
15	18263038	Haniyyah Najeebudddin	BA PLP
16	18401004	Mannem Kirthi	BCOM GEN
17	18401017	Umme Kulsum	BCOM GEN
18	18401021	D.Meghna	BCOM GEN
19	18401030	M.Shanthipriya	BCOM GEN
20	18402008	Shravani	BCOM COMP
21	18402014	Nitisha Agarwal	BCOM COMP
22	18402019	G.Ramya	BCOM COMP
23	18402025	M.Ramya	BCOM COMP
24	18402032	K.Tarani	BCOM COMP
25	18402049	S.Varlakshmi	BCOM COMP
26	18402068	Raveena Goud	BCOM COMP
27	18402091	Pretty Rose	BCOM COMP
28	18404005	Savita Pawar	BCOM FT
29	18404007	Naina Autade	BCOM FT
30	18404022	Shivani Magar	BCOM FT
31	18404023	Shivani Chawan	BCOM FT
32	18404026	Prateesruti Sain	BCOM FT



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

33	18445016	Ayesha Mohd	BZC
34	18445052	D.Manisha	BZC
35	18458012	Pallela Pujitha	MCB
36	18458013	Bindupriya	MCB
37	18458021	B.Akhila	MCB
38	18458049	Syeda Maliha Fatima	NCB
39	18464004	Khutija Nazish	NCZ
40	18464008	A.Keerthana	NCZ
41	18467018	Priyanka Subudhi	MSCS
42	18467044	A.Maitrika	MSCS
43	18467084	Bellary Veda	MSCS
44	18467085	Aishwarya Upadhya	MSCS
45	18467092	Vaishnavi Nasanpally	MPCS
46	18468006	Amatul Wahud Zainab	MPCS
47	18468020	D.Mani Kranthi	MPCS
48	18468038	M.Pravalika	MECS
49	18474003	Rai Mohana Sandhya	MECS
50	18474023	B.Sai Pavani	MECS
51	18474040	Ch.Chandana	GCZ
52	18478010	Tania Fatima	GCZ
53	18478017	Gudla Nandini	GCZ
54	18478026	R.Rakshitha	GCZ
55	18488006	Vidya Sree	BBC
56	18488025	Singeetham Sravani	BBC
57	18588010	Zainab Fatima	NCB
58	18588041	Asfiya Unissa Sana	NCB
59	18588043	G.Sneha	NCB



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

60	18685010	R.Tejashwini	BBM
61	18685032	Swathi Agarwal	BBM
62	18685044	Mahima Toshniwal	BBM
63	18402048	Somyasetty Harshitha	BCOM COMP
64	18685042	M.Supriya	BBM
65	18685052	K.Alekya	BBM
66	18404030	Shivani	BCOM FT
67	18459006	A.Vaishnavi	GCM
68	18401037	T.Anusha	BCOM GEN
69	18263002	Khadiya	BA PLP
70	18263009	Saheefa	BA PLP
71	18402107	Susmitha Singh	BCOM COMP



Website : www.stannscollegehyd.com
E-mail : stann_college@yahoo.co.in

Phone : 040-23513020




ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.



AECC-yoga


Head
Dept. of Phy. Education
St. Ann's College for Women
Mehdiapatnam, Hyderabad-28.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Health Centre

S.No	Month	Event/Activity planned
1	July	Health centre in collaboration with Abbot India Ltd conducted complete health check up camp for staff, students and their Parents.
2		The camp provided with different medical examinations including Blood sugar, Thyroid profile, CBP, Complete health profile etc., at nominal prices.
3	August	As a part of an initiative taken by the Govt " KANTI VELUGU" programme, an eye camp was conducted at the health centre for two days from 8:am to 4:00pm.Around 300 students and staff were screened for ocular problems covering refraction errors, cataract, Vitamin A deficiency, eye infections, glaucoma, corneal disorders and diabetic retinopathy.It was also a community service where people from in and around Mehdiapatnam and the Parents have availed the facility.
4	September	Health centre organized a guest lecture on thyroid disorders for the Faculty and students by Dr.Thrivikram.S. MD,
5	October	Health centre organized a "Hands-on session on CPR -Cardio-Pulmonary Resuscitation" by the Pulse Health Care Associates. The session was taken up by Dr Aditya Vikram Kabra, managing director of Pulse Health care associates and his colleagues.
6	December	Health centre organized a Guest lecture by Dr Dedeepya Reddy on the topic" Anti ageing for staff and students".
7	March	Health centre in collaboration with Vijay diagnostic centre conducted a free health camp in the following parameters, exclusively for staff and their family members on 22 nd March .



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

HEALTH CENTRE REPORT

2018-19



Sri K. Chandra Sekhar Rao
Honourable Chief Minister

Commissionerate of Health and Family welfare

KANTI VELUGU

Government of Telangana



Sri C. Laxma Reddy
Honourable Health and
Family Welfare Minister

To work towards “Avoidable Blindness Free Telangana”, the Government has decided to take up universal eye screening by covering the entire population of the state under the name “Kanti Velugu”.

The objectives of “Kanti Velugu” are (i) to conduct eye screening & vision test for all citizens of the state (ii) provide spectacles free of cost (iii) arrange for surgeries and other treatments free of cost (iv) provide medicines for common eye ailments (v) educate people on prevention of serious disabling eye diseases.

With 10 member team an eye camp was conducted at the health centre for two days from 8:am to 4:00pm. Around 300 students and staff were screened for ocular problems covering refraction errors, cataract, Vitamin A deficiency, eye infections, glaucoma, corneal disorders and diabetic retinopathy.

It was also a community service where people from in and around Mehdiapatnam and the Parents have availed the facility.



Website : www.stannscollegehyd.com
E-mail : stann_college@yahoo.co.in

Phone : 040-23513020



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.



Govt "KANTI VELUGU" PROGRAMME, an eye camp

Swathi.
Dept. of English
ST. ANN'S COLLEGE FOR WOMEN
Mehdiapatnam, Hyd-28.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

1.

DEPARTMENT OF BOTANY

BONSAI REPORT 2018-19

The Department of Botany organized a demonstration class on Bonsai on 15 Dec 2018 for the second and final year students to create interest in the students to learn the technique of bonsai. Mr. Govind Raj a specialist in Bonsai training was the resource person. He explained the different types and styles of bonsai, plants that can be easily grown as bonsai. He also explained about the nutritional requirements of the plants and how to supply water and nutrition to the bonsai plants. Other procedures like training, pruning, wiring, cutting, repotting were well explained. The students were happy to be a part of this learning process and were eager to know more.



P. V. Subashini
Head of the Department
Department of Botany
St. Ann's College for Women
Mehdiapatnam, Hyderabad-500 028.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

2.

VEGETABLE CARVING

2018-19

In order to nurture the culinary skills in the students, Department of Botany conducted demonstration classes on Vegetable Carving on 4th & 18th August 2018. The Resource Person was Mr. Ramakrishna Raju from Agri Horticulture Society who is popularly known as chef raju garu. Around 33 students have enrolled for the demonstration class. Information on the selection of vegetables and fruits was given. Vegetables like carrots, beetroots, radish, gourds, spring onions and watermelon were used. He showed in detail how to carve & how to handle the instruments for cutting and chopping vegetables & fruits. The students enjoyed the classes and developed the confidence of handling instruments.



R. Ushadina
Head of the Department
Department of Botany
St. Ann's College for Women
Mehdiapatnam, Hyderabad-500 028.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

List of students

Vegetable Carving

2018-19 (04-08-2018)

S.NO	NAME	CLASS	SIGNATURE
1.	Sariya Ikram	I NCB	
2.	Huda amreen	"	Huda
3.	Amulya	"	K. Amulya
4.	Pranavi	"	Pranavi
5.	K.Alekya	"	Alekya
6.	Tazeen Fatima	"	Tazeen
7.	M.Poojitha	"	M. Poojitha
8.	Naadia Ali	"	Naadia Ali
9.	Amtul Bushra	I BZC	Amtul Bushra
10.	K. Bhavani	"	K. Bhavani
11.	Shifa Fatima	"	Shifa
12.	Shifa summaiya	"	Shifa
13.	Yusra Fathima	"	Yusra
14.	Divya Phani	"	Divya
15.	Sadiya Iffat	"	Sadiya Iffat
16.	Ayesha Siddiqua	"	Ayesha
17.	Ayesha Mehvish	I B.Com C	Ayesha Mehvish
18.	Syeda Nada	I B.Com D	Syeda Nada
19.	Maliha Naaz	II NCB	Maliha Naaz
20.	Ayesha Siddiq	"	Ayesha Siddiq
21.	Ruqiya Ameer	"	Ruqiya Ameer
22.	Mariam Fatima	"	Mariam Fatima
23.	Usra Iram	"	Usra Iram
24.	Hafsa Sadiq Ahmed	"	Hafsa Sadiq Ahmed
25.	Samia Ayesha	"	Samia Ayesha
26.	Yusra Hafeez Khan	"	Yusra Hafeez Khan
27.	Zehra Fatima	"	Zehra Fatima
28.	Umaimah asad	"	Umaimah asad
29.	Zoha Samreen Khan	"	Zoha Samreen Khan
30.	Qudsia Mohammadi	II NCB	Qudsia Mohammadi
31.	Syeda Kulsum	II MCB	Syeda Kulsum
32.	Umaima Khan	"	Umaima Khan
33.	Sumaira fazal	I BZC	Sumaira
34.			



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

3.

Mushroom Cultivation Report

2018-19

As a part of departmental activity a demonstration class on mushroom cultivation was conducted on 15.02.19 for the final year students of BZC. The theory information was given by Mrs.P.V.Neeraja on different aspects. A power point presentation was shown which elaborately explained various aspects of mushroom cultivation like what are mushrooms, their structure, types, and nutritional value of mushrooms how can they be differentiated from poisonous mushroom. In continuation with the theoretical part a demonstration session on cultivation of mushroom was conducted. Information regarding spawn sterilization of grass, size of polythene bags to be used during the cultivation procedure was discussed. It was an interactive session & students were excited to know about the practical part. Students were made in to groups and were asked to prepare a spawn cultivation bag they were to check these bags after 15 days for the growth of mushrooms.



P. Neeraja
Head of Department
St. Ann's College
Mehdiapatnam, Hyderabad-500 028



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

MUSHROOM CULTIVATION LIST OF STUDENTS

Sl.No	HALL TICKET No	NAME OF THE STUDENT
1	1204-16-445-001	B KIRAN MANJALI
2	1204-16-445-002	MARIYA AHMED
3	1204-16-445-003	ABRAR AYUB KHAN
4	1204-16-445-004	MALAVIKA NAI
5	1204-16-445-005	KUBRA FATIMA
6	1204-16-445-006	BISKUNDHA MOUNIKA
7	1204-16-445-007	SHAVYA VERMA
8	1204-16-445-008	BUSHRA QAMAR
9	1204-16-445-009	CH. SHRAVANI
10	1204-16-445-010	PRAVEENA. V
11	1204-16-445-011	WABIHA NISHAT UNNISA
12	1204-16-445-012	AMENA SAMREEN
13	1204-16-445-013	VALLURI MOUNIKA
14	1204-16-445-014	MARIA RIYAZ KHAN
15	1204-16-445-015	GOUSIA ZAHARA SULTANA
16	1204-16-445-016	TAHOORA FATIMA
17	1204-16-445-017	AYESHA MEHNAAZ
18	1204-16-445-018	JAAGRUTHI JANNIGORLA
19	1204-16-445-020	AMENA AHMED
20	1204-16-445-021	SAI GEETHA
21	1204-16-445-022	AMTUL AHMAREEN BEGUM
22	1204-16-445-024	MARIYA MOHSIN FAROOQUI
23	1204-16-445-025	SAFURA SADIYA
24	1204-16-445-026	ROYYPALLI AKHILA
25	1204-16-445-027	JUVERIA FATIMA
26	1204-16-445-028	AYESHA FATIMA
27	1204-16-445-029	SHIFA BEGUM
28	1204-16-445-030	S. SHIRISHA
29	1204-16-445-031	KONDAPURAM NIKHITHA



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

30	1204-16-445-032	MADUGULA SUMA MALEENI
31	1204-16-445-033	NEHA FATHIMA
32	1204-16-445-034	UMESA SADIA
33	1204-16-445-035	RAIPALLY TEJASREE
34	1204-16-445-036	AFREEN BEGUM
35	1204-16-445-037	SARA NOUSHEEN
36	1204-16-445-038	B MAHESHWARI
37	1204-16-445-040	ASMA BEGUM
38	1204-16-445-044	SYED NEELOFAR
39	1204-16-445-045	AMTUL HASEEB
40	1204-16-445-046	B VASUNDHARA
41	1204-16-445-047	EVURU YASHASWI
42	1204-16-445-048	D PRATHYAKSHA
43	1204-16-445-049	M VARSHA
44	1204-16-445-050	MADIHA NOOREEN
45	1204-16-445-052	K SRAVANI REDDY
46	1204-16-445-053	R DIVYA
47	1204-16-445-056	A BHAVANI
48	1204-16-445-057	G NIHARICA YADAV
49	1204-16-445-058	V AKHILA.
50	1204-16-445-059	T SHIRISHA
51	1204-16-445-060	S SPOORTHY



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

4.

HERBAL MEDICINE AND BEAUTY CARE CO-ORDINATED

BY

DEPARTMENT OF BOTANY

IN

COLLABORATION WITH

SETWIN

PUNARI, HAVELI, HYDERABAD

REPORT 2018-19





ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Department Of Botany U.G.C Add On Course Herbal Medicine And Beauty Care Report 2018-19

1. Number of Students enrolled: **35**
2. List of students with combination and year of study : **List enclosed**
Photographs of field trips/outside project/: **Enclosed**
venue/in house classes
3. No. of project carried out by the students: **one for each**
4. Brief report of the activities and resource person

Collaboration: SETWIN

Resource person : Annie Rajitha

External Examiner: Vanaja.P

(Theory & Practical) **SETWIN, Punari, Haveli, Hyderabad**



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Report of Activities

Herbal Medicine and Beauty Care course for the year 2018-19 started on 10.07.2018 with an orientation program.

The orientation program included-

The **Course Content** for the year 2018-19

Number of **Credits:4**

Evaluation pattern –

- Marks allotted for Internals Theory Examination (30M)
- Marks allotted for Course End Theory Examination (70M)
- Marks allotted for Course End Practical Examination (45M)
- Marks allotted for Course Project Work (25M)
- Marks allotted for Course Practical Record (20M)
- Marks allotted for Viva Voce (10M)

Introduction of Course resource person- Mrs. Annie Rajith

Introduction of the collaborating organization-SETWIN

Number of Classes per week: 3 days (ie. Wednesday, Thursday, Friday)

Objectives of the Course

- To promote use of herbal products as alternative therapy and for personal grooming.
- To build skill for identifying, understanding and administering medicinal herbs.
- To enhance the technical skills and the employment potential of students for better placement.
- To promote Beauty Care as a viable vocation/career option to students with aptitude.
- To learn the active principle of plant identification, action indication and presentations of these herbs for beauty care.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Why Beauty Care

- Self-esteem
- Confidence
- Professional Growth
- Success
- Credibility



Why Herbal Beauty Care

- Natural Products
- Cost Economy
- Ever Available
- Minimal side effects

Skill Taught During the Course

- Herbal preparations and home remedies
- Skin , hair care and hair styling techniques
- Dietetics ,nutrition and Image management
- Personal grooming and Professional ethics
- Development of Entrepreneurial skill

Employment Career opportunities

- Self-employment by opening beauty clinics
- To work as a Faculty in vocation college
- Join sectors such as airlines, show business etc.
- Beauty Therapist /Hair Stylist/ Make-up Artist
- Develop Entrepreneurial skill

Student Benefit

- The course is conducted in collaboration with SETWIN, Govt.Telangana.
- An U.G.C approved certificate, under the aegis of Osmania University.



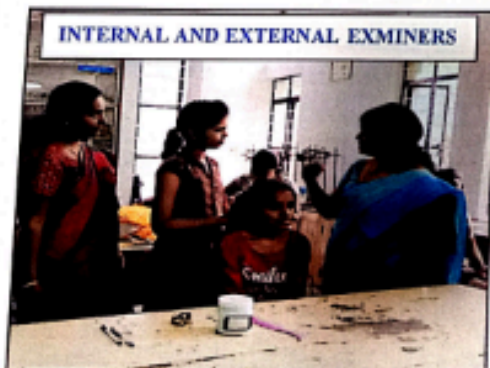
ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Course End Examination



PRACTICAL





ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

U.G.C Sponsored Add-On Certificate Course Department of Botany Herbal Medicine and Beauty Care 2018-19 Marks consolidation Offered for Second Years

S.No	Name	Hall Ticket No.	Course Combination	Signature of the Students
1	G.Swetha	120417588034	BSc. NCB	G.Swetha
2	R.Priyanka	120417458025	BSc. MCB	R.Priyanka
3	K.Sathya Bhama	120417588006	BSc.NCB	K.Sathya Bhama
4	Siddoju Vaishnavi	120417588050	BSc. NCB	(Vaishnavi)
5	N.Sravani	120417474043	BSc. MECs	N.Sravani
6	Samba Lavanya	1204174774005	BSc. MECs	Samba Lavanya
7	G.Nandini	120417468028	BSc.MPCs	G.Nandini
8	B.Priyanka	120417474036	BSc. MECs	B.Priyanka
9	Lubna Erum	120417156007	B.A HPP	Lubna Erum
10	Najmuseher.Siddiqui	120417129020	B.A HEP	Najmuseher.Siddiqui
11	S.Sai Sravani	120417588039	BSc.NCB	S.Sai Sravani
12	B.Niharikha	120417458010	BSc.MCB	B.Niharikha
13	Kesari Anusha	120417445048	BSc.BZC	Kesari Anusha
14	Syeda Rahila	120417464033	BSc.NCZ	Syeda Rahila
15	B.Roja	120417467068	BSc.MSCs	B.Roja
16	M.Shirisha	120417468006	BSc.MPCs	M.Shirisha
17	P.Sahithi	120417474012	BSc. MECs	P.Sahithi
18	P.Deepika	120417467051	BSc.MSCs	P.Deepika
19	B.Deepika	120417467053	BSc.MSCs	B.Deepika
20	B.Akhila	120417467087	BSc.MSCs	B.Akhila
21	Ayesha Jabeen	120417464024	BSc.NCZ	Ayesha Jabeen
22	P.Namratha	120417445020	BSc.BZC	P.Namratha
23	K.Swomya	120417445034	BSc.BZC	K.Swomya
24	R.Adekhya	120417402093	BCom.Comp	R.Adekhya
25	Sumaiyya	120417588030	BSc.NCB	Sumaiyya
26	Fameeda	120417488014	BSc.BBC	Fameeda
27	Rania Javeed	120417258018	B.A.HLP	Rania Javeed
28	Tabinda Tahseen	120417464022	BSc.NCZ	Tabinda Tahseen
29	M.Likitha	120417402009	B.Com.Comp.	M.Likitha
30	K.Sumanjali	120417404040	B.Com.F.T	K.Sumanjali
31	U.Lakshmi Prasanna	120417588020	BSc.NCB	U.Lakshmi Prasanna
32	Deepthi	120417468000	BSc. NCB	Deepthi



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

U.G.C Sponsored Add-On Certificate Course
Department of Botany Herbal Medicine and Beauty Care 2018-19
Marks consolidation
Offered for Second Years

S.No	Name	Hall Ticket No.	Course Combination	Internal Marks 30	Course End Examination 70	Total 100
1	G.Swetha	120417588034	BSc. NCB	25	62	87
2	R.Priyanka	120417458025	BSc. MCB	28	64	92
3	K.Sathya Bhama	120417588006	BSc.NCB	27	50	77
4	Siddoju Vaishnavi	120417588050	BSc. NCB	24	63	87
5	N.Sravani	120417474043	BSc. MECs	23	61	84
6	Samba Lavanya	1204174774005	BSc. MECs	27	62	89
7	G.Nandini	120417468028	BSc.MPCs	26	64	90
8	B.Priyanka	120417474036	BSc. MECs	26	61	87
9	Lubna Erum	120417156007	B.A HPP	23	62	85
10	Najmuseher.Siddiqui	120417129020	B.A HEP	27	56	84
11	S.Sai Sravani	120417588039	BSc.NCB	25	64	89
12	B.Niharikha	120417458010	BSc.MCB	25	62	87
13	Kesari Anusha	120417445048	BSc.BZC	26	61	87
14	Syeda Rahila	120417464033	BSc.NCZ	23	55	78
15	B.Roja	120417467068	BSc.MSCs	25	56	81
16	M.Shirisha	120417468006	BSc.MPCs	23	55	78
17	P.Sahithi	120417474012	BSc. MECs	26	61	87
18	P.Deepika	120417467051	BSc.MSCs	24	51	75
19	B.Deepika	120417467053	BSc.MSCs	21	64	85
20	B.Akhila	120417467087	BSc.MSCs	23	42	65
21	Ayesha Jabeen	120417464024	BSc.NCZ	26	61	87
22	P.Namratha	120417445020	BSc.BZC	27	59	86
23	K.Swomya	120417445034	BSc.BZC	27	55	82
24	R.Aeekhya	120417402093	BCom.Comp	25	60	85
25	Sumaiyya	120417588030	BSc.NCB	Absent	52	52
26	Fameeda	120417488014	BSc.BBC	Absent	61	61
27	Rania Javeed	120417258018	B.A.HLP	22	57	77
28	Tabinda Tahseen	120417464022	BSc.NCZ	22	56	78
29	M.Likitha	120417402009	B.Com.Comp.	27	60	87
30	K.Sumanjali	120417404040	B.Com.F.T	24	54	78
31	U.Lakshmi Prasanna	120417588020	BSc.NCB	22	Absent	22



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

5.Circular

This is to inform to all the Dept. that the Dept. of English is organising “GUEST LECTURE ON LIFE SKILLS (Leadership and Entrepreneurial Skills)” request for the participation by students

Date: 16th August 2018

Venue: St. Joseph's Auditorium

Target Group: BA, B. Com, BBM & B.Sc. III Year Students

Objective:

Join us for a guest lecture aimed at building self-confidence, nurturing critical thinking, fostering independence, and enhancing communication skills among students. The session will focus on Life Skills, particularly Leadership and Entrepreneurial skills, featuring guest speakers Mr. B. Nagesh and Mr. Hanu B Krishna. Topics include communication, delegation, teamwork, and decision-making, essential for leadership enhancement.

Dept. of English
ST. ANN'S COLLEGE FOR WOMEN
Mehdiapatnam, Hyd-28.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Report on Guest Lecture on Life skills (Leadership and Entrepreneurial Skills)

Name of the Department: English

Title of the event: Guest Lecture on Life Skills (Leadership and Entrepreneurial Skills)

Date: 16th August 2018

Venue: St. Joseph's Auditorium

Target Group: BA, B. Com, BBM & B.Sc. III Year Students

Objective: Primary objective of this session is to build self-confidence, encourage critical thinking, foster independence and help students to communicate more effectively.

Summary: The guest lecture focused on Life Skills (Leadership and Entrepreneurial skills). Guest speaker were Mr. B. Nagesh and Mr. Hanu B Krishna. The development of life skills helps students to find new ways of thinking and problem solving, analyse options, make decisions and understand why they make certain choices outside the classroom, build confidence both in spoken skills and for group collaboration and cooperation. Their main focus was on communication, delegation, team work and decision making which play a very important role in enhancing leadership skills. The speakers have enlightened the students through a very informative session on life skills.

Outcome:

1. Students got a clear insight into life skills which focuses on leadership and entrepreneurial skills.
2. They got aware what is importance of life skills such as communication, team work, decision making has in one's life.

Photograph with caption:



16th August 2018, Interactive Session on "Leadership and Entrepreneurial Skills"



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
 Affiliated to Osmania University
 Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
 ISO 9001 : 2015 ISO 14001 : 2015
 Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

No. of participants:

Department of English
 St. Ann's College for Women
 Mehdiapatnam, Hyderabad.

Topic: Soft Skills

Name of the Faculty: Ms. B. Nagesh + Ms. Hanuman B. Krishna Date: 16/8/18
 Organization: Life Skills Coach Time: 10.30am - 12.30pm

S.No	Name of The Student	Roll No.	Class & Group	Average	Good	Excellent	Signature
1	Phalguni Pandya	12041725806	BA (HLP)			✓	<u>Phalguni Pandya</u>
2	Vashadhara	12041725808	BA (HLP)			✓	<u>Vashadhara</u>
3	Korine Susama	12041726309	BA (PLP)			✓	<u>Korine Susama</u>
4	Faeza Farheen R	12041725802	BA (HLP)			✓	<u>Faeza Farheen R</u>
5	J. Loka Rakeshitha	12041725805	BA (HLP)			✓	<u>J. Loka Rakeshitha</u>
6	Kulva Maheswari	12041726308	BA (PLP)		✓		<u>Kulva Maheswari</u>
7	Muboon Yousuf	12041726305	BA (PLP)		✓		<u>Muboon Yousuf</u>
8	Ajisha Intyazkhan	17263026	BA (PLP)		✓		<u>Ajisha Intyazkhan</u>
9	Tasneem Ahmed	17263030	BA (PLP)		✓		<u>Tasneem Ahmed</u>
10	Naila Fatima	17263018	BA (PLP)	✓			<u>Naila Fatima</u>
11	Saba Khann	17258019	BA (HLP)	✓			<u>Saba Khann</u>
12	Sharon Thomas	12041726300	BA (PLP)		✓		<u>Sharon Thomas</u>
13	Siba Nidal Nisam	12041726309	BA (PLP)		✓		<u>Siba Nidal Nisam</u>
14							
15							
16							
17							
18							
19							
20							



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Topic: Soft Skills

Name of the Faculty: Mr. Nagarsh + Mr. Hanuman B. Krishna Date: 16/8/18
Organization: Life Skills Coach Time: 10.30 - 12.30 pm

S.No	Name of The Student	Roll No.	Class & Group	Average	Good	Excellent	Signature
1.	G. Pragya	17258010	HL PBA (HLP)			✓	Pragya
2.	D. Kinan (Siddhartha)	17258005	BA (HLP)			✓	Kinad
3.	P. Poojithi	17258008	BA (HLP)			✓	Poojithi
4.	B. Swathulakshmi	17258026	BA (HLP)			✓	Swathi
5.	Zahra Ahmed	1204172309	BA (PLP)		✓		Zahra
6.	Kullum Fatima	1204172302	BA (HLP)			✓	Kullum Fatima
7.	Sitha Bathnath	12041725003	BA (HLP)			✓	Sitha
8.	Sameera	12041725004	BA (HLP)			✓	Sameera
9.	RANIA JAVEED	12041725008	BA (HLP)			✓	Rania
10.	V. Ashwini	12041725011	BA (HLP)			✓	Ashwini
11.	Samad Unissa	12041725001	BA (HLP)			✓	Samad
12.	Rumana	12041725003	BA (HLP)			✓	Rumana
13.	Soojya Tanveer	12041726002	BA (PLP)			✓	Soojya
14.	Syeda Ruzsiah	12041726003	BA (PLP)			✓	Syeda



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Department of English

St. Ann's College for Women

Mehdiapatnam, Hyderabad.

Topic: Life Skills.

Name of the Faculty: Nagush

Date: 16/06/18

Organization:

Time: 10:30 - 12:30

S.No	Name of The Student	Roll No.	Class & Group	Average	Good	Excellent	Signature
1	S. Shailaja Sara	34	B-SC (MECS)			✓	[Signature]
2	K. Nikhita	28	B-SC (MECS)			✓	K. Nikhita
3	S. Snigdha	30	B-SC (MECS)			✓	[Signature]
4	S. Sahithi	31	B-SC (MECS)			✓	[Signature]
5	N. Sravani	43	B-SC (MECS)			✓	N. Sravani
6	D. Nikitha	40	B-SC (MECS)			✓	D. Nikitha
7	K. Priyanka	47	B-SC (MECS)			✓	K. Priyanka
8	T. Keerthi	42	B-SC (MECS)			✓	T. Keerthi
9	S. Lavanya	05	B-SC (MECS)			✓	[Signature]
10	P. Sangeetha	37	B-SC (MECS)			✓	P. Sangeetha
11	M. Nikhita	39	B-SC (MECS)			✓	M. Nikhita
12	B. Rashini	02	B-SC (MECS)			✓	B. Rashini
13	B. Ujjwala	32	B-SC (MECS)			✓	B. Ujjwala
14	V. Sravani Reddy	25	B-SC (MECS)			✓	[Signature]
15	P. Sahithi	38	B-SC (MECS)			✓	[Signature]
16	D. Sravani	49	B-SC (MECS)			✓	[Signature]
17	P. Akanksha	29	B-SC (MECS)			✓	[Signature]
18	P. Ashwanya	35	B-SC (MECS)			✓	Ashwanya P
19	P.R. Supraja	09	B-SC (MECS)			✓	Supraja
20	N. Manisha	27	B-SC (MECS)			✓	Manisha



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Topic: Life Skills

Name of the Faculty: Nagesh

Date: 16/08/18

Organization:

Time: 10:30 - 12:30

S.No	Name of The Student	Roll No.	Class & Group	Average	Good	Excellent	Signature
21	Sherlin	3	B.Sc [MECS]			✓	M. Sherlin
22	D. Sandhya	48	B.Sc [MECS]			✓	D. Sandhya
23	D. Tyotna	13	B.Sc [MECS]			✓	Tyotna
24	Samatha	24	B.Sc [MECS]			✓	Samatha
25	Lavanya	30	B.Sc [MECS]			✓	Lavanya
26	Sowmya	21	B.Sc [MECS]			✓	Sowmya
27	Sai Pragna	15	B.Sc [MECS]			✓	Sai Pragna
28	B. Priyanka	36	B.Sc [MECS]			✓	B. Priyanka
29	P. Sahithi	12	B.Sc [MECS]			✓	P. Sahithi
30	M. Ruchitha	33	B.Sc [MECS]			✓	Ruchitha
31	M. Srividhi	10	B.Sc [MECS]			✓	Srividhi
32	Maya Dulga	16	B.Sc [MECS]			✓	Maya Dulga
33	Vaishnavi Kukarni	22	B.Sc. MECS			✓	Vaishnavi Kukarni
34 35	S. Saravani	06	B.Sc. MECS			✓	S. Saravani



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Life skills.

Name of the Faculty: Nagah. Date: 16/08/19

Organization: Time: 10:30 - 12:30

S.No	Name of The Student	Roll No.	Class & Group	Average	Good	Excellent	Signature
1	J. Mounika	50	Bx [MPEs]			✓	[Signature]
2	N. Sathwika	03	Bsc [MPEs]			✓	[Signature]
3	Madhvi Kumari	16	Bsc [MPEs]			✓	[Signature]
4	N. Sai Prithvi	23	Bsc [MPEs]			✓	[Signature]
5	K. Sai Srnee	24	Bsc [MPEs]			✓	[Signature]
6	N. Shanthi	25	Bsc [MPEs]			✓	[Signature]
7	Imam Fatima	07	Bsc [MPEs]			✓	[Signature]
8	Ayedat Fatima	44	Bsc [MPEs]			✓	[Signature]
9	Ameera Fatima	40	Bsc [MPEs]			✓	[Signature]
10	S. Vaishnavi	30	Bsc [MPEs]			✓	[Signature]
11	B. Sreerupa	45	Bsc [MPEs]			✓	[Signature]
12	S. Sriyani	17	Bsc [MPEs]			✓	[Signature]
13	J. Devika	12	Bsc [MPEs]			✓	[Signature]
14	Vaishna	47	Bsc [MPEs]			✓	[Signature]
15	M. Bhargavi	13	Bsc [MPEs]			✓	[Signature]
16	C. Sujitha	35	Bsc [MPEs]			✓	[Signature]
17	N. Samyuktha	42	Bsc [MPEs]			✓	[Signature]
18	Gayatri Uma	01	Bsc [MPEs]			✓	[Signature]
19	Vaishnavi	34	Bsc [MPEs]			✓	[Signature]
20	Kakanboy	37	Bsc [MPEs]			✓	[Signature]

Department of English
St. Ann's College for Women
Mehdiapatnam, Hyderabad.

Life skills.

Name of the Faculty: Nagah. Date: 16/08/19

Organization: Time: 10:30 - 12:30

S.No	Name of The Student	Roll No.	Class & Group	Average	Good	Excellent	Signature
1	B. Shalaja Sara	34	Bsc [MECS]			✓	[Signature]
2	K. N. Antra	28	Bsc [MECS]			✓	[Signature]
3	S. Sriyatha	30	Bsc [MECS]			✓	[Signature]
4	S. Sahithi	31	Bsc [MECS]			✓	[Signature]
5	N. Sravani	43	Bsc [MECS]			✓	[Signature]
6	D. Nikitha	40	Bsc [MECS]			✓	[Signature]
7	K. Pritya	47	Bsc [MECS]			✓	[Signature]
8	T. Yashika	42	Bsc [MECS]			✓	[Signature]
9	S. Lavanya	05	Bsc [MECS]			✓	[Signature]
10	P. Sampetha	37	Bsc [MECS]			✓	[Signature]
11	M. Nithika	39	Bsc [MECS]			✓	[Signature]
12	B. Reekini	02	Bsc [MECS]			✓	[Signature]
13	B. Ujjwala	32	Bsc [MECS]			✓	[Signature]
14	V. Sravani Reddy	25	Bsc [MECS]			✓	[Signature]
15	P. Saritha	38	Bsc [MECS]			✓	[Signature]
16	D. Sravani	49	Bsc [MECS]			✓	[Signature]
17	P. Akanksha	29	Bsc [MECS]			✓	[Signature]
18	P. Ashwanya	35	Bsc [MECS]			✓	[Signature]
19	P.R. Supriya	09	Bsc [MECS]			✓	[Signature]
20	N. Manisha	27	Bsc [MECS]			✓	[Signature]

[Signature]
Dept. of English
ST. ANN'S COLLEGE FOR WOMEN
Mehdiapatnam, Hyd-28.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

6.

COC- BAKING TECHNIQUES

REPORT BY THE COURSE COORDINATOR

COC Baking techniques is a two semester course for IYr students which is designed to enable the students learn the basic techniques and science involved in baking and also about the various bakery products preparations.

This course was started by the Department of Nutrition for students of IIIrd & IVth semester in the year 2016-17. In the current year 2017-18, 40 students from various streams have enrolled in this course. A total of 26 classes were conducted in the IIIrd & IVth semester, out of which 10 theory and 15 practical sessions were held.

During the course the students gained the basic knowledge of baking. They also learnt about the importance & usage of all baking ingredients.

The course also dealt with the practical demonstration of many bakery products such as various types of cakes, biscuits, doughnuts, pizza etc and the students were taught about the various equipments used in baking, baking problems & solutions & also about the types of icings used in baking.

The practical classes was taken by Mrs Shahnaaz Saleha, who was the course resource person & she holds nearly 20 years of experience in the field of baking. Apart from showing the preparation of various baking recipes, she also demonstrated various techniques involved in baking.

At the end of the course, assesment of all students was done by the course coordinator i.e Mrs Urooja Birjis Fatima & also by the resource person-Mrs Shahnaaz Saleha. For the assessment each student prepared one recipe learnt by



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

them during the course. Marks were allotted , based on the attendance, record & preparation of any bakery product.

The students responded very well to the course as they gained the experience of various baking techniques and also got to know about the various bakery products.

This course is well accepted and appreciated by the students as many of them has tried the recipes at their home. It has ignited a spark of entrepreneurship in most of the students.

FEEDBACK FROM STUDENTS & RESOURCE PERSON

At the end of semester, feedback was taken from the students as well as the resource person. Analysis of the feedback was done & it revealed that almost all the students had found the course to be good & satisfactory. Most of them are willing to take up any such baking course in the future & also aspired to develop this hobby. Some of them suggested, to incorporate field trips in the course curriculum & also requested for an extra oven.

A positive feedback was also received from the resource person –Mrs Shahnaaz Saleha. She found the curriculum to be adequate & the course had met all the objectives. Suggestion for an additional oven was requested to save the time. She appreciated the students attitude & response towards the course.

A) List of the enrolled students-S.no, Roll no, name and combination.

S.NO	H T NO	NAME	COMBINATION
1	1204-17-111-013	Rabiha Taj	BA-EPP
2	1204-17-130-003	Sumaiya Sultana	BA- PEP



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

3	1204-17-130-018	Nida Subohie	BA-PEP
4	1204-17-258-019	Saba Khanam	BA-HLP
5	1204-17-258-024	Fatima	BA-HLP
6	1204-17-263-002	Mehnaaz	BA-PLP
7	1204-17-263-011	Naila Fatima	BA-PLP
8	1204-17-263-013	Syeda Ruqaiyah	BA-PLP
9	1204-17-263-026	Ayesha Imtiyaz	BA-PLP
10	1204-17-263-030	Tasneem Ahmed	BA-PLP
11	1204-17-402-047	Ayesha Firdouse	B.Com(Comp)
12	1204-17-404-023	Vindhya	B.Com - FT
13	1204-17-445-004	Juluru Lakshmi Leela	BZC
14	1204-17-458-023	Zuha Fatima	MCB
15	1204-17-459-016	Sushma	GCM
16	1204-17-459-019	P. Pavithra Reddy	GCM
17	1204-17-459-021	Bokka Meghana Reddy	GCM
18	1204-17-459-022	T.V. Nithya Gayathri	GCM
19	1204-17-459-025	Roshini	GCM
20	1204-17-467-012	Singari Vallika	MSCS
21	1204-17-467-031	D. Nikhila	MSCS
22	1204-17-467-032	Pallali Vaishnavi	MSCS
23	1204-17-467-034	M.Shree Lekha	MSCS
24	1204-17-467-038	G.Divyashree	MSCS
25	1204-17-467-057	Billapati Sucharitha	MSCS
26	1204-17-467-070	H. Akhila	MSCS
27	1204-17-467-030	P.Priyanka	MSCS
28	1204-17-467-090	T.Sushma	MSCS
29	1204-17-468-007	Irum Fatima	MPCS
30	1204-17-468-040	Amena Fatima	MPCS
31	1204-17-478-017	Madiha Fatima	GCZ
32	1204-17-478-025	Ayesha Syed Moinuddin	GCZ
33	1204-17-484-015	Zainab Fatima	NCZ



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

34	1204-17-484-037	Gouhar Unnisa Sadaf	NCZ
35	1204-17-684-022	Muneebah Faiyuzuddin	BBM
36	1204-17-263-039	K.Sandhya	BA
37	1204-17-404-021	Maheshwari	B.COM-FT
38	1204-17-488-005	V.K.Archana	BBC
39	1204-17-488-009	Renuka	BBC

Class wise schedule of COC BAKING TECHNIQUES- 2017-18

Semester-III

SNO	DATES	TOPICS
1.	5/7/2017	Orientation & Introduction to COC-Theory
2.	12/7/2017	Introduction to Baking Techniques, scope of baking-Theory
3.	19/7/2017	Ingredients and their uses-Theory
4.	2/8/2017	Preparation of Victoria sponge cake
5.	9/8/2017	Preparation of marble cake & Coconut cookies
6.	16/8/2017	Various bakery products-Theory
7.	23/8/2017	Preparation of Swiss roll & Swiss roll pudding
8.	30/8/2017	Preparation of cherry knobs & brownies
9.	13/9/2017	Preparation of banana loaf & bachelor's button (biscuits)
10.	4/10/2017	Art of Baking: cooking tips & techniques-Theory



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

11.	11/10/2017	Preparation of semolina curd cake & fruit biscuits
12.	18/10/2017	Preparation of dark fruit cake & oats biscuits
13.	25/10/2017	Preparation of date & walnut cake & salt biscuits.

Semester-IV

SNO	DATES	TOPICS
1.	6/12/2017	Preparation of pineapple pastry
2.	13/12/2017	Preparation of Black forest cake
3.	20/12/2017	Fillings & icings- Theory
4.	3/1/2018	Baking equipments- Theory
5.	10/1/2018	Preparation of Pizza
6.	17/1/2018	Preparation of Naan Khatai & eggless cake
7.	31/1/2018	Demonstration of baking techniques like icing, fillings etc
8.	7/2/2018	Preparation of Carrot Cake & Melting Moments (biscuits)
9.	14/2/2018	Preparation of Doughnuts
10.	21/2/2018	Baking equipments- Theory
11.	7/3/2018	Common baking faults & corrective measures- Theory
12.	14/3/2018	Types of oven & its usage- Theory
13.	21/3/2018	Practical assessment & evaluation

Website : www.stannscollegehyd.com
E-mail : stann_college@yahoo.co.in

Phone : 040-23513020



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

COC -baking techniques



Rain
Department of Nutrition
St. Ann's College for Women
Mehdiapatnam, Hyderabad-28.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

7. **COC Report on CULINARY TECHNIQUES**

Report by the coordinator

A career oriented course **culinary Techniques** was started by the Department of Nutrition for students of IIIrd - IVth semester in the year 2016-17. In the current year 2018-19, 39 students from various streams have enrolled in this course. A total of 23 classes were conducted in the IIIrd & IVth semester, out of which 9 theory and 14 practical sessions were held.

During this semester the students got trained and received academic instruction on how to apply the knowledge and skills necessary for entering the catering Industry at a level allowing for continuing education and/or life-sustained employment.

As a result of instruction, students were able to know, comprehend and apply theoretical knowledge into practice. Apart from learning various methods of cooking and preparation of dishes from different cuisines, students have also learnt appropriate safety procedures and precautions necessary to successfully participate in cooking at home and in catering industry.

During this course the students have learnt skills to practice time management and gain knowledge regarding costs of commodities in the market. They also learnt various cooking techniques and terminology used in cooking.

Students had a wonderful chef and guide in Mrs. Deena Ruparal of Nestle India Pvt Ltd, who is our resource person from the industry. She has more than 13 yrs of experience in the FMCG industry. Apart from demonstrating recipes she also imparts education on appropriate food safety/sanitation procedures & precautions useful in a kitchen setting. She has also imparted knowledge on, table setting, etiquettes and handling of kitchen equipment and technology necessary to participate in culinary skills.

The final Assessment of this course was conducted on 13th march 2019 by Mrs Deena Ruparal and Ms Varsha who was also a resource person from nestle and Course coordinator Ms Nasreen Begum. The students performed exceptionally well and their efforts were appreciated by Nestle India Pvt Ltd and all the students were given gifts and complementary aprons besides judging 3 best recipes which were awarded with gift hampers.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

Feedback from Students & resource person

A feedback was taken from the resource person and the students, the detailed analysis of the feedback stated that nearly 98% of the students felt that this course was beneficial to them and they would love to take up entrepreneurship if given a chance.. During this course the students gained knowledge in the practice of food preparation skills and nutritional importance of various foods and how good and healthy food preparation impacts one's health positively. This course is well accepted and appreciated by the students.

The resource person for this yr Mrs Deena Ruparael from Nestle India Pvt Ltd gave a very positive feedback about course and she agreed that it met the course objectives. She was fascinated by the enthusiasm of the students and their willingness to learn culinary techniques. She says that she would like to involve more students in preparation of recipes so that students can gain hands on experience.

A) List of the enrolled students-S.no, Roll no, name and combination.

S.NO	HT NO	NAME	class
1	1204 17 130021	Adeeba Siddiqui	B A
2	1204 17 156001	P Joanna Preethi Sagar	B A
3	1204 17 258004	Aisha Fazal	B A
4	1204 17 263007	Zahra Ahmedi	B A
5	1204 17 263 015	Kulsoom Yousuf	B A
6	1204 17 263 033	Sheeba Jessca	B A
7	1204 17 401 001	Umayya Mubeen	B Com
8	1204 17 401 003	Mariyam	B Com
9	1204 17 401 004	Amreen Begum	B Com
10	1204 17 401 012	Samreen Tarannum	B com
11	1204 17 401 013	Juveria	B Com
12	1204 17 401 014	Sufia	B Com
13	1204 17 401 024	Umathun Noor	B Com
14	1204 17 401 034	Afreen Banu	B Com
15	1204 17 401 052	Ayesha Banu	B Com
16	1204 17 402 015	Faiza Alaui	B Com
17	1204 17 402 051	Zaiba Zareen	B Com
18	1204 17 402 064	Syeda Ruquia	B Com
19	1204 17 402 083	Raafiya Fatima	B Com
20	1204 17 445 006	Ayesha Fatima	BZC
21	1204 17 458 001	M Nagavani	MCB
22	1204 17 458 004	Saima Afreen	MCB
23	1204 17 458 005	Faryal Sabha	BSc



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

24	1204 17 458 015	B Thabitha Grace	BSc
25	1204 17 459 028	Daniya Nisar	GCM
26	1204 17 467 003	N Pranavya Reddy	MSCS
27	1204 17 467 041	Hajra Fatima	MSCS
28	1204 17 467 056	M Vaishnavi	MSCS
29	1204 17 467 086	D Swathi	MSCS
30	1204 17 467 091	K Padmavathi	MSCS
31	1204 17 467 093	K Manasa	MSCS
32	1204 17 468 001	Sofia Uzma	MPCS
33	1204 17 468 037	Kakan Roy	MPCS
34	1204 17 468 039	Vaishnavi	MPCS
35	1204 17 474 002	Bandari Roshini	MECS
36	1204 17 478 003	Jaweria Sultana	GCZ
37	1204 17 478 012	Chukkaiahgari Keerthi	BSc
38	1204 17 478016	Saira Quadri	GCZ
39	1204 17 478019	Ameena Tanveer	BSc.

Class wise schedule of COC CULINARY TECHNIQUES- 2018

<u>Sno</u>	<u>Date</u>	<u>Session Details</u>
SEMESTER -III		
1	5/07/2017	Introduction, orientation and scope of the course culinary skills Definition of cookery, Aims and objectives of cooking
2	12/07/2017	Starters -paneer tikki,bread tikki,cheese balls
3	19/07/2017	Salads -potato salad,peanut and corn salad,waldrof salad
4	02/08/2017	Theory class-Major components of food selection and storage of commodities
5	09/08/2017	Table arrangement
6	16/08/2017	Desserts - kalakand,pineapple soufflé, coconut laddo
7	23/08/2017	Beverages/cocktails - triple deck,kechang,pink lady,white magic
8	30/08/2017	Italian cuisine -farfalle with salsa,fried mozerella,lasagna
9	13/09/2017	Chinese cuisine -veg hotpot,chilli chicken
10	04/10/2017	Thai cuisine -Thai green chicken curry,red curry,tender coconut sweet



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

11	11/10/2017	Kebabs -Corn kababs,mutton shami kababs
12	18/10/2017	Theory class-Explanation of culinary terms
13	25/10/2017	Theory class- Standard measurements of different raw food commodities
		SEMESTER -IV
14	06/12/2017	Theory class-preparation of ingredients, MIS-EN-PLACE
15	13/12/2017	Theory class- different methods of cooking
16	20/12/2017	Theory class-Principles of menu planning
17	03/01/2018	Mughlai cuisine - mutton biryani and veg jalfarezi
18	10/01/2018	North Indian cuisine -Dalmakhni ,cashew curry and naan
19	17/01/2018	Baked foods -Brownie and cheese cake
20	31/01/2018	Snacks -Donughts and nachos salsa
21	07/2/2018	Mexican cuisine - Momos with shezwan sauce and vegetable noodle augratin
22	14/02/2018	South Indian cuisine Bisibele bhat ,palak corn rice
23	21/02/2018	menu planning -Different types of Menus
24	07/03/2018	Theory class -Standardization of recipes
25	14/03/2018	Theory class-Quantity food production
26	21/03/2018	Final practical Assesment



Website : www.stannscollegehyd.com
E-mail : stann_college@yahoo.co.in

Phone : 040-23513020

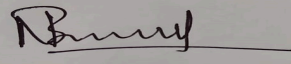


ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.



CULINARY TECHNIQUES


*Department of Nutrition
St. Ann's College for Women
Mehdiapatnam, Hyderabad-2*



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdipatnam, Hyderabad - 500 028.

8. COC – NUTRITION AND FITNESS 2018-19

The Course commenced in July 2018 with an objective to introduce to 'Fitness and Nutrition' and the time period given to complete the syllabus was 60 hours. After the syllabus was compiled by Ms. Charmaine Paul (Fitness Instructor) it was approved by Ms. Meena Kumari (Head of Dept of Nutrition)

THEORY

The course consisted of the following topics:

- a) Fitness Standards and Guidelines
- b) Yogasanas and Pranayama
- c) Dance Aerobics and Zumba
- d) Anatomy and exercises with gym equipment
- e) Nutrition

Separate classes were taken for theory and nutrition with the assistance of the text book and PPT presentations on different topics.

PRACTICALS

In the practical segment the students learnt, practiced and gave demos of warm up, cardio work outs, aerobics, zumba, strength and endurance exercises (calisthenics, plyometrics, dumbbells, free body exercises, pilaties, kickboxing mat exercises), yoga, stretches and cool down sessions.

Additional Practical sessions were held in the college gym for better understanding of gym equipment and its use as and when required.

PROJECT ON ROLE OF FITNESS AND NUTRITION IN TODAY'S LIFE STYLE

The students were required to prepare a project by taking a survey of at least five individuals and the role of fitness and nutrition in their daily life and prepare a synopsis of the same.



ST. ANN'S COLLEGE FOR WOMEN

(Autonomous)
Affiliated to Osmania University
Accredited A+ Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC
ISO 9001 : 2015 ISO 14001 : 2015
Santoshnagar colony, Mehdiapatnam, Hyderabad - 500 028.

EXAMINATION

The students were evaluated on the basis of attendance, participation, project, theory and practical knowledge.

Special examination formats were followed so that the students are fairly evaluated.

The students appeared for both a theory and practical examination and marks were distributed in the following manner.

THEORY : 15 Marks.

PRACTICALS : 10 Marks.

INTERNAL : 15 Marks. (attendance and participation)

PROJECT : 10 Marks

The students were prepared for the exams by taking written and oral tests after every chapter and on the day of the exam a special revision session was held for the theory part and a mock practical exam was held for the practical examination before the Final Evaluation.

Department of Nutrition,
St. Ann's College for Women,
Mehdiapatnam, Hyderabad-2