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# 7.1.1 Supporting Document

# **Gender Equity and Sensitization Activity**

### **Activities 2019-2020**

Two days training programme on Comprehensive Sexuality Education (CSE) for Youth with Disabilities and Non-disabilities" on 29th and 30th August, 2019 Participants: 14 Undergraduate Students from Arts, Commerce and Science. 5 Participants are disabled and 9 are non disable and they are also from different states studying in St. Ann's College. Conference room, Centre for Women's Studies, St. Ann's College for Women, Mehdipatnam, Hyderabad on 29th August, 2019. Comprehensive sexuality education training to young people to protect their health, And these programmes are based on human rights well-being and dignity. principles; they advance gender equality and the rights and empowerment of young people. CSE training to empower young people to make informed decisions about relationships and sexuality and navigate a world where gender-based violence, gender inequality, early and unintended pregnancies, HIV and other sexually transmitted infections (STIs) still pose serious risks to their health and well-being. Equally, a lack of high-quality and developmentally-appropriate sexuality and relationship education may leave children and young people vulnerable to harmful sexual behaviors and sexual exploitation.

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Attended one day international workshop on Growth Strategies for Girls and Women in Centre for Women's Studies, University of Hyderabad on  $20^{\rm th}$  September, 2019

The Centre for Women's Studies, School of Social Sciences, University of Hyderabad organised a half-day workshop on, 20th September, 2019, on the theme "Growth Strategies of Girls & Women". The session started with the welcome address by Dr Rekha Pande, Director of Centre for Women's Studies, who formally welcomed the speaker Mr. Raj Tedla, the Executive Director of the VRT Management Group, USA highlighted on issues faced by many women in the current

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scenario such as little focus on women and girls' education and undervaluation of the labour of women.



# Field trip to Centre for Gender Studies and Development, The National Institute of Rural Development and Panchayati Raj (NIRD&PR), Hyderbad on 4<sup>th</sup> Dec. 2019

An Educational field trip to National Institute of Rural Development an autonomous organization under the Union Ministry of Rural Development, is a premier national centre of excellence in rural development and Panchayati Raj. It was organized by Centre for Women's Studies and Political Science Department of 31 numbers of students along with two faculty members in order to give them a practical experience. Visited Centre for Gender Studies and Development followed by a Gender Sensitization talk by Dr N V Madhuri, Associate Professor & Head and Dr Ruchira Bhattacharya, Assistant Professor.

Students really enjoyed watching the different processes and they made a note of each to share the knowledge with their friends.

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# Guest Lecture on "Women's Rights as Human Rights" on 11th December, 2019

Department of Political Science & Centre for Women Studies organized a Guest Lecture on the topic "Women's Rights as Human Rights" on 11<sup>th</sup> December, 2019. Dr P.Venkatramana, an Associate Professor of GDC, Kukatpally was the speaker. He highlighted on the various generation of Human Rights and the need to educate people about their rights.



Legal Awareness Programme on Criminal and Civil Law and Women and Reproductive Health Rights on 7<sup>th</sup> March, 2020 to commemorate International Women's Day sponsored by National Commission for Women, New Delhi.

Venue- St. Joseph Auditorium, A.V Room, St. Ann's College for Women

Participants: 378 Students, Staff, NGO Workers, GHMC workers

Centre for Women's Studies – Dhruti, St. Ann's College for Women, Mehdipatnam, Hyderabad organized Legal Awareness Programme on Criminal and Civil Law and Women and Reproductive Health Rights on 7<sup>th</sup> March, 2020 to commemorate

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International Women's Day sponsored by National Commission for Women, New Delhi.

## Inauguration

The programme began with a prayer and lightening of lamp by delegates. Dr. P. Amrutha, Principal, St. Ann's College for Women, Mehdipatnam, Hyderanbad welcomed everyone on the occasion of International Women Day. Prof V. Balakrishana Reddy, Registrar, NALSAR University of Law was the key note speaker. Prof V. Balakrishna Reddy addressed the gathering on the importance of Women's Rights, Human Rights and Universal Declaration on Human Rights .The Guest of Honour Prof Sarfaraz Ahmed Khan, Director, Symbiosis Law School, Hyderabad enlightened on Constitutional provisions in India and the obstructions in the delivery of justice.

The Preamble of the Shreyasi Award was administered by Dr. Smita Asthana, IQAC coordinator. Women achievers Prof Shantha Sinha, Former Chairperson of National Commission for Protection of Child Rights (NCPCR), Government of India, Founder Secretary Trustee of Mamidipudi Venkatarangaiya Foundation, Professor of Political Science and Captain Syeda Salva Fatima, First Lady Muslim Pilot, Old City, an alumnus from St Ann's College for Women were felicitated with Shreyasi Awards by Dhruthi Centre.

The Shreyasi Award winner Prof. Shantha Sinha motivated the audience to empower themselves by recognizing their identities. Captain Syeda Salva Fatima shared the struggles to pursue her ambition and realization of her dreams. Financial constraints

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didn't deter her from seeking a rare profession. Centre for Women Studies Director, Popy Devi Nath, Convener and Organizing Secretary presented Vote of Thanks.





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# **Plenary Session**

Venue: A.V Room

Participants: Greater Hyderabad Municipal Corporation's Workers, students'

parents

Medium: Telugu

Plenary Session saw the participation of Greater Hyderabad Municipal Corporation workers on the theme Women and Reproductive Health Rights. Advocate Vijetha Borukati, High Court, Hyderabad gave awareness on legal provisions, child care, Abortion and termination of reproductive pregnancy, Female Infanticide and Foeticide.

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Inspector Madhavi Latha, Women Police Station, Hyderabad spoke on sensitive issues related to rape cases and the legal action.

Mrs. R.Bhramara Sree, Head Dept of Political Science, St. Ann's College for Women proposed the vote of thanks for the session.

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**Panel Discussion** 

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A Panel Discussion on the topic "Women Civil and Criminal Law" was conducted. Panellist Advocate Vijaya Devi Mamidi, High Court, Hyderabad, Prof Aparna Rayaporl, Dept of Sociology, University of Hyderabad, Telangana and Prof. Shahida, Head, Dept of Women Education, Maulana Azad National Urdu University, Hyderabad, India interacted with the participants. Several queries were posed to the Panellists. Three panellists were highlighted on civil and criminal law on marriage, divorce, property distribution, domestic violence, Rape and sexual assault, Dowry death, Acid Attack. This has led to the creation of various laws, legislations and mechanisms to protect women and girls. But these crimes still persist unabatedly, indicating abysmal failure of the security and justice provisions. It was interactive session where many question was asked by participants to the panellist.

This has led to the creation of various laws, legislations and mechanisms to protect women and girls. But these crimes still persist unabatedly, indicating abysmal failure of the security and justice provisions.

Ms. Vijaya Shree, Students, St. Ann's College proposed the vote of thanks. The event concluded with the National Anthem.



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# **Poster Competition**

Poster Competition was held in the Quadrangle on Women Rights coordinated by Ms. Lungmila Longvah & Mr. Urooja, Faculty of St. Ann's College.

Topic for poster competition:

- 1. Each for Equal
- 2. I am generation equality: realizing women's rights
- 3. Violence against women

Judged by Prof. Shahida, Head, Dept of Women Education, Maulana Azad National Urdu University, Hyderabad, India

### Winners

1. 1<sup>st</sup> prize: Juveria Taqveen (Kasturba Gandhi College for Women, Hyderabad)

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- 2. 2<sup>nd</sup> Prize: Sadaf Sulaiman Khan (S.N Vanita College, Hyderabad)
- 3. 3<sup>rd</sup> Prize: Ms. Sarvani (St. Ann's College for Women, Hyderabad)





College auxiliary staff

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# **GHMC** workers



**List of Resource Person** 

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- 1. Prof. V. Balakistha Reddy, Registrar, NALSAR University of Law, Hyderabad
- 2. Prof. (Dr.) Sarfaraz Ahmed Khan, Director, Symbiosis Law School, Hyderabad
- 3. Prof. Shantha Sinha, Former Chairperson National Commission for Protection of Child Rights (NCPCR), Govt.of India. Founder Secretary Trustee of Mamidipudi Venkatarangaiya Foundation
- 4. Captain Syeda Salva Fatima, First Lady Muslim Pilot, Old City, Hyderabad
- 5. Dr. Sr. P. Amrutha, Principal, St. Ann's College for Women, Mehdipatnam, Hyderabad
- 6. Dr. Smita Asthana, Dean, IQAC Codinator, St. Ann's College for Women
- 7. Advocate Vijetha Borukati, High Court Hyderabad
- 8. Inspector Madhavi Latha, Women Police Station, Hyderabad
- 9. Advocate Vijaya Devi Mamidi, High Court Hyderabad
- 10.Prof. Aparna Rayaprol, Department of Sociology, University of Hyderbad, Telangana
- 11.Prof. Shahida, Head, Department of Women Education, Maulana Azad National Urdu University, Hyderabad, India

# Visit to Guild of Service Seva Samajam Balika Nilayam on 20 February, 2020

# Objective:

The main purpose of the visit is to understand the how NGOs work from the time they make an initiative till the challenges they face and finally achieve their main goal.

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**Interaction:** Ms. Sreelekha, Secretary, Guild of Service Seva Samajam Balika Nilayam

# Description:

- The orphanage provides homage for the girl children who are homeless, with single parent and whose parents are differentlyabled or cannot afford their education. They educate them and give them confidence to become independent in life.
- The orphanage started with 3 children and currently has 64 members apart from the ones who achieved jobs and got married.
- •Ms. Sreelekha explained us how they started the orphanage as a Ngo and how they are managing till date.
- The orphanage used to give children for Indian and international adaption until children adoption is banned from NGO's in Andhra Pradesh.
- Students went on around the orphanage and saw everything was well organized. **Experience:** The most amazing part of the orphanage is that all the girls are very supportive and helpful to each other. They are really organized and very obedient.





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Department of MBA A workshop on "Cybercrime Protection and Awareness" by Sri. B Mohan Rao, Advocate, for the second year students on 21st August, 2019 wasorganinsed by the Department.

**Objective**: To spread awareness about the cyber crimes and their safety measures.

Cyber crime is a dangerous crime involving computers or digital devices, in which a computer can be either a target of the crime, a tool of the crime or contain evidence of the crime. Cyber crime basically defined as any criminal activity that occurs over the Internet. There are many examples such as fraud, malware such as viruses, identity theft and cyber stalking. In present environment, since most information processing depends on the use of information technology, the control, prevention and investigation of cyber activities is vital.

Today, criminals that indulge in cyber crimes are not motivated by ego or expertise. Instead, they want to use their knowledge to gain profits promptly. They are using their capability to snip, deceive and exploit people as they find it easy to generate money without having to do an honest work. Cyber crimes have become major threat today.

There are 3 kind of people who succumb to crime: **Adolescence**, **Women**, **Senior citizen**.

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Cyber crimes are broadly categorized into many groups such as:

### **ATM Frauds**:

**Storage of PIN**: People save common possibility of PIN combinations or save in in phone notes or write it on Debit/credit cards which is easy to predict and hack.

**Precaution**: Use strong PIN, Save only first two digits in case its tough to remember the PIN. Always link mobile number to bank account to receive transaction details.

**Skimmer**: A skimmer is a card reader that can be disguised to look like part of an ATM. The skimmer attachment collects card numbers and PIN codes, which are then replicated into counterfeit cards.

**Precaution**: Don't use open ended and isolated ATM's.

**Cloning of Cards**: Copying information at a credit card terminal using an electronic device or software, then transferring the information from the stolen card to a new card or to rewrite an existing card with the information.

**Precaution**: Always be attentive while you are swiping the card at public places like Petrol pump, malls etc.

Credit card Frauds: Credit card fraud involves Credit card Fraud, Forgery, Theft. Keep Your Credit Cards Safe, Shred Anything with Your Credit Card Number on It, Don't Sign Blank Credit Card Receipts, Avoid Giving out Your Credit Card Information, Be Safe with Your Credit Card Online, Report Lost or Stolen Credit Cards Immediately, Review Your Billing Statements Each Month, Make Strong Passwords and Keep Them Safe.

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Mobile Frauds: Using means of mobile in wrong way. To avoid mobile frauds one should make sure they don't save any personal pictures and videos in the phone. Avoid keeping self pictures as Display pictures. Be careful with IMEI numbers or software while you give your phone for repair. Always get it repaired in front of you. Do not use public WiFi's, Bluetooth with strangers. Wear appropriate dresses while in public areas to not be a victim of Mobile stalking. Avoid buying SIM at umbrella stalls.

Email Frauds: If you think an email might be fraudulent, delete it - don't open it, don't reply to it and don't click on any attachments. Beware of emails that are not personalized. Many phishing emails will start with 'Dear Sir/Madam', because the spammers are sending them out to millions of people. Authentic messages, such as those from your bank, will most often address you by name. Don't use a link within an email to connect to a site unless you're absolutely certain who it's from. These links can lead to phishing websites which look very similar to the real thing. It's better to open a new window and type the URL in directly. Similarly, never enter your data in a log in box that is embedded in an email.

**Social Media Cases**: A lot of people use social media sites such as Facebook, LinkedIn, Twitter, Google+, and Instagram, to stay in touch with family and friends, meet new people, and interact with businesses like their bank. However, identity thieves can use social media sites in hopes of learning enough information about individuals to be able to figure out passwords, access financial accounts, or commit identity theft.

**Precautions**: If you have social media apps on your phone, be sure to password protect your device. Be selective with friend requests. If you don't know the person, don't accept their request. It could be a fake account. Be careful about what you

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share. Don't reveal sensitive personal information like home address, financial information, phone number. The more you post the easier it is to have your identity stolen. Protect your computer by installing antivirus software to safeguard. Also ensure that your browser, operating system, and software are kept up to date. Remember to log off when you're done.

Government also plays a major role and efforts in women's safety. "HAWK EYE", is an application, A Major area of concern is woman's safety during travel, especially for working women. This Feature helps in ensuring woman's safety while on travel. Whenever a woman board any type of conveyance viz., Taxi, Cab, Auto, Bus, train or any other vehicle, just click the photograph or video of vehicle before boarding, note down vehicle no., place of boarding and send it online to police and they will keep a track of it.

This workshop has helped us learn how to safe guard and secure one's identity. Practice safe strategies to protect oneself.

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# "Startups-Women Entrepreneurs, Innovations and Challenges" by Ms. Vishala Reddy, Identity Co for BBA Ist yr on 27th Aug 2019 organised by BBA Department

Mrs.Vishala, Destination Marketing Consultant & campaigner, founder director – Identity has given a deep insight of Starting up an own enterprise and also shared her personal Hardships and challenges she faced in her life. She has addressed students about the opportunities in the business world. Informed students about the internships provided at her organization "IDENTCITY".

### Glimpse:

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Empowering Women through entrepreneurship- Training Session - A training session was organized on "SMART Women - Empowerment of Women" in association with Bharatiya Jain Sanghatan (BJS) on 9th& 10th January, 2020

A two days workshop on SMART Girl programme in collaboration with BJS (Bharatiya Jain sanghatan) Organization was organized by department of business management for the student of BBA first year. On 9<sup>th</sup> and10<sup>th</sup>January 2020 at St. Ann's college for women. Mr. Deepak Jain was the convener of this workshop. The main objective of this workshop is to make students analyze themselves and to know themselves, to analyze their strength, weakness and to overcome their weaknesses, to improve their skills.

# Workshop contents -

- 1. Self awareness
- 2. Communication and relationships
- 3. Self esteem and self defense
- 4. Choices and decisions
- 5. Friendship and temptations
- 6. Dialogue with parents

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### Day - 1

### **Session - 1 Self awareness**

The workshop started off with the prayer and introduction of Mr. Deepak jain, introduction of students. He started session with self awareness and he emphasized on analyzing oneself. He also spoke about how we should analyze ourselves, strength and weaknesses. He also advised that we must believe and trust ourselves. In this session students were asked to perform some activities through which we learnt that we must believe, trust in ourselves and be self-confident. He also said that we must spend at least5-10 minutes talking to ourselves daily without any electronic devices. Hence the conclusion of this session is "knowing oneself is empowering oneself".

### Post – lunch Session – 2 communication and relationship

This session was started by the introduction and meaning of communication and types of communication: verbal communication and non-verbal communication. Through this session we came to know that communication plays an important role in our lives. To avoid miscommunication with the people we need to be honest. So, that there will not be any misunderstanding/miscommunication among us [parents, teachers, friends and so on]. In this session students were formed into groups and given some situation to demonstrate the situations and give their opinions through this session became more interactive. Motto of this session is "healthy communication – healthy relationships".

# Day - 2

### Session – 3 Self –esteem and Self- defense

Mr. Deepak Jain started off this session with meaning of self-esteem and self-defense. He emphasized on how we are not aware of strength and weakness and we tend to ignore them by comparing ourselveswith others, taking negative feedback negatively, and settingunachievable goals and so on. In this session we came across "ACE rule" – appreciate, criticize, encourage with the use of this rule we can encourage others. Through this session we learnt that we must trust ourselves and try to overcome our fear/weaknesses. He even pointed out that we

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must be able to protect ourselves by overcoming our fears. We must be strong enough to defend ourselves. The conclusion of this session is "my strength is my power" and "be fearless and be safe".

### Session – 4 choices and decisions

This session was started with the introduction and meaning to choices and decisions. In this session we came to know that if we are given the freedom to make choices and decisions how often we make the wrong choice/decisions. And how we are confused. Through this session we learn how to handle/respond to any situation. And also how we can avoid taking wrong decisions by taking advice from our parents or mentors. Therefore we can conclude that "more freedom – more responsibility".

### Post – lunch session – 5 friendship and temptations

This session started with the meaning of friendship and temptations. In this sessionstudents were more active has this topic plays an important role in their lives. Students were asked some questions such as how many friends do they have? How many types of friendships are there? Students were given some situations and were asked to demonstrate their opinions which made this session more interactive. Therefore we can conclude that "we must be happy and strong".

# **Session – 6 Dialogue with parents**

In this session Mr. Deepak Jain interacted with the parents of participants/students. He council the parents about their children how they can treat them and they can explain them to utilize the opportunities given to them. In this session parents were interactive and shared their opinions. The feedback of parents was to believe and trust their child and give freedom to make decisions with the help of parents. And as for their children they must be honest with their parents and take their advice if they are confused about anything.

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### Valediction

The two day workshop was concluded with the valedictory function it was started with the prayer song. Dr. Sr. P. Amruthaprincipal of college was welcomed. The feedback was given by the students and parents.

In the valedictory session Dr. Amrutha principal gave concluding remarks about the session and also appreciated the department of business management for organizing this workshop. Then the felicitation of the guests was done by the principal and the members of BJS organization felicitated the principal of college as a gratitude for collaboration with them. The valedictory session was closed by vote of thanks by Mrs. Sujatha HOD of department of business management.



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# "Menstrual Waste Management"

Department of Biochemistry organized an awareness Campaign on "Menstrual Waste Management" in the College Campus. The Target Groups for the awareness are the Students of Eco-club and NGO Management on 7 August 2019 and NSS Students on 5 September 2019. Similar campaign was also organised in a Government school in Mehdipatnam. The campaign deals with creating awareness on Menstrual Hygiene practices through charts, posters, pamphlets made by the volunteers. Videos were also screened .The main focus of this awareness is to make aware the girl students about the eco- friendly alternatives available which can be practiced to prevent or avoid environmental pollution caused by the menstrual waste.

# Personal hygeine-"Menstrual Hygeine

Department of Biotechnology Students of final and second year BBC participated in Seminar talks on Personal hygeine-"Menstrual Hygeine" disorders and prevention to Grade VIII and IX of Little Paradise School, Golconda, Hyderabad on 16th December, 2019.

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World breast feeding week: As part of world breast feeding week during 1-7th aug 2019, the pregnant and lactating mothers in the month of august at various locations in hyderabad like maternity hospitals, anganwadi centres and women organizations.final year students conducted 13 awareness programmmes on "importance of breastfeeding".





Awareness on the Importance of Breast feeding

**TV5 - An Awareness program:** The students participated in the awareness program which was conducted by the Department of Political Science in collaboration with TV5 in connection with the Disha rape and murder incident which happened in Hyderabad. Outcome: This program made the students think of what iniative an individual and the Police should take and steps to prevent such incidents in future.

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Outcome: This program made the students think of what initiative an individual and the Police should take and steps to prevent such incidents in future.

# **Menstrual Hygiene Management**

The Department of Statistics organized a training session on Menstrual Hygiene Management (MHM) program by YFS & SUVIDHA initiative of Mamatha Trust - Infosys on 25th January 2020 at Seminar Hall II(A.V.Room). Selected students (40) were trained to create this awareness among young girls reaching/just reached the puberty in government schools.

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3 cadets attended the Reducation 2020 – **training session on menstruation** on 16<sup>th</sup> February 2020 at Institute of Hotel Management, Vidyanagar, Hyd. The NCC cadets were invited to the session which aimed at mainly breaking the stigma around menstruation and women empowerment.

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## **International Women's Day Celebrations**

On the occasion of International Women's Day Celebrations, Saarc Nations International Human Rights Association, Savitri Bhai Phule Women's Association has honoured women achievers from different categories with shawl and awarded certificates on 7<sup>th</sup> march 2020 at Bhasheerbagh Press Club.

State President of this association Smt. Bellam Madhavi, Ex chairman of state BC commission Sri.B.C.Ramulu, Social worker Smt.C.H.Rekha Rao, GHMC Co-option member Smt.G.Jyoti, Karuna Welfare society representative Dr.Veena Saraswati and a well noted business woman Smt.Dasari Aruna have participated in this program.

8 Cadets from our College have participated in the celebration and have also received certificates from the organizers.



Nutrition Month-Poshan Abhiyan -jan Andolan-20/09/2019

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## Anti-ragging programme: 24th June 2019

The students were addressed by our principal in the ethics and behaviour to be followed by students and stressed the importance of being kind and helpful to each other. The SQAC team, in order to welcome the new batch of students i.e. batch of 2019-22 and to make their first day in college comfortable; organized an Anti Ragging Skit. The skit was performed with an aim to help the new students learn about ragging as a practice being discouraged and banned in the college. The skit also helped the students know that they could approach the relevant authorities or the SQAC members if they find anybody indulging in it.

# Legal awareness camp on Anti-ragging: 23rd July 2019

Mrs. Swathi Reddy, Senior Civil Judge and Secretary Metropolitan Legal Services Authority, Hyderabad addressed the students in various acts that deal with ragging in the Indian Penal Code. She also spoke about the issues regarding overusage of phones in this generation, the basic preventive measures to be taken in order to be safe and remain protected from various crimes. The students were enlightened on the procedures to report ragging and ways to tackle bullying and ragging. Educational videos were also displayed regarding the harmful effects of ragging. The students response was encouraging.

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9001. 2015-150 14001. 20 Hyderabad- 500 028, India



Cyber Security Awareness: 25th September 2019

An awareness program for cyber security was conducted by the SQAC by inviting Mr. Rakshith Tandon and the SHE team of Hyderabad Police Department. Mr. Rakshith Tandon is highly respected as a cyber-security expert and has been a part of TEDx talks.

Mr. Tandon covered different means of cyber manipulation and how social media can be tampered to one's own advantage. He explained how casual handling of personal details can cost a person's privacy and their life. The programme was more of an interactive session rather than a seminar, as Mr. Tandon used humor, visual representation and interactions with the students throughout the session. This approach encouraged the students to cooperate and understand the issue in depth. Few students participated in an internship programme organized by Mr. Tandon and his organisation.

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