



7.1.1 Gender Equity Initiatives Curriculum

1. Carrer oriented Course (COC) on Women's Studies
2. Ability Enhancement Compulsory Course (AECC) on Gender Sensitization
3. Inter Disciplinary Course (IDC) on Women Health
4. Carrer oriented Course (COC) on Women- Career and Growth
5. Skill Oriented Course (SOC) on Self Defence
6. Certificate Course on Gender and Human Rights
7. Ability Enhancement Compulsory Course (AECC) on Gender Studies

Gender Horizons Integration: Social Science and Languages Curriculum

➤ Units in Languages and Social Sciences Syllabus

AECC on Gender Sensitization

Bsc, BBM, BA, Bcom

AECC on Gender Studies

3rd Year Students (Bsc, BBM, Bcom, B.A)

Objectives of the Course:

- To develop students' sensibility with regard to issues of gender in contemporary India.
- To provide a critical perspective on the socialization of men and women.
- To introduce students to information about some key biological aspects of genders.
- To expose the students to debates on the politics and economics of work.

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- To help students reflect critically on gender violence.
- To expose students to more egalitarian interactions between men and women.

Learning Outcomes:

- > Students will have developed a better understanding of important issues related to gender in contemporary India.
- > Students will be sensitized to basic dimensions of the biological, sociological, psychological and legal aspects of gender. This will be achieved through discussion of materials derived from research, facts, everyday life, literature and film.
- > Students will attain a finer grasp of how gender discrimination works in our society and how to counter it.
- > Students will acquire insight into the gendered division of labour and its relation to politics and economics.
- > Men and women students and professionals will be better equipped to work and live together as equals.
- > Students will develop a sense of appreciation of women in all walks of life.
- > Through providing accounts of studies and movements as well as the new law provide protection and relief to women, the textbook will empower students to understand and respond to gender violence.

Thrust areas: Empowering Women through Education, Gender Sensitization, Legal rights of women, Status of women in Indian society.

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Teaching Models used: As an interdisciplinary course gender studies adopts the mode of teaching which is interactive and participatory in nature. Apart from the lectures, teaching methods include group discussion, film reviewing, book and article reviewing and presentations.

Teaching Aids used: The course instructor uses visual aids and audio-visual aids etc. Visual aids PPT, pictures etc while audio visual aids include the movies and documentaries.

2. COC on Women's Studies

Resource Person: Ms. Popy Devi Nath, Director, Centre for Women's Studies

Total 35 number of students has enrolled in 2021-22 year

Objective of the course: The objective of this course is to understand the concept of gender and present a bird's eye view of what living in a gendered society means for the women. It would recognize gender as central to the analysis of structures of power both within and outside the family and in the world around us. The course is structured around the premise that gender is socially constructed. It will offer opportunities for an interdisciplinary exploration of various dimensions of this premise. While a cross cultural perspective is kept in mind, the course would focus on the Indian experience.

Evaluation procedure: The evaluation could comprise of the following. Total marks. Internal assessment: 60 marks. End semester: 40 marks. Internal assessment could consist of any two of the following for 30 marks each. Term



papers, seminars, project reports, book reviews, or discussions based on certain topics or films related to the course.

3. SOC on Self Defence

Skill Oriented Course on Self defence is offered by the Department of Physical Education.

Activities:

1. Orientation/Introduction
2. Warmup and Basic exercises
3. Why is Self Defense considered a need for Girls/Women.?
4. Learning Different Martial Art Forms

Brief Introduction to Different Martial forms and the role of Martial Art in self-defense.

5. Poster Making.
6. Strength building Exercises, Falls and beginning techniques.
7. Judo/Aikido
8. Taekwondo/Kick boxing/MMA
9. Jujitsu
10. Awareness program

self defense video / Live Demo

Implementation

Learning Context



Students learn different self-defense techniques from various martial art forms to defend oneself from unknown threats or danger. The classes are organized in context to create awareness about healthy, disciplined and confident Lifestyle among young.

Procedure

- a. One on one activity
- b. Direct Instruction
- c. Guided Practice
- d. Check for Understanding.
- e. Independent Practice
- f. In house competition

Differentiated Instruction

With keeping in mind that students learn in many different ways. By consciously thinking about it, we use different teaching techniques to reach as many students as possible in every session!

- a. Visual Learning
- b. Auditory Learning
- c. Individual practice
- d. Students counseling
- e. Personal training
- f. Activity based training

Assessment

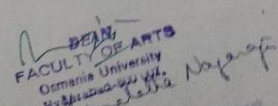
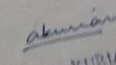


Assessment is made on the basis of students' performance.

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3. COC on Women- Career and Growth

Syllabus

<p align="center">COC Format</p> <ol style="list-style-type: none"> 1. Course Title – Women - Career & Growth 2. Department – English Dept 3. Objective – To equip women students with knowledge about the essential skills requirements in personal and career life in this modern world and the means to achieve these skills. 4. Expected Outcome – Students will be able understand the necessity of these essential skills and acquire a minimum level of proficiency in these skills 5. Syllabus Theory – Refer Annexure 1- 30 Classes 6. Syllabus – Practicals/training/project - Refer Annexure 1 – 30 Classes 7. Evaluation pattern – Internal Assessments – Presentation & Written; Final exam 8. Grades - Two Internal Assessments of 20 Marks each and 60 Marks final exam 9. Minimum & Maximum strength – 30-45 10. Resource Person – Ch. Shanti Kumar <p align="right">  DEAN FACULTY OF ARTS Osmania University Hyderabad-500 008 </p> <p align="right">  ANNA KUMAR ASSOCIATE PROFESSOR DEPARTMENT OF ENGLISH OSMANIA UNIVERSITY HYDERABAD-500 007 </p>	<p align="center">Syllabus - Annexure 1</p> <table border="0"> <tr> <td>1. Communication</td> <td align="right">12 Hrs</td> </tr> <tr> <td> 1. Verbal</td> <td></td> </tr> <tr> <td> 2. Writing</td> <td></td> </tr> <tr> <td> 3. Reading</td> <td></td> </tr> <tr> <td> 4. Listening</td> <td></td> </tr> <tr> <td> 5. Non Verbal</td> <td></td> </tr> <tr> <td>2. Business Etiquette</td> <td align="right">10 Hrs</td> </tr> <tr> <td> 1. Grooming</td> <td></td> </tr> <tr> <td> 2. Meeting and greeting</td> <td></td> </tr> <tr> <td> 3. Introductions and handshakes</td> <td></td> </tr> <tr> <td> 4. Time etiquette</td> <td></td> </tr> <tr> <td> 5. Scheduling meetings</td> <td></td> </tr> <tr> <td> 6. Queue and elevator etiquette</td> <td></td> </tr> <tr> <td> 7. Cubicle etiquette</td> <td></td> </tr> <tr> <td> 8. Office social functions</td> <td></td> </tr> <tr> <td>3. Office Etiquette</td> <td align="right">2 Hrs</td> </tr> <tr> <td> 1. Work area</td> <td></td> </tr> <tr> <td> 2. Office equipment</td> <td></td> </tr> <tr> <td> 3. Misuse of office equipment</td> <td></td> </tr> <tr> <td> 4. Meetings and meeting rooms</td> <td></td> </tr> <tr> <td>4. Relationship Management</td> <td align="right">10 Hrs</td> </tr> <tr> <td> 1. Self</td> <td></td> </tr> <tr> <td> 1. Emotional Intelligence</td> <td></td> </tr> <tr> <td> 2. Time Management</td> <td></td> </tr> <tr> <td> 3. Leadership skills</td> <td></td> </tr> <tr> <td> 4. Decision making</td> <td></td> </tr> <tr> <td> 2. Others</td> <td></td> </tr> <tr> <td> 1. Critical Thinking</td> <td></td> </tr> <tr> <td> 2. Problem-solving</td> <td></td> </tr> <tr> <td> 3. Assertiveness</td> <td></td> </tr> <tr> <td> 4. Anger Management</td> <td></td> </tr> <tr> <td> 5. Team Membership</td> <td></td> </tr> <tr> <td>5. Harassment</td> <td align="right">2 Hrs</td> </tr> <tr> <td> 1. Work place harassment</td> <td></td> </tr> <tr> <td> 2. Sexual Harassment</td> <td></td> </tr> </table> <p align="right">  DEAN FACULTY OF ARTS Osmania University Hyderabad-500 008 </p> <p align="right">  ANNA KUMAR ASSOCIATE PROFESSOR DEPARTMENT OF ENGLISH OSMANIA UNIVERSITY HYDERABAD-500 007 </p>	1. Communication	12 Hrs	1. Verbal		2. Writing		3. Reading		4. Listening		5. Non Verbal		2. Business Etiquette	10 Hrs	1. Grooming		2. Meeting and greeting		3. Introductions and handshakes		4. Time etiquette		5. Scheduling meetings		6. Queue and elevator etiquette		7. Cubicle etiquette		8. Office social functions		3. Office Etiquette	2 Hrs	1. Work area		2. Office equipment		3. Misuse of office equipment		4. Meetings and meeting rooms		4. Relationship Management	10 Hrs	1. Self		1. Emotional Intelligence		2. Time Management		3. Leadership skills		4. Decision making		2. Others		1. Critical Thinking		2. Problem-solving		3. Assertiveness		4. Anger Management		5. Team Membership		5. Harassment	2 Hrs	1. Work place harassment		2. Sexual Harassment	
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6. Office politics	2 Hrs
1. Protocol Vs Hierarchy	
2. Networking Vs Gossiping	
3. Touch me not Vs I'm all--attitude	
4. Woman boss Vs Man boss	
7. Social Etiquette	4 Hrs
1. Social Media etiquette	
2. Attending social get-togethers	
3. Dining etiquette	
4. Bathroom etiquette	
5. Apartment etiquette	
8. Goal Setting – Theory and Practical	6 Hrs
1. Importance	
2. Types of Goals	
3. Setting up goals	
4. Being on Track	
9. Presentation Skills – Theory and Practical	6Hrs
1. Types of Presentation	
2. Content	
3. Flow	
4. Beginning and Closure	
10. Project Management	6 Hrs
1. Writing a project plan	
2. Execution	
3. Evaluation	
4. Team work	

[Handwritten signatures and stamps are visible at the bottom of the page, including 'DEAN FACULTY OF ARTS Osmania University Hyderabad-500 028' and 'ANNA KURIAN ASSOCIATE PROFESSOR DEPARTMENT OF ENGLISH OSMANIA UNIVERSITY OF HYDERABAD Hyderabad-500028']

4. IDC on Women Health

Unit I- Female Physiology before Pregnancy and Female Hormones

- Physiologic Anatomy of the female sexual organs.
- Female Hormonal system.
- Menstrual cycle
- Functions of ovarian Hormones.
- Abnormalities of secretion by the ovaries.
- PCOD.
- Breast cancer.
- Cervical cancer

Unit II - Pregnancy and Lactation

- Maturation and Fertilization of the ova.
- Early Nutrition of the Embryo.
- Function of Placenta.
- Hormonal Factors in Pregnancy.
- Amniocentesis.
- Nutrition in Pregnancy and Lactation.



- Breast feeding.

Unit III - Fetal and Neonatal Physiology

- Growth and functional development of fetus.
- Adjustment of the Infant to Extra uterine life.
- Special problems of Prematurity.
- Growth and Development of Child.
- Vaccines.
- Nutrition in infancy.

Unit IV - Contraception

- Methods.
- Barrier method

- IUCD
- Steroidal
- Sterilization

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NAAC

Syllabus (Theory)
Inter Disciplinary Course
Women Health

30 Hrs

(2hrs/week)

I. Female Physiology before Pregnancy and Female Hormones 10Hrs

1. Physiologic Anatomy of the female sexual organs.
2. Female Hormonal system.
3. Menstrual cycle
4. Functions of ovarian Hormones.
5. Abnormalities of secretion by the ovaries.
6. PCOD.
7. Breast cancer.
8. Cervical cancer.

II. Pregnancy and Lactation 10Hrs

1. Maturation and Fertilization of the ova.
2. Early Nutrition of the Embryo.
3. Functions of Placenta.
4. Hormonal Factors in Pregnancy.
5. Amniocentesis.
6. Nutrition in Pregnancy and Lactation.
7. Breast feeding.

III. Foetal and Neonatal Physiology 10Hrs

1. Growth and functional development of foetus.
2. Adjustment of the Infant to Extra uterine life.
3. Special problems of Prematurity.
4. Growth and Development of Child.
5. Vaccines.
6. Nutrition in infancy.

IV. Contraception 10Hrs

1. Methods.
2. Barrier method
3. IUCD
4. Steroidal
5. Sterilization

Suggested Reading:

1. 'Animal Physiology'-Agarwal, R.A. Srivastava, Kaushal, Anil and Kumar.
2. 'Principles of Animal Physiology' by Christopher D. Moyes, Patricia M Schulte.
3. 'Essentials of Animal Physiology' by S.C. 'Rastogi'.
4. 'Text Book of Medical Physiology' by Guyton & Hall.
5. 'Textbook of Gynecology' by DC Dutta.
6. 'Nutrition through life cycle' by Sara Abraham.
7. 'Medical Physiology' by Anil Baran Singha Mahapatra.

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5.	Alumni	Dr. Deepa Jaiswal Joint Director/ ScientistIncharge, FBRC, Zoological Survey of India, Rajendranagar, Hyderabad.	<i>Deepa</i>
6.	Members	1) DivyaDeepthimhanthi, Assistant Professor, Dept. of Zoology, St. Ann's College for Women, Mehdiapatnam, Hyderabad 2) Juvaria Azmath, Assistant Professor, Dept. of Zoology, St. Ann's College for Women, Mehdiapatnam, Hyderabad 3) Ms.N.Kavya, Lecturer, Dept. of Zoology, St. Ann's College for Women, Mehdiapatnam, Hyderabad 4) Dr.Poonam Dev, Lecturer, Dept. of Zoology, St. Ann's College for Women, Mehdiapatnam, Hyderabad	<i>B. Divya</i> <i>Juvaria Azmath</i> <i>N. Kavya</i> <i>Poonam</i>

Jaiswal

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Composition of Board of Studies

S.no	Category	Name	Signature
1.	Chairperson	Dr. Tasneem Jahan, Assistant Professor, Head, Dept. of Zoology, St. Ann's College for Women.	<i>Tasneem Jahan</i> HEAD DEPARTMENT OF ZOOLOGY ST. ANN'S COLLEGE FOR WOMEN MEHDIAPATNAM, HYDERABAD-500 028.
2.	University Nominee	Prof. M.Madhavi, Chair person, Board of Studies, Dept. of Zoology, University College of Science, Osmania University, Hyderabad.	<i>M. Madhavi</i> CHAIR PERSON Board of Studies in Zoology Osmania University, HYD-7
3.	Subject Experts	1) Dr.G.BabuRao Principal N.B.Science College Charkaman, Hydrabad. 2) Dr.Estari.M Associate Professor and Head, Department Of Zoology, Kakatiya University, Warangal.	<i>G. Babu Rao</i> DR. G. BABU RAO M.Sc. B.Ed. M.Phil. Ph.D. PRINCIPAL N.B. Science College Charkaman, Hyderabad-500028 <i>Estari M</i> Dr. Estari Mamidala, Associate Professor Department of Zoology, Kakatiya University, Warangal-509002
4.	Industry Representation	Dr. G. Umamathy, Senior Principal Scientist, LaCONES, CSIR-CCMB, Hyderabad.	<i>G. Umamathy</i> DR. G. UMAMATHY IAS Senior Principal Scientist and Group Leader Department of Zoology, CSIR-CCMB, Hyderabad CSIR Centre for Cellular & Molecular Biology Unit 14, Terrell Road, Hyderabad-500006

5. Certificate Course on Gender and Human Rights

Objectives

- Understand the concept of human rights in the context of gender,
- Apply this on laws having direct bearing on women and gender,
- Explain the concept of women's empowerment, its application in terms of law and the challenges,
- Interpret the need for, gap in the women's rights laws in India.

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Unit I: Gender and Human Rights

Unit II: Fundamental Constitutional Rights and Laws, its context and implementation in India

Unit III: Women's Empowerment

Unit IV: Women in Leadership Roles

Unit V: Project

Gender Horizons Integration

Units in Languages and Social Science Departments Syllabus

Department of English

CBCS General English Syllabus

Semester V

3 Credits, 3 hrs of instruction per week

ENG 505

Unit I

Poem AK Ramanujan "Ecology"

Prose Henry Hitchings "What's the Language of the Future?" (Excerpt)

Vocabulary Indianisms

Grammar Framing Questions (including tag questions)

Unit II Women Empowerment: Phenomenal Woman: Poem by Maya Angelou

Prose Poem Jamaica Kincaid "Girl"

Prose Emma Watson "Gender equality is your issue too"

Vocabulary Analogy and Odd Word Out

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Grammar Verbs

Unit III

Writing Reviews Film Review, Book Review
Vocabulary Technical vocabulary (Film, Literature)
Grammar Conditionals

Semester VI

3 Credit, 3 hrs of instruction per week, ENG 606

Unit IV

1. Poem: Roald Dahl “Television” -
2. Vocabulary: One-word Substitutes
3. Grammar: Relative Clauses
4. Prose: JK Rowling “The Fringe Benefits of Failure, and the Importance of Imagination” (Excerpt)

Unit V:

Gender Sensitization II

1. Poem Accomplishments by Elizabeth Ralph Mertz

2. Prose: Third Suggestion (An extract from Dear Ijeawele, or A Feminist Manifesto in Fifteen Suggestions) Chimamanda Ngozi Adichie

3. Vocabulary: Formal and Informal Vocabulary
4. Grammar: Sentence Types

UNIT VI

CV Writing

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1. Chronological CV, Functional CV
2. Vocabulary: Appropriacy
3. Grammar: Common Errors

Literature

Discipline Centric Elective—(DSE), Paper V Women's writing Semester V

4 Credits 4 Hours of teaching per week

Unit I Background

Women's Suffrage Movement; Three Waves of Feminism;
Androgyny; Gender-sensitive language

Unit II Poetry

Katherine Philips "To My Excellent Lucasia, on Our Friendship"
Judith Wright "Request to a Year"
Margaret Atwood "This is a Photograph of Me"

Unit III Short Fiction

Rokeya Sakhawat Hossain "Sultana's Dream"
Jamaica Kincaid "Girl"

Unit IV Prose

Chimamanda Adichie "Dear Ijeawele, or a Feminist
Manifesto in Fifteen Suggestions"



V	<p>Political Institutions and Functions</p> <p>a) Legislature – Meaning, types; Unicameral and Bicameral, Powers and Functions</p> <p>b) Executive - Meaning, types, Powers and Functions</p> <p>c) Judiciary - Meaning, Powers and Functions, Judicial Review, Judicial Activism</p> <p>d) Political Parties, Pressure Groups, Interest Groups, Mass Media, social media, Public Opinion & Agencies of Public Opinion</p>
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Course Title	Indian Political Thought
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UN IT	Course Contents/Title
I	<p>Ancient Indian Political Thought</p> <p>Evolution -Sources of Ancient Indian Political Thought, Features of Ancient Indian Political Thought, State and Society in Ancient India</p> <p>Manu – Features of Manusmriti, Origins of Varna, Varna Dharma</p> <p>Kautilya- Saptanga Theory, Mandala Theory, Statecraft</p> <p>Buddhist Political Thought - Sources of Buddhist Political Thought, Features of Buddhist Political Thought – Dhamma, Sangha-Eightfold path</p>
II	<p>Medieval Political Thought Basava- Anubhava Mantapa , Gender Equality</p> <p>Ziauddin Barani- Theory of Kingship (Ideal Sulthan) , Ideal Polity</p>
III	<p>Modern Indian Political Thought -</p> <p>Renaissance Thought - Raja Ram Mohan Roy - Colonial Encounters, Brahma Samaj</p> <p>Social reforms- Swami Vivekananda on Nationalism</p>
IV	<p>Reformist Political Thought Jyothi Rao Phule- Gulamgiri, Satya Shodhak Samaj, Education, Critique of Brahmanism, Social Revolution</p>

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	Dr. B. R. Ambedkar- Who are Shudras? Annihilation of Caste and Social Justice
IV	Modern Indian Political Thought - Nationalistic Mohandas Karamchand Gandhi - Techniques of Political Struggle; Satyagraha and Non Violence, Critique of Western Civilization (Hind Swaraj), Ideal State, Views on State, Trusteeship, Decentralization. Jawaharlal Nehru – Political Philosophy of Jawaharlal Nehru; Democratic Socialism, Secularism, Nationalism, and Internationalism
V	Socialistic Political Thought M.N.Roy – Radical Humanism J.P.Narayan - Total Revolution & Partyless Democracy Ram Manohar Lohia – Economic and Political Ideas; Concept of Four Pillars of State (Chaukhamba Model)