

St. Ann's College for Women

(Autonomous), Affiliated to Osmania University
Accredited by NAAC with A⁺ Grade (3rd cycle), CPE by UGC

Mehdipatnam, Hyderabad.



CRITERION – III **RESEARCH, INNOVATIONS AND EXTENSION**

3.6.1 Extension Activities **Avenues of Extension/Outreach Activities**



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(Autonomous), Affiliated to Osmania University
Accredited 'A+' Grade by NAAC (3rd Cycle)
College with Potential for Excellence by UGC
ISO 9001: 2015-ISO 14001: 2015
Hyderabad- 500028, Telangana, India

3.6.1 Outcomes of extension activities in the neighbourhood community in terms of impact and sensitizing the students to social issues and holistic development, and awards received if any during the last five years

AVENUES OF EXTENSION AT ST.ANN'S COLLEGE FOR WOMEN



IMPACT OF EXTENSION ACTIVITIES IN SENSITIZING STUDENTS TO SOCIAL ISSUES AND HOLISTIC DEVELOPMENT WITH FOUR CASE STUDIES

Case Study 1

NATIONAL, STATE LEVEL PROGRAMMES ON ENVIRONMENTAL AWARENESS & PROTECTION

Objective:

To organise & participate in Government-Initiated Campaigns for Environmental Awareness & Protection focusing on sustainable development goals - clean water & sanitation & climate action.

6 CLEAN WATER AND SANITATION



Cleanliness & Sanitation Programmes

- Swachh Bharat Abhiyan
- Swachh Pakwada
- Swachhta hi Sewa
- Swachh Suraksha Rally

Plantation & Recycling Initiatives

- Haritaharam - A flagship programme of Telangana Govt.
- Plantation drives in college & government schools.
- Formation of Swachh WOW Club.
- Dry waste collection drives.
- Recycling championship in schools.



13 CLIMATE ACTION



Impact

Swachh Bharat Abhiyan: Behavioral shift towards sanitation practices.
 Telangana Haritha Haram: 2000+ plants planted, nurturing student engagement.
 Swachh WOW Club: 85 student volunteers, substantial dry waste collection.
 School Outreach: 8 schools reached, 2.5 tons of dry waste collected.

Case Study 2

Good Health & Well-Being

OBJECTIVE: ENHANCING HEALTH AWARENESS AND EDUCATION, FOCUSING ON ADOLESCENT GIRLS (11-18 YEARS) AND WOMEN, ADDRESSING MAJOR HEALTH PRIORITIES AND DISEASES.

3 GOOD HEALTH AND WELL-BEING



Methodology:

1. Department of Nutrition's Initiatives:

- Awareness sessions and screening camps on Anaemia, Diabetes, Hypertension.
- Breastfeeding awareness in communities.
- Nutrition Education Programmes (NEP) featuring low-cost recipes and healthy eating.

2. Health Camps & Emerging Infections:

- Conducting health camps for screenings and awareness.
- Educating on emerging infections.

3. COVID-19 Response:

- Trained as COVID-19 warriors through iGOT portal.
- 35 NCC volunteers served as frontline COVID warriors.

4. Community Support:

- Assisted over 200 families with food and essentials.

IMPACT:

1. Anaemia Awareness:

- 20 sessions and camps.
- Benefited 400+ individuals.

2. Diabetes Awareness:

- 15 sessions and camps.
- Benefited 600+ individuals.

3. Breastfeeding Awareness:

- 25 sessions in communities.
- Reached around 2000 women.

4. Nutrition Education:

- 50 programs in schools.
- Reached 1000+ students.

5. COVID-19 Engagement:

- 86 NCC volunteers trained.
- 35 volunteers served as COVID warriors.

6. Community Support:

- Distributed food and essentials to 200 families.

Together, we're building a healthier, more informed community!

Case Study 3

Rural Development

Objective

Building capabilities of village communities in key areas:

- Sanitation & Hygiene
- Health
- Empowerment of Women
- Education



Methodology

Engagement through various programs:

- Participation in NIRD Training sessions
- Annual Special camps
- Health camps
- Vocational training programs in identified villages

IMPACT

NIRD Training Sessions trained NSS Volunteers in rural development initiatives



HEALTH CAMP

- Health Camp Beneficiaries - 300 villagers of Toolekalan Village, Ibrahimpatam
- Digitalization of health record.

VOCATIONAL TRAINING CENTER

- Established & empowered 50 women in cloth bag making.
- Join us in transforming rural lives through empowerment and development





CASE STUDY 4

PROMOTING GENDER SENSITIZATION IN SCHOOLS



OBJECTIVE

Objective is to Cultivate values of equality, inclusivity, and diversity among adolescent boys and girls for holistic development.

METHODOLOGY

Engaging sessions by Centre for Women Studies (CWS) on:

- Gender discrimination
- Safety of girl child
- Gender-Based Violence
- Girl Child Rights

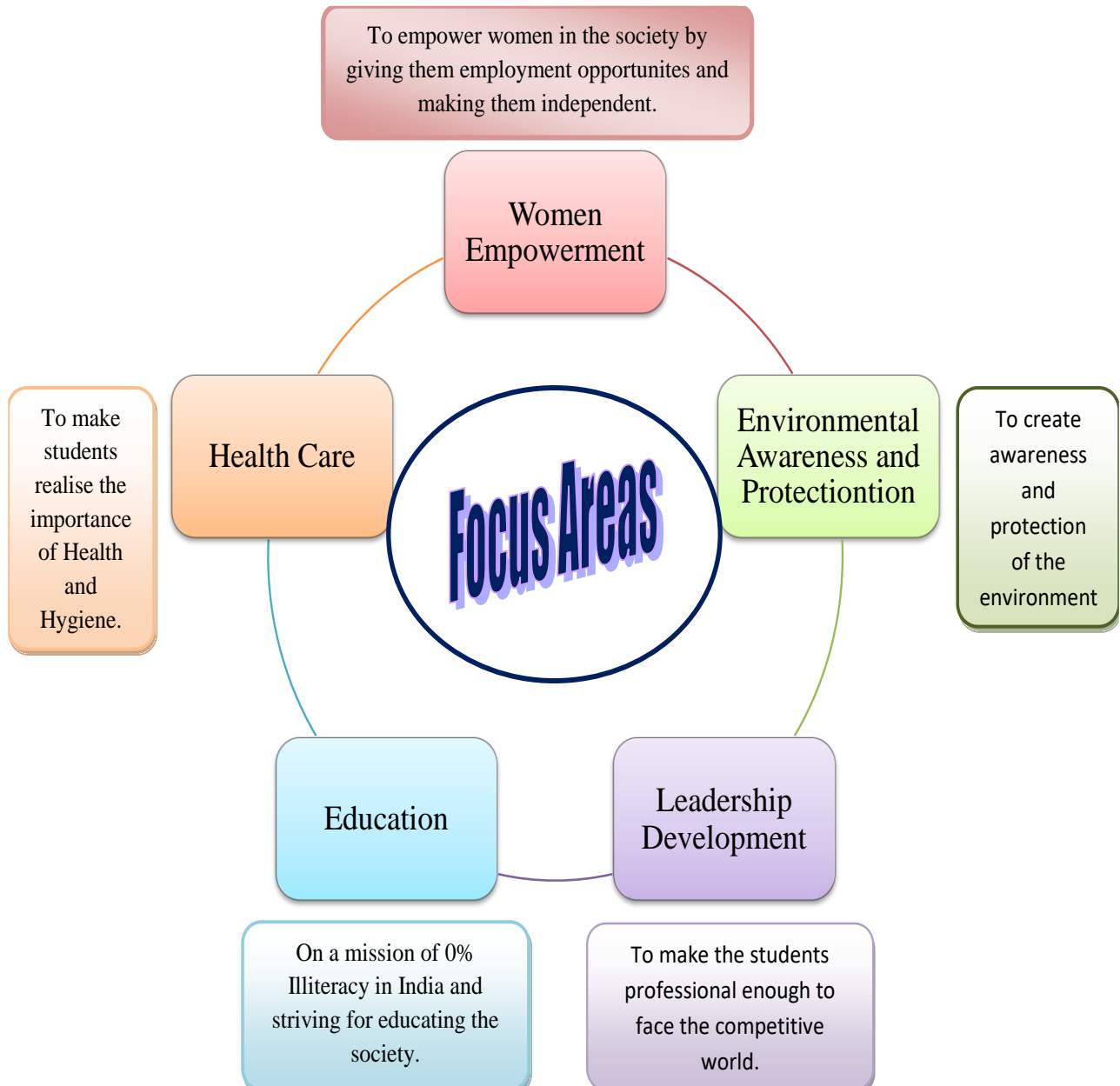
IMPACT

- Conducted awareness sessions in **15 schools**
- Expanded reach across diverse educational institutions.
- **Empowered 1500** students with knowledge and insights of gender sensitivity.

Extension programmes on gender sensitization focuses on Sustainable Development Goal Gender Equity.



FOCUS AREAS OF EXTENSION



NATIONAL SERVICE SCHEME (NSS)

The NSS Unit of St. Ann`s has provided a platform for active student participation in community service and developmental activities.

OBJECTIVES:

- To develop a sense of respect to the principles, values , rights and obligations and to promote National Unity, integrity, non-violence, secularism, democracy, equality before law.
- To understand the community in which they work.
- To develop a sense of social and civic responsibility.
- To develop competence required for group living and sharing responsibilities.
- To acquire leadership qualities and democratic attitude.
- To meet emergencies and natural disasters.

MOTTO: Not Me But You

AREAS OF WORK

Regular activities: Campus/In house activities, Seminars/Guest Lectures, Field Visits , National days ,Natural Calamities,

Special Camp activities: Socio-Economic survey, Literacy Programmes, Medical Camps, Cleanliness Drive

ACTIVITIES:

Participation in Rural Development Training Programs, Telanganaku Haritha Haram,Blood Donation Camp,Awareness Programs(Road Safety ,AIDS Awareness),Participation in National Integration Camps,Volunteers in Polling Stations during Elections

OUTCOME:

Helps the student to develop confidence and leadership skills

Learn other skills that help them lead a better life in various situations.

Teaches student to be disciplined and organized

NATIONAL CADET CORPS (NCC)

The N.C.C Unit at St. Ann's since 1989, the year of inception has played a major role in training the cadets in different fields including social service and adventure. The cadets have distinguished themselves at national and international levels. Several cadets have joined defense services.

OBJECTIVES:

- To develop qualities of character, courage, comradeship, discipline, leadership, secular outlook, spirit of adventure and sportsmanship and the ideals of selfless service among the youth to make them useful citizen.
- To create a human resource of organized trained and motivated youth to provide leadership in all walks of life including the Armed services and be always available for the service of the nation.

MOTTO: Unity & Discipline

TRAINING PROGRAMS:

- Drill, shooting, Physical fitness, map reading, First aid, Gliding/Flying, boat pulling, sailing and camp training covering basic of military training in Army.
- This training is mostly carried out in colleges by the cadets. In addition basic knowledge of the service is imparted to the cadets.

AREAS OF WORK:

- Community Development Activities: Tree Plantation, Clean & Green.
- Vigilance week programs like debate, elocution, lectures and poster competitions
- Visit to Cheshire Home, Home for the aged, home for dying and destitute, Orphanages
- Social Service Activities: Blood Donation, Adult Education, AIDS Awareness

ACTIVITIES:

International Yoga Day Celebrations, Intra Unit Competitions (Drill, Cultural, National Integration) Awareness Programs/Campaigns on themes : Ragging & Harassment, Traffic Awareness, AIDS Awareness, Independence Day Celebrations, Disaster Management (Kerala Relief Fund), Pink Ribbon Walk, Legal Aid Clinic Training & Awareness Program, Fund Raising Activities, Participation in Republic Day Parade

OUTCOME:

Empowerment of youth and is making invaluable contributions towards nation building.

The NCC can render a greater helping hand towards social service and causes of national importance.

ST.ANN'S HELPING HANDS AND REACHING ARMS (SAHHARA)

With an objective of providing a platform for students to understand the communities around them, identify themselves with its aspirations, needs, problems, resources and to reach out with a helping hand, SAHHARA-St. Ann's Helping Hands & Reaching Arms was conceived and started in the year 2005.

SAHHARA helps in imbuing the sense of responsibility among students that they owe towards society. In turn students develop leadership qualities through **Team Building, Networking & Understanding Professional Ethics**. It is a centralized platform for outreach activities in the campus. Thus various activities are carried out in this regard at three levels-Institutional, Department and Club Level

Over the years the involvement, commitment and range of activities have grown exponentially with club such as Rotaract club being brought under the umbrella of SAHHARA. Focus areas of health, education, empowerment of women, environment and leadership development have been identified apart from other spheres of social service. Activities are planned and executed with participation from staff and students. The schedule of activities are systematized throughout the academic year in such a way that a sizeable number of undergraduate students with staff advisors, reach out to the community-lending a helping hand in their own small ways.

MOTTO: Heart to God, Hand to man

OBJECTIVES

- Develop knowledge and understanding of the needs, problems and opportunities in the community
- Become aware of the family structure, socio economic and value system, needs and aspirations of the people in the community adopted.
- Understand to mobilize the resources available in the community, both human and material.
- Aspire for strong, constructive relationships between themselves and the community, making way for desirable changes and development of leadership.
- Develop professional and leadership skills

ACTIVITIES IN FOCUS AREAS

S.No	Focus Areas	Activities
1	Empowerment of Women	Vocational training in paper bag, lace bag, wire bag and cloth bag making, tailoring, candle, phenyl, soap making, fabric painting & glass painting has been given to help the women to make a livelihood out of it.
2	Environmental protection and awareness	Green Greeting, Green zone Development, Waste Segregation, Solid Waste Management & Awareness Programs on Environment Sustainability
3	Health Care	Health Camps, Awareness on Communicable & Non communicable Diseases, Breast Cancer, Iron Deficiency, Hand & Personal Hygiene, Nutrition & Fitness counseling, Menstrual Hygiene, Emerging Infections & Seasonal Infections
4	Education	Promotion of Science by Hands on Training in Science & Mathematics, Facilitating & Training students for Science Exhibitions in

		Government Schools, National Day Celebrations Life Skills Training, Literacy for All & Adult Literacy Programs & Career Counseling sessions
5	Leadership Development	Organizing & participating in Leadership Conclaves, Youth Development Programs & Personality Development sessions, Professional Development Sessions

OUTCOME:

Outreach Program gave students the opportunity to get involved in community service projects on a regular basis.

Engaging in outreach activities provided students with the opportunity to become active members of their community and has a positive impact on society.

Enabled students to acquire life skills and knowledge, as well as provide a service to those who need it most.

Increased social awareness and responsibility.

Enhance their personal knowledge, grow from new experiences, and develop better interpersonal communication skills.

Improve student opportunities by allowing students to obtain work-related skills prior to graduation and by developing network with future potential employers.

CENTRE FOR WOMEN STUDIES (CWS)

The Centre for Women 's Studies was started in the year 2009 with a mission to provide critical awareness and sensitivity towards women's issues in every field and supports redistribution of

women's power and control of resources. It encourages women's academic development and empowerment.

MOTTO: "To strive, to seek but not to yield".

OBJECTIVES:

Wider conception of women's studies has found concrete form in the Centre's involvements in the field of action-research, whereby grassroots women's organizations and institutions have been partners in the production of knowledge about women's lives and struggles. In so doing, the Centre has demonstrated its commitment to change and transformation through intervening in and initiating developmental processes and activities, especially among rural women, otherwise the most remote from institutions of higher education.

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ACTIVITIES:

Guest lectures, Panel Discussions, Workshops, Awareness programs on Gender Sensitization, Sessions on Women's Rights etc

OUTCOME:

Empowered women through various capacity building measures, inculcated gender sensitivity on Women's Studies perspectives, Gender Literacy, Gender Education and Enhancement, Communication and Leadership skill etc., to bring Social, Economic, Political and Cultural Empowerment and Gender Equality

DEPARTMENT LEVEL EXTENSION

The faculty and students of the all the departments are involved in a wide range of activities that extend the appreciation and understanding beyond their classrooms and research laboratories. All departments have shared their expertise in diverse areas and extended their support for organizing various extension activities. Following are list of areas of extension work by the departments.

Department of Arabic	Provision of Books & stationery in schools
Department of Botany	Tree plantation, Home Gardening Awareness on Global Warming Programs on Biodiversity & Conservation
Department of Biotechnology	Awareness program on waste management Health awareness on Air pollution Awareness on Plastic Pollution
Department of Biochemistry	Free Diabetes Awareness Menstrual Waste Management
Department of BBM	Visiting orphanages and provision of requirements.
Department of Chemistry	Awareness Program on ‘SAY LESS PLASTIC’ Basic Chemistry Education in Govt Schools
Department of Commerce	Consumer awareness and consumer protection related activities
Department of Computer Science	Conducted computer skill workshops for school students
Department of English	Literary activities & soft skill training.
Department of Economics	Focused with HIV patients and blood donation
Department of Genetics	Awareness on Genetic disorders Science Club activities
Department of Hindi	Support for economically backward girl students through the department and developing awareness about health and education in society.
Department of History	Departmental activities for spreading social awareness among the students regarding health issues, hygiene and social issues.
Department of Microbiology	HIV/AIDS Awareness on World AIDS day. Hand Hygiene Awareness Awareness on Emerging Infections.


Department of Mathematics	<p>Visited PAWMENCAP- School for mentally and physically challenged children to spend quality time with children.</p> <p>Training in Vedic Mathematics and problem solving skills to High School students</p>
M B A	<p>Activity to promote and encourage Ecofriendly products by putting up stalls of homemade organic soaps and earthen cookware</p>
MCA	<p>Monetary contribution to Samruddi children home . Collected and distributed donations at ABHILASHA VOCATIONAL DISABLED CENTRE at Lingampally.</p>
Department of Nutrition	<p>World Breastfeeding Awareness week - Free health camp conducted at Gungloor village Sangareddy Anemia and BMI check up carried out for college students Diabetes screening and awareness camp conducted at college premises Nutrition education programmes</p>
Department of Public Administration	<p>Organized multiple activities in collaboration with Youth for Seva NGO</p>
Physics & Electronics	<p>Skill Development among school children</p>
Psychology	<p>Counseling Activities through counseling cell</p>
Statistics	<p>1.Contributed to education of an underprivileged girl child belonging to economically backward class from 2 years.</p> <p>2.Contributed an amount of Rs.10,000/- as a part payment of fee to the identified girl student.</p> <p>3.sigma club has organized a stall of handmade rakhees, paper bags, and envelopes made by intellectually challenged people of Autism Research and Multi disciplinary School (ARMS) and</p>

	supported the organization. 4.Organized an awareness program on Menstrual Hygiene under the program Suvidha to 6 th to 9 th grade class girl students in ZPHS, Attapur, Hyderabad in collaboration with Youth for Seva and Infosys (Mamata Trust).
Department of Telugu	career guidance , poem recitation and Quiz competition to underprivileged students.
Department of Zoology	1.Usage of Organic Manure produced by Vermicompost. 2.To spread the knowledge about the importance of haemoglobin 3.To spread the awareness among the school children about the animals by organising Open Day of Museum

OVERALL OUTCOME OF EXTENSION/OUTREACH PROGRAMS

Extension/Outreach programs facilitated the development of various domains of mind and personality. Personality development, specialized skills development , strengthened self confidence, sense of responsibility and exposure to new activities are specific outcomes attained by students.




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