St. Ann's College for Women

(Autonomous), Affiliated to Osmania University Accredited by NAAC with A<sup>+</sup> Grade (3<sup>rd</sup> cycle), CPE by UGC

#### Mehdipatnam, Hyderabad.





## CRITERION – III RESEARCH, INNOVATIONS AND EXTENSION

3.6.2 Extension Activities Reports of Extension and Outreach programs with photographs (2019-20)

**St. Ann's College for Women** (Autonomous), Affiliated to Osmania University Accredited by NAAC with A<sup>+</sup> Grade (3<sup>rd</sup> cycle), CPE by UGC ISO 9001:2015, 14001:2015 Mehdipatnam, Hyderabad.



## 2019-20

INSTITUTIONAL AVENUES OF EXTENSION				
S.No.	Name of Organizing Forum	Number of extension and outreach Programmes organized		
1.	National Service Scheme (NSS)	10		
2.	National Cadet Corps (NCC)	12		
3.	St. Ann's Helping Hands & Reaching Arms (SHHARA)	15		
4.	Centre for Women Studies (CWS)	10		
5.	Dharani Eco-club	08		
6.	Student Quality Assurance Cell (SQAC)	04		



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## **NATIONAL SERVICE SCHEME (NSS)**



## Motto: Not Me But You

## NSS Annual Report 2019-2020

#### Motto-Not Me But You

**Faculty Members:** Ms.Beverly John (Dept.of Chemistry), Mrs.Gladys (Dept.of Mathematics), Mrs.Devi(Dept.of Chemistry), Mrs.Naveena(Dept. of Microbiology), Mrs. Tasleem (Dept. of MBA)

#### Number of NSS volunteers: 193

#### **Objectives:**

i)To understand the community in which they work

ii)To understand themselves in relation to their community

iii)To identify the needs and problems of the community and involve them in problem-solving

iv)To develop among themselves a sense of social and civic responsibility

v) To utilize their knowledge in finding practical solutions to individual and community problems

vi)To develop competence required for group-living and sharing of responsibilities

vii) To gain skills in mobilizing community participation

viii)To acquire leadership qualities and democratic attitudes

ix) To develop capacity to meet emergencies and natural disasters and

x)To practice national integration and social harmony

#### List Of Events.

- Seedball And Ganesha Idol Making. -29/08/2019
- Swatchta Hi Seva 11/09/2019 to 0 2/10/ 2019
  - ✤ Plantation Of Saplings. –Harita Haramon 27/09/2019.
- Blood Donation For Thalassemia Children By Red Cross On 18/01/2020
- One day Visit to karunalayam, budvel-12/02/2020

#### **Rally's**

- Open Defecation Free Society-Swachapakwada .- on 08/08/2019
- Pada Yatras On Mahatma Gandhi's Preachings" On 15/08/2019
- SwachaBharth on 05/09/2019

- Nutrition Month-Poshan Abhiyan -jan andolan-20/09/2019
- ✤ AIDS Awareness at Raj Bhavan on Dec 01/12/2019

#### **Student Achievements**

4 St.francis college-debate &jam



Nampally college-singing

#### **1.Rally On Open Defecation Free Society**

Date: 8<sup>th</sup> August 2019 No. of Student Participants: 180 Objective:

180 NSS Volunteers participated in the Rally on open defecation free societyobservance of swachapakwada on 08/08/2019



#### 2.Rally Undertaken OnGandhijis Preachings

Date: 15<sup>th</sup> August 2019 No. of Student Participants: 200 Objective:

As part of Celebration of 150th Birth Anniversary of Mahatma Gandhi 200 NSS volunteers of St.Anns College For Women undertook "Pada Yatras on Mahatma Gandhi's Preachings" on 15/08/2019.



Figure 1Namaste Telangana

#### **3.Seed Ball And Clay Ganesha Idol Making**

Date: 29<sup>th</sup> August 2019 No. of Student Participants: 200 Objective:

NSS in collaboration with Eco Club & Green Earth organisation conducted a seed ball activity on 29/08/2019 where volunteers were asked to make balls out of fertile mud and insert seeds of different varieties of plants which could be then strategically placed at different locations and upon rainy season would grow into plants. More than 200 volunteers participated in this activity

Students were demonstrated and also had a hands-on experience on how to make eco friendlyganesha idols using clay.





#### **4.Rally OnSwacha Bharath**

Date: 5<sup>th</sup>September 2019 No. of Student Participants: 180 Objective:

180 NSS Volunteers participated in the swatchabharath rally 05/09/2019





#### 5.Swachhata Hi Sewa

Date:September 24<sup>th</sup>,2019 No. of Student Participants: 50 Objective:

**Swachhata Hi Sewa Campaign** is being launched by the Government of India from September 11,2019 to October 2, 2019 with the aim to eliminate use of plastic and to dispose plastic waste. Campaign is launched, commemorating the 150<sup>th</sup> birth anniversary of Mahatma Gandhi and fourth year anniversary of Swachh Bharat.

• Best out of waste competition was conducted on September 24<sup>th</sup>.50 students of First year volunteers of NSS and Ecoclub both participated.



• Collection of old clothes was under taken by students of First year volunteers of NSS and Ecoclub, 205kgs of clothes were collected from the students of the college and was donated it to green waves NGO where in return they would provide equal weight of cloth bags to the students.



• Designed a huge bag made of old flexi banner and hung it in the quadrangle area of the college to encourage students to drop their plastic waste in it and to be recycled later.the plastic was donated to green waves NGO for recycling.



#### **6.Rally OnPoshan Abhiyan**

Date: September 20<sup>th</sup>, 2019 No. of Student Participants: 200 Objective:

As part of **PoshanMaah** (**Nutrition Month**)programme promoted by Ministry Of Women And Child Development M/0 WCD around 200 NSS volunteers of St.Anns College For Women undertook a rally on 20/09/2019.



#### 7.Poshan Abhiyan JanAndolan

Date: September 25<sup>th</sup>, 2019 No. of Student Participants: 20 Objective:

As part of **Poshan Maah (Nutrition Month)** programme promoted by Ministry Of Women And Child Development (M/0 WCD )around 20 NSS volunteers of St.Anns College For Women conducted an awareness programme and A Nukkad Natak at PullaReddySchool,Mehdipatnam& Govt School, Bojagutta for about 100 school children on 25/09/2019





### <u>8.Harita Haram</u>

Date: September 27<sup>th</sup>,2019 No. of Student Participants: Objective:

NSS volunteers participated in Haritha Haram programme in the college on 27/09/2019.



#### 9.Rally on AIDS Awareness

Date:December 1<sup>st</sup>,2019 No. of Student Participants: 20 Objective:

Around 20 NSS volunteers of St.Anns College For Women participated in a rally on 01/12/2019 Organized by Telangana State AIDS Control Society (TSACS),Dept Of Health,Medical& Family Welfare,Govt Of Telangana from Nizam College ground to Ravindra Bharathi.



#### **10.Blood Donation Camp**

Date: January1<sup>st</sup>,2020 No. of Student Participants: Objective:

NSS in collaboration with Indian Red cross society ,Telangana conducted a blood donation camp on 18/01/2020. A total of **25 blood units** were donated the blood collected will be donated to thalassemia affected children.



#### **<u>11.Visit to karunalayam, budvel</u>**

Date: 12<sup>th</sup> February 2020 No. of Student Participants: Objective:

58NSS VOLUNTEERS volunteered at the karunayalm on for the whole day on 12/02/2020 carrying out several activities such as cleaning,gardening and interacting with the mentally challenged inmates of the karunalayam. Also donated 9,562 rupees to the karunalayam collected through the food stall organized in the college.





KarunalayamAshram,Budvel

#### **STUDENT ACHIEVEMENTS**

♣ Ms.Padma of B.A final year NSS Volunteer won 1<sup>st</sup> prize in JAM and 2<sup>nd</sup> prize in Debate competitions held at St.Francis College on 09/01/2020.



Ms.Vidhi Jain of B.sc first year NSS volunteer won 1<sup>st</sup> prize in singing competition held at sarojininaiduvanitamahavidyala on 09/02/2020.



Ms.Bindu of BBA &Ms.Mary Catherine of BA First Year NSS Volunteer volunteered for a survey in collaboration with World Wildlife Federation-WWF



• The staff & students of St Anns College For Women showed solidarity to the disha victim by wearing a black ribbon provided by the NSS volunteers



# NCC Report (2019 – 20)



## Motto: Unity & Discipline

## NATIONAL CADET CORPS (UNITY & DISCIPLINE)

#### AIMS

It Develops:

- ✓ Courage,
- ✓ Comradeship,
- ✓ Discipline,
- ✓ Leadership,
- ✓ Secular outlook,
- ✓ Spirit of adventure
- ✓ Sportsmanship

The ideals of selfless service among the youth to make them useful citizen

### NCC VISION

Extraordinary Youth Leaders

## NCC MISSION

To nurture inspiring leaders and committed citizens through fun, adventurous and military-related activities.



### **Course objectives:**

To develop qualities of character, courage, comradeship, discipline, leadership, secular outlook, spirit of adventure and sportsmanship and the ideals of selfless service among the youth to make them useful citizen.

To create a human resource of organized trained and motivated youth to provide leadership in all walks of life including the Armed forces and be always available for the service of the nation.

## **Training:**

Drill, shooting, Physical fitness, map reading, First aid, Gliding/Flying, boat pulling, sailing and camp training covering basic of military training in Army.

This training is mostly carried out in colleges by the cadets. In addition basic knowledge of the service is imparted to the cadets.

#### **Course Co-ordinator:**

#### Lt. Lydia Marina, ANO

Dept. of Computer Science

#### Plans for the Year 2020-21

- Online Training programs
- Online Quiz
- Online Awareness Programs
- Online Yoga & Fitness program

#### NCC Report 2019-20

#### **<u>1.Traffic Awareness Program</u>**

Date: 19<sup>th</sup> June 2019 No. of Student Participants: 20 Objective:

• 20 cadets attended **Traffic Awareness Program** on 19<sup>th</sup> June 2019 at BTG, Secunderabad.



**<u>2. International Yoga Day</u>** Date: 21<sup>st</sup> June 2019 No. of Student Participants: 50 Objective:

50 cadets participated in International Yoga Day on 21<sup>st</sup> June 2019 at BTG, Secunderabad.
The chief guest for the event was Air Commodore N N Reddy, DDG AP&T.



#### **3.Blood Donation Camp**

Date: 26<sup>th</sup> July 2019 No. of Student Participants: 2 Objective:

> 2 Cadets attended a Blood Donation Campon the occasion of 20th Kargil Vijay Diwas on 26<sup>th</sup> July 2019 at Bolarum Bazar, Secunderabad.

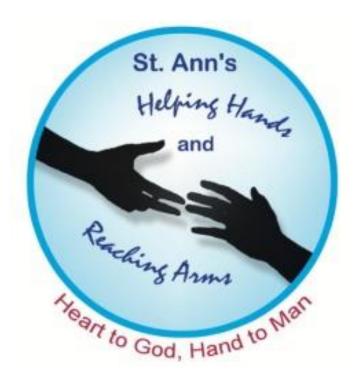


#### **Cadet Achievements:**

- Cadet Y.Anjali, B. Sc MSCs II Has won the silver medal in the Best Cadet competition, and 2<sup>nd</sup> prize in the elocution competition held in the ATC-3 camp. Represented the unit for the best cadet competition till RDC-IUC has done the flag area briefing in the IUC-camp, received Gold Medal for the master of competition for the RDC-IUC camp conducted by the unit. She has also attended RDC pre IGC I & II 2019.
- SUO S. Keerthana, B.Sc. MSCs III received gold medal for best camp senior on 4<sup>th</sup> December 2019 at BTG, Secunderabad.
- Cadet R. Pravalika, B. Sc MSCs II attended TSC IUC & RDC IUC 2019.
- Cadet M. Pravalika, B. Sc MPCs II attended TSC IUC & RDC IUC 2019.
- Cadet C. Ashwini, B. Com (Gen) II attended RDC IUC 2019.
- 4 NCC Cadets participated in National Integration Camp, Ek Bharat Shreshth Bharat I from 21 May to 01 June 2019 organized by 4(T) BN NCC, at NallaMalla Reddy Foundation School, Ghatkesar



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## **MOTTO: Heart to God, Hand to man**

**SAHHARA** (St.Ann's Helping Hands & Reaching Arms) is an outreach program for students to understand the communities around them, identify themselves with its aspirations, needs, problems, resources and to reach out with a helping hand.

Over the years the involvement, commitment, the range of activities have grown exponentially with club such as Rotaract club of St.Ann's College under the umbrella of SAHHARA. Focus areas of health, education, empowerment of women, environment and leadership development have been identified apart from other spheres of social service. Activities are planned and executed with participation from staff and students. The schedule of activities has been systematized throughout the academic year in such a way that a sizeable number of undergraduate students with staff advisors, reach out to the community-lending a helping hand in their own small ways.

True to our motto, **Heart to God, Hand to man** we are striving to continue our service to the community with increased efforts so as to reach out to a larger group.

#### **Outreach Committee**

#### Faculty Members: 5

Dr(Sr) P.Amrutha-Chairperson
Ms.Ch.Jyothi,Dept. of Microbiology-Convenor
Ms.Krishnapriya.K,Dept. of Microbiology
Ms.Naga Poornima ,Dept. of MBA
Ms.Vishnupriya,,Dept.of Telugu
Ms.Soujanya,Dept. of Commerce
Student Club:Rotaract Club of St.Ann's College
Student Cabinet Members: 10
President:Rtr.Meenakshi- III B.Com

2.Vice President: Rtr.Priya .A III NCB

**3.Secretary- Saadia II BBC** 

4. Joint Secretary-Gouthami II MCB

5.Treasurer-Smriti II BBC

6. Community Service Director-Salma Yousuf Khan IGCM

7. Club Service Director- Rtr.PalakMegotia I GCM

8. Professional Development Director- Rtr. Thakur Annapurna IIGCM

9. International Service Director- Rtr.Jessica I BBC

10.Sgt At Arms-RtrRamya.A IIGCM

No of Student (outreach) Volunteers-80

#### **Summary:**

No of Outreach Events in 2019-20: 30

No of Events reaching out to Community-25

No of events in College-05

**Total number of beneficiaries-400** 

Areas of Outreach-Environment Awareness & Protection, Health Care, Education & Leadership Development

#### List of Events Organized and Participated:

S.No	Name of Event	Date & Venue	Outcome
1	Hygiene & Water	July 20th	Knowledge on Importance of
	Conservation Awareness	Telangana Social Welfare	Hand Hygiene & methods of
		School for Girls	water conservation at
		Mahendra Hills	individual levelamong students
2	Green Greeting Program	August 3 <sup>rd</sup>	Sale of Saplings to friends to
		St.Ann's College for	increase green cover and
		Women	decrease carbon footprint
3	Independence Day	August 15 <sup>th</sup>	Spirit of Patriotism inculcated
	Celebrations	Burgula Rama Krishna	among school students by

		Rao Girls High School Barkatpura	cultural activities and quiz organized by outreach volunteers
4	Teachers Day Celebrations	September 5 <sup>th</sup> St.Ann's College for Women	A small gesture by students to express gratitude towards their teachers
5	Book Donation Program	September 19th Burgula Rama Krishna Rao girls High School Barkatpura	Dictionaries distributed to school children for enhancing vocabulary and improve english language speaking and writing skills
6	Participation in Daanutsav- event organized by District Rotaract	October 2 <sup>nd</sup> Manchikalalu Orphanage	Donated requirements to children of orphanage and shared moments of happiness
7	Participation in Sanskriti- Cultural event organized by District Rotaract	October 20 <sup>th</sup> Oasis School Shaikpet	Culture and traditions of different states was showcased by rotaractors of different clubs of twin cities.
8	Polio Day-Cycling for a cause	October 24 <sup>th</sup> Necklace road, Hyderabad	Awareness on polio eradication
9	Light it Up-Diwali Celebrations	October 26 <sup>th</sup> St.Ann's College for Women	Distribution of diyas to auxillary staff of college to bring smiles and happiness in their families
10	Hand washing Campaign	October 25 <sup>th</sup> to 31 <sup>st</sup> Government and private schools in and around mehdipatnam	Awareness on proper handwashing procedure to maintain hand hygiene and prevent spread of infections
11	Volunteering & Participation in Diabetes Awareness Programs	Nov 14 <sup>th</sup> Event on Diabetes Awareness organized by Diabetes Academy at Park Hyatt,Hyderabad November 16 <sup>th</sup> NIMS Hospital, Punjagutta	Outreach volunteers &Rotaractors participated in Diabetes awareness events on the occasion of World Diabetes Day 2019
12	Synergy India Campaign for Iron Deficiency	November 26 <sup>th</sup> 2019 Necklace Road Hyderabad	Participated and created Awareness on Importance of Iron and health issues due to iron deficiency on the occasion of Iron deficiency Day
13	Participation in Happy Schools Project by Rotary Club of Hyderabad Central	December 2 <sup>nd</sup> Deval Jham Singh Primary School,	Changeinlearningenvironment of primary schoolstudentsbyparticipationin

		Gudimalkapur	painting program organized by
			Rotary Club of Hyderabad
			Central.
14	Nutrition Counseling &	December 19 <sup>th</sup>	Awareness and importance of
	Camp in collaboration with	Government High School	nutritious diet to school
	Dept. of Nutrition	NBT Nagar	students and parents of
		Banjara HIlls	government school
15	Volunteering for Artificial	Jan 19 <sup>th</sup> & February 23 <sup>rd</sup>	Distributed artificial limbs to
	Limbs project –A project	Our Sacred Space	around 120 amputees.
	by Roatry Club of	Secunderabad	
	Hyderabad Central		



Water Conservation Awareness

Green Greeting Programme



Independence Day Celebrations



Participation in Daan Utsav at Orphanage



Sanskriti-Cultural Fest



Diwali Celebrations

Handwash Campaign at Schools



Awareness on Iron Deficiency Project



Volunteering for Happy Schools



Nutri & Health Camp