

# 7.1.1 Supporting Document

# **Gender Equity and Sensitization Activity**

# Activities 2020-21

# The initiatives undertaken by the various departments of our college pertaining to gender sensitization are as follows:

- National Webinar on Gender Concerns in Education in collaboration with UGC on 10th September, 2020
- Webinar Women Empowerment in collaboration with Kaam4uFoundation on 12th September, 2020
- International peace Day in collaboration with BIRDS, Bangalore, Indian Academy College and St. Ann's College for Women on 21st September, 2020
- National Webinar on 'Patriarchy, Caste, and their Annihilation' in collaboration with UGC on 25th September, 2020
- Two days E-Conference on Women Migrant Workers: Issues and Challenges sponsored by National Commission for Women, New Delhi on 14th and 15th Oct, 2020
- Online Session on Women Empowerment and Women Safety to School Students on 5th March &19th March, 2021.
- $\succ$  10 sessions on gender social issues to school students.
- ▶ Webinar on Menstruation hygiene organize by SQAC on 20<sup>th</sup> Dec 2020.
- Webinar on Gandhi's Ideologies and the impact on women organised by history dept on 23rd April 2021.
- A Virtual Workshop on Women Empowerment was organised on 23rd December 2020 by Pol. Science Dept.
- MCA Organized Self- Defense Session in collaboration with Junior Chamber International on 8th March, 2021.



- An awareness programme on 'Menstrual Cups' on 25th July, 2020 by Physics & Electronics dept.
- Outreach activity on Women Health & Hygiene on 3rd, 15th and 26th March, 2021 Physics & Electronics dept.
- Rotract club organized an online session on Women Equality: A right more than fight on 26<sup>th</sup> August, 2020

# Guest Lecture on Gender Concerns in Education in collaboration with UGC on 10<sup>th</sup> September, 2020

Guest lecture on Gender concerns in education in collaboration with UGC by Prof. Dr. N. Manimekalai, Director. Head Dept of Women's Studies, Bharathidasan Univ. The programme began with a prayer. She has welcomed Prof. Manimekalai.

Prof Manimakalai has highlighted that Gender concerns in education need to be addressed seriously in the context of globalization, liberalization and explosion in the field of information technology. These changes have impacted the lives and conditions of people from all sections of society. In the context of gender, women and girls continue to occupy a secondary status in society, despite their participation in different 23 capacities in all sectors of the economy. She also suggested that an interdisciplinary approach needs to be encouraged wherein gender issues can be looked in from a holistic lens by adopting different research methodologies from the field of Social Science, Sciences and Education.

#### St. Ann's College for Women

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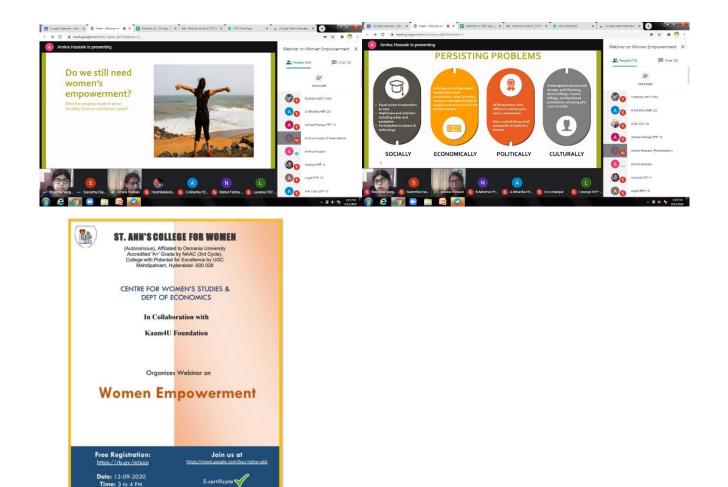




# Guest Lecture on Women Empowerment in collaboration with Kaam4uFoundation on 12<sup>th</sup> September, 2020 organise by CWS and Dept of Economics.

The webinar started with a prayer followed by welcome address by Ms. Popy Devi Nath, Director of centre for Women's Studies. She welcomed resource person Ms. Amina, Founder, KAAM4U Foundation and Ms. Kiranmayee, Member of KAAM4U Foundation. Ms. Amina, Social activist has stressed on the need to raise awareness among the masses and various stakeholders about their rights and freedom under the law. She also emphasized that the importance of women empowerment is inevitable in the context of the promotion and protection of human rights. She expressed the hope that new ideas would be generated, developed and nurtured with the interactions. We have received much positive feedback from the participants.





International Peace Day in collaboration with BIRDS, Bangalore, Indian Academy College and St. Ann's College for Women on 21st September, 2020

The 2020 theme for the International Day of Peace was "Shaping Peace Together." Celebrate the day by spreading compassion, kindness and hope in the face of the pandemic. Stand together with the UN against attempts to use the virus to promote discrimination or hatred.

Main Speakers are: 1. Mr. Morse C. Flores, (Coordinator, Indigenous and Minorities, UN High Commission, Geneva, Switzerland.

- 2. Mr. Ambrose Christy, Coordinator, MMM Peace Program India
- 3. Dr. Sandeep Pandey, Social Activist, Lucknow

The programme started with prayer song by Ms. Olivia, Director, Gnosis



Dr. Jerome Xaviour, Principal, Indian Academy College welcomed all the dignitaries and participants.

Mr. Morse C. Flores, (Coordinator, Indigenous and Minorities, UN High Commission, Geneva, Switzerland has highlighted on perspectives on peace building and conflict resolution in today's context, and develop a conceptual apparatus for understanding contemporary peace building efforts, especially in India. Stressed on concepts that are considered in detail including violence, truce, justice, trauma, peacekeeping, reconciliation, anomie, truth, healing and resolution, with special attention to those situations where peace processes have consistently failed to achieve their goals.

Mr. Ambrose Christy, Coordinator, MMM Peace Program India has suggested to strengthen ecumenical advocacy for peace by bringing key stakeholders together to share existing initiatives and best practices on advocacy for peace in India.

Dr. Sandeep Pandey, Social Activist, Lucknow has talked about peace and conflict resolution.

He has suggested to develop a joint advocacy plan for peacebuilding in the India considering national, regional and international factors contributing to the conflict.

Over 200 participants from all over India were joined in the celebration of International Peace Day.

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Guest Lecture on 'Patriarchy, Caste, and their Annihilation' in collaboration with UGC on 25<sup>th</sup> September, 2020

Guest Lecture on 'Patriarchy, Caste, and their Annihilation' in collaboration with UGC on 25<sup>th</sup> September, 2020 by Ms. Cynthiya Stephen, Foundation TEDS Trust, Dalit Activist, Social Policy Researcher.

The programm began with welcome address by Ms. Popy Devi Nath, Director, CWS followed by college prayer song.

Ms. Cynthiya has stressed on Brahmanical patriarchy: the links between caste and violence against women.

She has highlighted on Feminism = Anti-Brahminical Patriarchy. The anti-Brahminical struggle and the feminist struggle are not separate movements, but are separate entry points into a similar struggle against the Brahminical patriarchy. Both believe that everybody should be equal. Feminism and anti-Brahminism go hand in hand because according to the logic of both the struggles, some cannot be 'more equal' than others.

The session was very interactive and students were very engaging.

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# Two days E-Conference on Women Migrant Workers: Issues and Challenges sponsored by National Commission for Women, New Delhi on 14th and 15th Oct, 2020

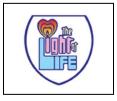
#### **INAUGURATION**

#### Time: 9.30 to 10.30 AM

The programme began with a prayer and virtual lightening of lamp.

Popy Devi Nath, organizing secretary and Director of Centre for Women's Studies welcomed each one of them to the two-day virtual conference on Women Migrant Workers: Issues and Challenges sponsored by National Commission for Women, New Delhi.

She has welcomed chief guest Prof. Kathy Matsui, Seisen University, Japan with green greetings with e- tree certificate. A bountiful tree was planted at Trees for Tigers, Sundarbans National Park, West Bengal, India in the name of Prof. Kathy Matsui.



She also welcomed Dr. Sr. P. Amrutha, principal, St. Ann's College with e-tree certificate which was planted A Bountiful Tree for you at Trees for Ecotourism, Zuluk (Dzaluk), Sikkim, India

She welcomed Dr. Smita Asthana, Dean Academics, St. Ann's College with e-tree certificate which was planted in Ecotourism, Zuluk (Dzaluk), Sikkim, India.

Patron of the conference Dr. Smita Asthana, Dean Academics, IQAC Coordinator, St. Ann's College for Women, Mehdipatnam, Hyderabad have given the welcomed address.

Popy Devi Nath, Director of Centre for Women's Studies has briefed about the two-day conference.

Prof Kathy Matsui, Professor, Department of Global Citizenship Studies, Seisen University (Tokyo, Japan) addressed the gathering. She has highlighted on the theme of 'cultivating a just and humane society for the dignity of Women Migrant'. Peace education cultivates the knowledge base, skills, attitudes and values that seek to transform people's mindsets, attitudes and behaviors that has created or exacerbated violent conflicts. She worked to cultivate a just and humane society (community, national or global basis). Some of the disparities obstruct the safety and rights of the women migrant workers. She has highlighted on how we can create conditions and systems that actualize nonviolence, justice, loving care, respect and other peace values.





# TECHNICAL SESSION ONE (Day one 14th Oct, 2020)

# **Theme: Gender Dimension of Migration**

Time: 10.30 AM to 12.45 PM

Chaired by Chair: Prof. Vibhuthi Patel, Gender Economist & Women Rights Activist, Professor, School of Development Studies, TISS, Mumbai.

Ms. Devyani Dixit, Hod of French Dept, coordinator of the technical session one welcomed the audience and welcomed the resource person with e- tree certificate. A Bountiful Tree was planted At Trees for Ecotourism, Zuluk (Dzaluk), Sikkim, India.

Prof. Vibhuthi Patel has started the session with a presentation on gender Dimension of Migration. She has highlighted on socio economic features distressing native labour claim, female contribution in the labour marketplace, gender norms and migration.

There are seven presentations by prominent speakers on different topic on the theme of Gender Dimension of Migration. Prof. Vibhuti Patel has chaired the technical session.

List of the speaker details given below:

Time	Speakers	Торіс
10.30-10.55	Prof. Vibhuthi Patel, Gender Economist &	Women Rights Activist,
	Professor, School of Development Studies, 7	FISS, Mumbai



10.55-11.05	Dr. Daniela Dora, Lecturer in German Studie Gonville & Caius College,University Cambridge, UK	"Labour as Masquerade: (Gender) Identity and Performance in Melinda Nadj Abonji's Fly Away, Pigeon (2010)"
11.05-11.15	Dr. Anita Ravishanka, Director, Centre f Women's Studies, Mangalore University.	Shattered Dreams and Hopeful Lives – Patriarchy and Gender in a Migration Context
11.15-11.25	Dr. M. Divya Sree, Assistant Professor, Facul Of Computer Science, A.V. College Of Art Science And Commerce	
11.25-11.35	Dr. D. Suhasini, Asst. Professor HOD, Dept. Computer Science, A.V. College of Art Science & Commerce	Gender Dimension of Migration Surfacing The Role For A Gender Analytic of Migration
11.35-11.45	Yamini Virginia John, Research Scholar & Prof. Dr Moly Kuruvilla, Director, Departme of Women's Studies, University of Calicut	Looking at Ghar Wapsi Through a Gender Lens
11.45-11.55	Dr. C. Kubendran, Assistant Professor, Cent for Study of Social Exclusion and Inclusiv Policy, Bhrathidasan University.	
11.55-12.10	Dr. Anji A, Teaching Faculty of Womer Studies, Karnatak University	Women andMigration:ThroughFeministPerspectives



### Discussion 12.10-12.30

# **TECHNICAL SESSION TWO (Day one 14th Oct, 2020)**

Time: 1.00 PM to 2.30 PM

Chair: Prof. Rekha Pande, Director of SEED, Former Head & Director, Department of Women's Studies, Prof in History, Univ of Hyderabad.

Ms. Indira Priyadarshini, Faculty of BBM, coordinator of technical session two has welcomed the resource person with e-tree certificate. A Bountiful Tree was planted at Trees for Sun Bear, West Siang, Arunachal Pradesh, India in the name of Prof Rekha Pande.

Prof. Rekha Pande has highlighted on Impacts of the COVID 19 pandemic on woman migrant workers.

There are seven paper presentation by prominent speakers on Impacts of the COVID 19 pandemic on woman migrant workers.

List of the speaker details given below:

CCHNICAL SESSION II 00 PM-3:00 PM		
<b>`ime</b>	Speakers	Торіс
.05-1.15	Dr. Mrs. M. Kalpana Krishnaia Project Associate Teachin Women's Studies Centre, S Krishnadevaraya Universit Ananthapuramu, Andhra Prades	
.15-1.25		Covid-19 Pandemic And Socio- Economic Effect On Women Migrant Workers: An Analysis'



.25-1.35		Impact of the COVID-19 pandemic on Migrant women in domestic work
.35-1.45	C. S. Vidhya, R. Meenatchi, N Loganathan	Impacts Of The Covid-19 Pandemic on Women Migrant Workers
	Research Scholar, India Institute of Food Processin Technology, Ministry Of Foo Processing Industrie Government Of India, Affiliate To Bharathidasan University	
.45-1.55	Dr. Mallikarjun Nagashett Guest Faculty, Dept. of Women Studies, Gulbarga University	Impacts of the Covid-19 pandemic on women migrant workers
.55-2.05		Impact Of Covid-19 On Women Migrants
.05-2.15	Narmada Bedika and Aishwar Gonela	Impacts Of The COVID-19 Pandemic On Women Migrant Workers
	llege for Women, Mehdipatnar	General Study on Lives of Women Migra orkers and their Issues in the Wake ndemic
scussion	1	

# TECHNICAL SESSION THREE (Day two 15th Oct, 2020)

**Chair:** Prof. Dr. N. Manimekalai , Dean, Faculty of Arts, Director and Head Department of Women Studies, Bharathidasan University.

Theme: Gender-Based Violence and Migration



Ms. Devyani Dixit, Hod of French Dept, coordinator of the technical session one welcomed the audience and welcomed the resource person with e- tree certificate. A Bountiful Tree was planted At Trees for Tigers, Sundarbans National Park, West Bengal, India in the name of Prof. Dr. N. Manimekalai.

Prof. Dr. N. Manimekalai. Has highlighted on forms of exploitation of migrant victims, abuse faced by the victims, abuse faced in sex work, abuse faced in domestic servitude, abuse faced in forced marriage, effects of violence.

There are seven paper presentations by prominent speakers on Gender-Based Violence and Migration.

Y TW	AY TWO	
IEME : GENDER-BASED VIOLENCE AND MIGRATION		
ne	Speakers	Торіс
11.05- 11.15	B. Nivetha, G. Ramya and G. Subalekha Ethiraj College For Women, Chennai	Women Migrant Worker And Social Exploitation In India
11.15- 11.25		The Untold Version of Women Migrants amidst Pandemic
11.25- 11.35	Ms. Sutapa Maji, Pursuing MA, Gender, Studies(Rgniyd), Tamil Nadu	Gender-Based-Violence on Migrated Rural Women For Education
11.35- 11.45	Ms. Aishwarya Gonela, MA, Student, Osmaniya Univ	Gender Based Violence And Migration

List of the speaker details given below:



11.45-	Imrana Begum,	The Wrong Migration: Violence
11.55	Research Scholar,Department Of Women's Studies, Gauhati University, Guwahati, Assam	Faced By Victims Of Trafficking
	Dr Kavitha G. N, Lecturer, Centre For	A study on the status of
12.05	Women's Studies, Jnanabharati Campus,	immigrant women living in
	Bangalore University, Bangalore	Bagalore city: especially in the context of covid 19
12.05-	D.Rithika, St .Ann's College For	Long Lived Shadows Of Truth
12.15	Women ,Medhipatnam , Hyderabad	About Women Migrant Workers
12.15-	Dr. Zaheda Begum Shaik, Assistant	The Rights And Contributions of
12.25	Professor, Department Of Political	Women Migrant Workers
	Science, Government Degree College	
	Hayathnagar RRDIST	
scussion	l	<u> </u>
25-1.00		

# TECHNICAL SESSION FOUR (Day two 15<sup>th</sup> Oct, 2020)

**Chair** : Dr. Danila Dora, Gonville and Caius College, University of Cambridge, UK **Theme**: Women, Migration and Development

eme: Women, Migration and Development

Time	Speakers	Торіс
1.05-	Ms. Mahitha Suresh, Assistant	Women Migrants and Development
1.15	Professor, School of Excellence In Law, Tamil Nadu Dr Ambedkar Law University. Mr. K. Palaniswamy	



1.15- 1.25	Dr Sangeeta Desai, Assistant Professor, Research Centre For Women's Studies, SNDT Women's University.	Childhood Far Away: Narratives of Daughters Of Migrant Workers From Maharashtra
1.25- 1.35	Faseela Fasi, Research Scholar, Department of Rural Development, Gandhigram Rural Institute. Gandhigram, Tamil Nadu	Women Workers and Migration in Pandemic Situation: A Review Paper
1.35- 1.45	<ol> <li>1.Dr. Sheeja Karalam, Ph.D, Associate Professor Of Social Work, CHRIST(Deemed To Be University), Bangalore.</li> <li>2. Amrutha Radhakrishnan, III Sem MSW Student, Anupa Raichel Mathew, III Sem MSW Student, Christ Univ</li> </ol>	"We Are with Them Always": Voluntary Organizations' Relief Measures for The Migrants During COVID 19 Pandemic Situation.
1.45- 1.55	Saboor Aafrin Rizwana, Ethiraj College for Women, Chennai	The Feminization of Migration – Issues And Challenges
1.55- 2.05	Mudunuri Navya, Research Assistant at Center for Human Security Studies	Gender Perspective in Understanding Migration of Women: Empowerment through Integration
2.05- 2.15	Ms. G. Mahati and Anjali, St Ann's College For Women, Mehdipatnam, Hyderabad	Migration Vs Education in The City of Pearls of India



2.15- 2.25	Ms. Rathnasree, Srilakshmi, Students, St Ann's College For Women, Mehdipatnam, Hyderabad	Plight Of Malaysian Women Migrant Workers Due to COVID 19
scussio	n	
25-3.00	)	

Ms. Indira Priyadarshini, Faculty of BBM, coordinator of technical session two has welcomed the resource person with e-tree certificate. A Bountiful Tree was planted at Trees for Sun Bear, West Siang, Arunachal Pradesh, India in the name of Dr. Danila Dora. Dr. Danila Dora has highlighted on promotion of integration of migration and development, specifically through an emphasis on the poverty-alleviating aspects of remittances and relationship between migration and development.

There are seven paper presentations by prominent speakers on Gender-Based Violence and Migration.

List of the speaker details given below:

# VALEDICTORY SESSION (Day two 15<sup>th</sup> Oct, 2020)

**Resource person: Dr. Rukmini Rao,** Feminist Activist, Founder Director, Gramya Resource Centre for Women

Ms. Popy Devi Nath, Organizing secretary has welcomed the resource person with e tree certificate; a bountiful plant was planted in the name of Dr. Rukmini Rao in Sun Bear, West Siang, Arunachal Pradesh, India.

Dr. Rukmini Rao has congratulated the paper presenters for their wonderful presentation. She has highlighted on migrant women issues, gender-specific restrictions in migration policies, sexual and economic exploitation with stricter movement measures.

All the four sessions were very informative and effectively presented by eminent speakers.

There is a lot of questions asked by participants in question answer session.

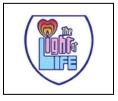


Ms. Popy Nath Devi, Director of Centre for Women's Studies presented vote of thanks. She thanked the resource person, paper presenters and participants for making the conference a huge success and enlightening the participants

The two-day programme ended with national anthem.

# **Recommendations/Action Points:**

- There is urgent need to find more employment opportunities for women and more interest free loans be provided to women to start micro enterprises along with skill training to be provided to women .
- A skill mapping of the migrant workforce should be undertaken at local selfgovernment institutions (LSGI) /district levels and social security schemes to be generated to rehabilitate them.
- More of community kitchens under the supervision of LSGI could provide more job opportunities for women in their villages or towns.
- Maternal and child protection frameworks along with food security measures through PDS are to be retained and made portable till conditions are back to normal as we cannot afford any single human being to suffer poverty.
- Vast majority of Indian women migrate as paid domestic and care workers. Setting up of more of day care centres for the young and the aged under governmental control (panchayat level) with at least one each in every panchayat is a means to generate more of employment opportunities along with utilising their skills for community development.



• The rural social protection schemes like MNREGA scheme could be enhanced and expanded to urban areas with more days of work and higher wages to the less skilled migrant workforce.

#### List of Resource Person

- 1. Prof. Kathy Matsui, Seisen University, Japan
- Prof. Vibhuthi Patel, Gender Economist & Women Rights Activist, Professor, School of Development Studies, TISS, Mumbai
- Prof. Rekha Pande, Director of SEED, Former Head & Director, Department of Women's Studies, History, Univ of Hyderabad
- 4. Prof. Dr. N. Manimekalai, Dean, Faculty of Arts, Director and Head Department of Women Studies, Bharathidasan University
- 5. Dr. Danila Dora, Gonville and Caius College, University of Cambridge, UK
- 6. Dr. Rukmini Rao, Feminist Activist, Founder Director, Gramya Resource Centre for Women

#### **List of Participants**

We have created a google form for registering the participants.

Google form link:

https://docs.google.com/spreadsheets/d/1bJAXcS67pufEGbPTE00g1SKVV21wTkezmZ ZMp42WUcM/edit?usp=sharing

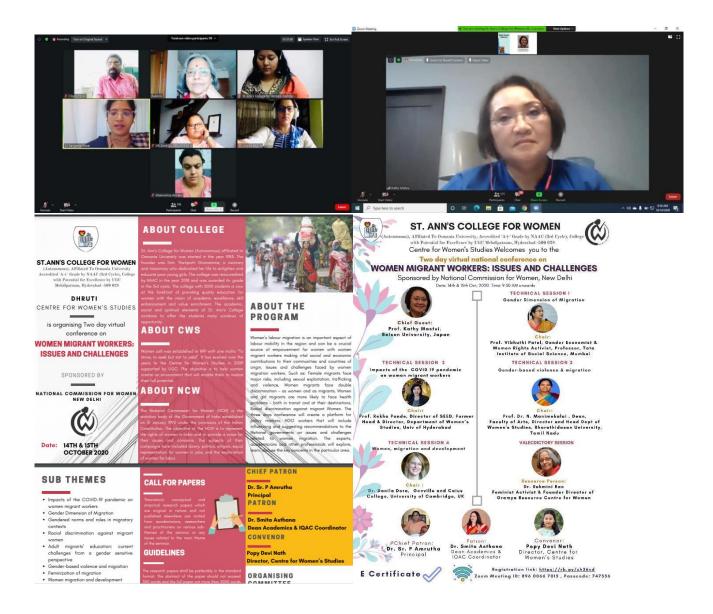
# Link of feedback google form:

https://docs.google.com/spreadsheets/d/17PXYOWmt8xny6h5mtr5IPn39TNc0gd9hN8uy tsgmLMU/edit?usp=sharing

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#### Online Session on Women Empowerment to School Students on 5th March, 2021

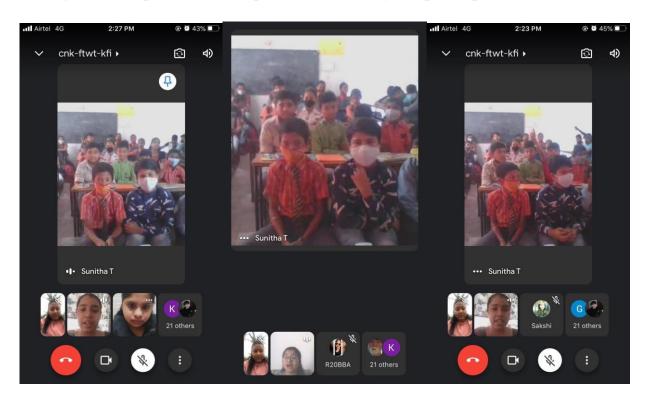
Ngo Management students has taken a session to St. Albert School students on Women Empowerment. How empowering women is the fundamental right of women. They highlighted the significance of gender equality and reflected on the following agenda:

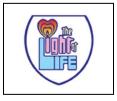
• Build confidence to express yourself



- Challenges the status quo
- She knows who she is
- Share life lessons and nurture authenticity
- Self-awareness
- She knows her worth

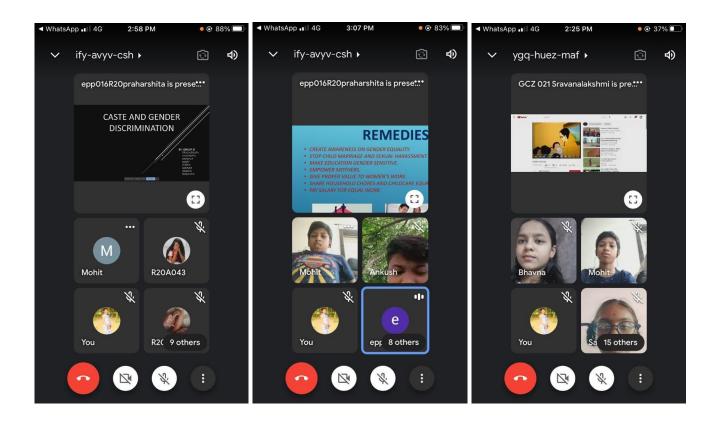
They narrated how women empowerment has changed the world and by combining the enduring power of women in communities all over the world, and the sustainability and strength. They have shown videos of powerfull and successful women and they have done group activity with school students. The session was very interesting. Later, Team of Ngo Management responded to the questions raised by the participants.





#### Online Session on Caste and Gender discrimination on 21st June, 2021.

Ngo Management students has taken an online session to St. Albert School Students in association with WeVolve, Hyderabad on Caste and Gender discrimination. Aim of this session is to sensitize the students and making them aware about issues relating to racism and caste discrimination. They have highlighted on how India has been subjected to caste discrimination and how the problems of castism have been an issue which leads to many crimes, discrimination, perils and violence in the society. And they have also highlighted on Gender discrimination, Son preferences and Dowry death. Team has shown few videos related to discrimination to the students.





#### **Online session on Unrealistic Beauty on 22 June, 2021**

Ngo Management students has taken an online session to St. Albert School Students in association with WeVolve, Hyderabad on Unrealistic Beauty Concept. They have highlighted on Beauty standards and gender roles, Unrealistic Beauty Standards Repressing Women, Social Pressure to be beautiful. Lastly, they discuss about social media filters. it is a stark reminder that as our notions of beauty continue to adulterate through the use of social platforms, it's imperative to not get carried away in the process of fidgeting with our online appearances, losing perspective of reality. It is important to pause and ask ourselves, who's version of 'perfection' are we striving for? And more importantly, does reality match that ideal? Session was very interesting and Later, Team of Ngo Management responded to the questions raised by the participants.





#### Online session on Women safety on 23th June, 2021

Ngo Management students has taken an online session to St. Albert School Students in association with WeVolve, Hyderabad on Women safety. Team has highlighted on Role of Women in the Family and Society, Violence against women in India, dowry harassment, laws against dowry, good touch and bad touch, self-defence strategies, safety measures for women.

A day was specially dedicated to safeguard and protect our teeny-weeny toddlers and give them the warmth of wellbeing through a deliberately planned programme on "Good touch and Bad touch". The children learnt to identify the "No touch" areas and understood that who are safe adults and whom to report when there is an alarming situation. This presentation helped our little ones to recognize, safeguard and protect themselves against such dangers from an early age. The moto of the session was to enlighten the children that their body belongs to them and they need to stay safe and secure.





#### **Financial Assistance:**

1. Centre for Women Studies received a financial grant of Rs. 50,000/- for organizing Two days E-Conference on Women Migrant Workers: Issues and Challenges from National Commission for Women, New Delhi.

#### Title of activity: Be the pride



Date of activity: March 8th 2021

Platform: Offline in the college premises

Duration of activity: 1 <sup>1</sup>/<sub>2</sub> hours

No of volunteers: 19

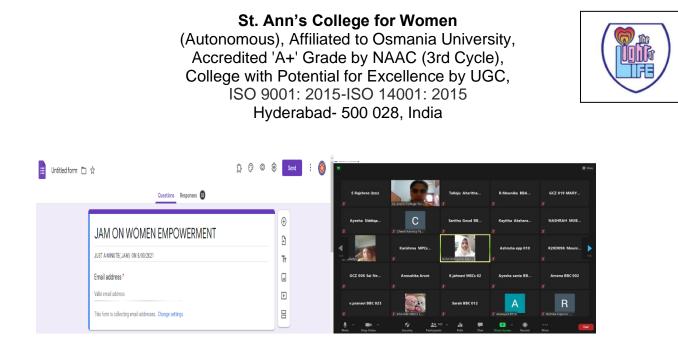
**Objective:** On the very beautiful day of Women's Day, Rotaract Club of St. Ann's had taken the opputunity in thanking their auxiliary staff for their undying love and loyalty in keeping the premises clean even during the pandemic, these are the strong women that keep us safe from the things prevailing outside.

Target audience: Auxiliary staff of college

**Report and outcome:** As a token of love from us, we sang and dedicated a beautiful song to our auxiliary staff members, at the same time, for their love and bravery, we gave unto them, beautiful jute bags, handmade toffies and brownies along with a certificate of appreciation for their undying efforts.



**Women's Day Celebrations:** On the occasion of Women's day an online a JAM (JUST A MINUTE) Session was conducted on 05/03 /2021 for all the NSS Volunteers of the college, there were 53 participants in total who registered via Google forms and it was held in all three languages i.e. English, Hindi, Telugu.



### Menstrual Health Hygiene on December 5<sup>th</sup>2020

On December 5<sup>th</sup>2020, a webinar was conducted on Menstrual Health and the various disorders associated with it by Miss K Naga Ankitha, a menstrual health, hygiene and rehab practitioner. She began her presentation by explaining the basic anatomy of how the women's reproductive organs work. After being briefed about menstrual health and hygiene, Miss Ankitha informed the students about the various diseases or disorders that could be cause due to various reasons and how to prevent/deal with each of them. The session was an interactive one, students eagerly listened and also put forward some queries relating to their own specific cases which was answered by Miss Ankitha. It was an enlightening webinar and it's safe to say that the students would be looking forward to more such sessions in the future.



# Anti-Ragging Programme on 10<sup>th</sup> March 2021

A skit representing the college's strict Anti-Ragging policy was performed by first, second and third year SQAC students. It was held on 10<sup>th</sup> March 2021. The skit was



directed by Nadia Baig (B. Com IFA). The skit helped the students to have a greater and better understanding about the strict anti- ragging policy in the college. The skit was performed in such a way that they showed the first years being ragged by the second-year students and finally the final year students came to the rescue of the new comers and defended them by stressing on the strict anti-ragging policy of the college and explained to them the unethical nature of ragging which is highly deplorable. The skit was highly appreciated and applauded by the students and lecturers as well.



Five Waves of Feminism on 16th march. 2021

Five Waves of feminism event took place in collaboration with WLF (Women Leaders Forum) of Gitam, Hyderabad. It was conducted in a presentation and speech form followed by audience interaction, question and answer and a quiz on Kahoot.

Each student speaker took time to explain different waves and important events that took place in those waves keeping in view the timeline throughout the historical years. The session was made much more interesting and understandable with the help of a collage presentation of pictures during different waves. The cumulative time the event occupied was 60 minutes. 40 minutes of presentation, 10 minutes of very participative and insightful audience interaction and 10 minutes of Quiz, the winners of the quiz were featured on Instagram page.

Following are Some of the Snippets from the event:

#### St. Ann's College for Women

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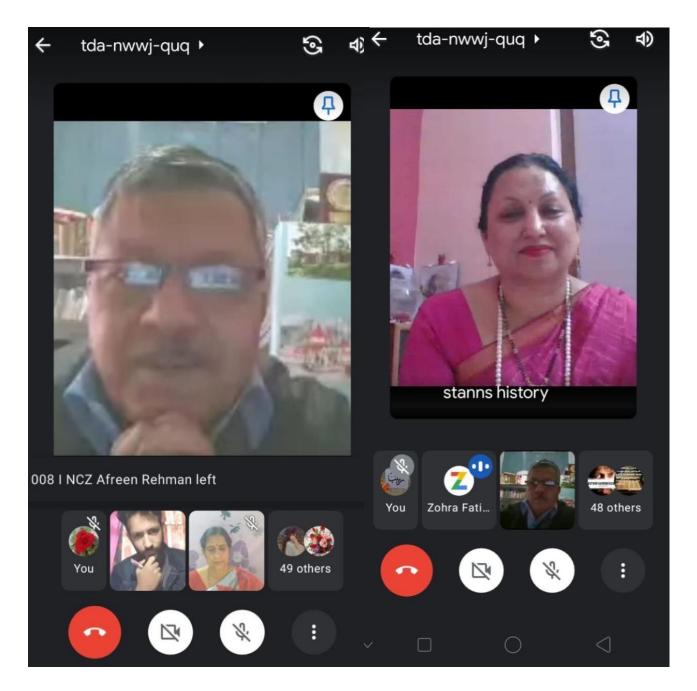
### Gen Women-A Success Story on 20th October,2020

A webinar was conducted on Entrepreneurship for this Gen Women-A Success Story by Startup Founder on 20th October,2020. The resource person was Ms. Praveena Thota, CEO, NVision Innovations, National Gen, Secretary & Chairperson, Telangana, CIMSME.

# National Webinar on Gandhi's Ideologies and the impact on women on 23rd April 2021.

A National Webinar on Gandhi's Ideologies and the impact on women was organised on 23rd April 2021. Professor Anil K Joshi, Department of History, SSJ University, Almora who was the guest speaker enlightened the participants about the role played by Mahatma Gandhi in Uttarakhand, his ideologies and his contribution towards women empowerment. He presented an eminent research and precise data on the topic. The talk was followed by a question-and-answer session where many students asked thought provoking questions.





A Virtual Workshop on Women Empowerment on 23rd December 2020 A Virtual Workshop on Women Empowerment was organised on 23rd December 2020 by Pol. Sci dept. Mr. Mohd Shafiuddin, Modicare Limited, area sales manager



of Telangana and Andhra Pradesh spoke on how women can be empowered and the various challenges. He encouraged the students to learn how to stand on their own feet rather than depending on others.



# Session on Biodegradable Sanitary Pads

Date : 26-03-2021

# Venue: St Ann's College Quadrangle

# Event: Awareness on Biodegradable Sanitary Pads/Menstrual Hygiene

Report:

According to the latest National Family and Health Survey 4 data, 58 percent of women in the age group of 15-24 years in India use a hygienic method to deal with menstruation. As per a 2011 market research survey , only 12 percent of India's women used sanitary napkins. Despite the low number, the implications in terms of menstrual waste management is crippling. These end up in landfills and ultimately in the hands of sanitation workers who face the risk of catching infections and other diseases from the exposure. Reusable and biodegradable pads offer a respite from this problem. But reusable pads come with their own issues.



As a part of creating awareness on Biodegradable sanitary pads Eco club on March26,2021, organised an awareness sesion on Menstrual Hygiene and waste management, disposal of sanitary pads, ecofriendly alternatives available to avoid plastic napkins hazards both to women using them and to the environment



Eco Club facilitates sale of Biodegradable Sanitary Pads to our students through our Health center and also during covid time, online purchase and availability details were shared with faculty and students.

**Distribution of Pamphlets on Biodegradable pads in all Departments** & Creating Awareness by Environment Education students and Eco club Volunteers on availability of biodegradable pads in our Health center and why all should swith over to these ecofriendly alternatives.





# An awareness programme on Menstrual Cups on 25th July, 2020

An awareness programme was conducted for BSc III (MPCs/MECs) year students on 'Menstrual Cups' on 25th July, 2020, to bring awareness on menstrual cups and hygiene among young girls and about the impact of sanitary pads on environment and how it can be minimized to a great extent with the use of menstrual cups.

### Awareness drives in the vital area of Mother-child care

The Nutrition Department was Certified by World Alliance for Breastfeeding Action (WABA) for organizing awareness drives in the vital area of Mother-child care.

#### St. Ann's College for Women

(Autonomous), Affiliated to Osmania University, Accredited 'A+' Grade by NAAC (3rd Cycle), College with Potential for Excellence by UGC, ISO 9001: 2015-ISO 14001: 2015 Hyderabad- 500 028, India



	MABA   WORLD BREASTFEEDING WEEK 2020	
	CERTIFICATE OF PARTICIPATION	
	This is to certify that	
	Department of Nutrition St. Ann's College for Women Hyderabad	
	has successfully celebrated	
	World Breastfeeding Week 2020	
	Atrial QueSchi Dr Amal Omer-Salim WABA Executive Director	
WABA	World Alliance for Broastfooding Action (WABA) is a global network of Individuals and organisations dedicated to the protection, promotion and support of breastfeeding worldwide based on the Innocent Declarations, the Ten Links for Nartuning the Future and the WHO/UNICEF Global Strategy for Infant and Young DillofFeeding WBAB is a nonsultwise status with UNICEF and an NGO in Special Convolution VSAtus with the Economic and Social Council of the United Nations (ECOSOC) WBAB continues that with UNICEF and an NGO in Special Convolution VSAtus with the Economic and Social Council of the United Nations (ECOSOC) WBAB continues that with UNICEF and an NGO in Special Convolution VSAtus with the Economic and Social Council of the United Nations (ECOSOC) WBAB continues the annual World Breastfeeding Week campaign. WBAB, NO Box 1200 10800 Penang, Malaysia   Tel.60-465848H6   Fax: 60-46522652   Email: wbw@waba.org.my   Web: www.waba.org.my.	

Project on "Human Trafficking: A Barrier to Protection of Human Rights



Ms. Bastobee Borsaikia, BA, III selected for NHRC Short Internship and did a Project on "Human Trafficking: A Barrier to Protection of Human Rights. She won Internship Prize money and Project Prize money (Nov 2021)