

# St. Ann's College for Women

(Autonomous)

(Affiliated to Osmania University)

Accredited by NAAC with 'A+' Grade  
College with Potential for Excellence by UGC

Mehdipatnam, Hyderabad- 500028

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Centre for Women's Studies (UGC)

Annual Report- 2019-2020

## **CHAPTER 1**

### **General Information & Objectives**

#### **1.1 General Information:**

**1.1.1 University:** Osmania University

**1.1.2 Centre:** Centre for Women Studies, St. Ann's College for Women, NAAC Re-accredited 'A' Grade and College with Potential for Excellence by UGC, Mehdipatnam, Hyderabad

**1.1.3 Date of establishment:** 13/7/2009

**1.1.4 Phase assigned:** 1<sup>st</sup> Phase

**1.1.5: Name of Director:** Popy Devi Nath

#### **1.2 Motto, Vision, Mission and Objectives:**

##### **Motto**

**"To strive, to seek, to find, and not to yield"**

**Vision:** Empowering individuals and society through a gender-inclusive lens, creating an equitable society where women's experiences and contributions are valued.

**Mission:** To advance understanding of gender dynamics through education, research, and advocacy, driving positive societal transformation and empowering individuals of all genders.

##### **Objectives:**

- **Education:** Offer comprehensive academic programs on gender-related topics.
- **Research:** Conduct innovative research to address gender inequalities.
- **Advocacy:** Champion policies promoting women's rights and gender equality.
- **Empowerment:** Provide resources for personal and professional growth.
- **Collaboration:** Forge partnerships for interdisciplinary and intersectional work.
- **Awareness:** Challenge norms, raising awareness and celebrating diverse gender experiences.

## CHAPTER 2

### Activities

**1. A two-day NAAC sponsored National Seminar on 'Role of NAAC Accreditation in Developing Innovative Curriculum Design for Sustenance of Quality in Higher Education' was held on 28th and 29th June 2019 at St. Francis College for Women- Hyderabad.**

A two-day NAAC sponsored National Seminar on 'Role of NAAC Accreditation in Developing Innovative Curriculum Design for Sustenance of Quality in Higher Education' was held on 28th and 29th June 2019 at St. Francis College for Women- Hyderabad. The key note speaker at the seminar was Professor Appa Rao Vice chancellor University of Hyderabad and the Guest of Honour was Dr. Ganesh Hegde, Deputy Advisor NAAC Bengaluru. Ms. Aperia, Lecturer of Dept of Computer Science and Ms. Popy, Director of Centre for Women's Studies from St. Ann's College for Women, Hyderabad had attended the seminar in St. Francis College for Women, Hyderabad.

Guest of Honour Dr. Genesh Hedge started the session by appreciating women power true light of multiple opportunities providing by the Govt. exclusively for the education sector and how it can be tackled.

Prof. Appa Rao, Vice chancellor University of Hyderabad gave key note address emphasizing on the quality in higher education. After giving the overview of Indian Education System he covered the insight the new education policy recommendation by Kasturi Rangan Committee and Govt. proposals by six months teacher induction programme. He was giving opinion autonomy at the teachers level would be more beneficial to the students community. Distinction of NAAC accreditation and ranking were defined by him.

It was followed by Dr. Genesh. He explained the process of submitting data for all the criteria and emphasizing the documenting the evidence. Each criterion's evaluation on the scale of 0 to 4 and the final drafting also elaborate. The session was very informative.

Technical Session 1: Role of Accreditation in quality sustenance of Higher Education Institutions.

Dr.subhashini Muthukrishnan - Head & Dean of Social Sciences, IQAC- coordinator (retd) St. Josephs College Bengaluru focus on quality academics, accreditation benefit, as NAAC parameters of quality. Speaker included advantage of autonomy, setting question papers, evaluation methods. She also explains the importance of collaboration. Being a former IQAC Coordinator emphasize the importance of documentation (DQAR) for quality assurance.

Technical Session 2: Building innovative and sustainable models in curriculum design was grace by Mr. Anubhav Tiwari- Head CIE, IIIT, Hyderabad. He focused on building innovative module in curriculum design. He stated that the curriculum should gain to catch up with latest marker trends.

Day 2

Technical Session 3: Innovative curriculam design

Mr. Lalitha Kishore - CEO Reprocell India, Mr. Jagan Mantha Behaviour specialist and Communication skills Trainer had stated that thought process should be instill to the students to enhance the innovative skills.

Technical session 4: Relevance of Online courses and ICT enabled learning in innovative curriculum design.

Mr. Jagan Mantha Behaviour specialist and Communication skills Trainer focused on the class room with the help of technologies. He was emphasizing the use of ICT so that students develop the creative and innovative learning experience.

Technical session 5: Taking forward the curriculum design as a means of sustaining quality

Dr. Joseph Christadoss - HoD Mass communication, social sciences & life skills- St. Mary's College Yosufguda emphasized peer consultation, student's participation and explains that NAAC generated Slogan

“Nothing for us without us”. His session was very informative and interactive.

Seminar also had nine paper presentations. Over 150 delegates and participants attended the seminar and many presented papers on the theme of seminar as well. Overall it was a very informative, learning and relearning session, well received by one and all. Ms. Vijayalakshmi from St. Francis College for Women and Dr.Varaprasad kolla from ITM University Raipur Women won the first prize for paper presentation.



**2. Guest lecture by Rhythm Pandey, Program Director of Strategic Alliance Food 4 Thought Foundation, Hyderabad on Joy of reading**



**3. Attended Two days training on Comprehensive Sexuality Education (CSE) for Youth with Disabilities and Non-disabilities” in Feminist Approach to Technology, New Delhi on 29<sup>th</sup> and 30<sup>th</sup> August, 2019**

Ms. Popy Devi Nath, Director, Centre for Women’s Studies St. Ann’s College for Women Mehdiapatnam, Hyderabad, has completed a 3 days TOT training followed by 15 days assignment with Feminist Approach to Technology (FAT) to support us in developing a facilitators’ manual for Comprehensive Sexuality Education of Youth with Locomotor Disabilities.

Feminist Approach to Technology, a Delhi based organization, has undertaken a project to develop a toolkit for Comprehensive Sexuality Education to Youth with Locomotor Disability which includes a facilitator’s guide to be used by special educators along with tools that can be used by Youth with Locomotor Disabilities. The tools developed as a part of the toolkit is “A Facilitators’ Manual - Discussing CSE with Youth with Locomotor Disabilities” to be used by special educators, trainers, teachers and health professionals to impart Comprehensive Sexuality Education to Youth with Locomotor Disabilities. The guide has participatory exercises and sessions, which are user friendly and adaptive.



#### **4. Guest Lecture on Social Responsibility by Ms. Jai Bharati, an architect, a woman biker and Director of MOWO organization**

Guest Lecture by Ms. Jai Bharati by the incredible Jai Bharati, an architect and a woman biker. Jai Bharati highlighted that it is important to have a passion and perseverance. One should be determined and dedicated towards their goal and always carry a disciplined attitude. Courage and commitment were required as strong foundations as she herself is a motivational speaker who has encouraged her audience to work hard and support their peers along their journey.



#### **5. Two days training programme on Comprehensive Sexuality Education (CSE) for Youth with Disabilities and Non-disabilities” on 29<sup>th</sup> and 30<sup>th</sup> August, 2019**

Participants: 14 Under Graduate Students from Arts, Commerce and Science. 5 Participants are disabled and 9 are non disabled and they are also from different states studying in St. Ann’s College. Conference room, Centre for Women’s Studies, St. Ann’s College for Women, Mehdiapatnam, Hyderabad on 29<sup>th</sup> August, 2019. Comprehensive sexuality education training to young people to protect their health, well-being and dignity. And these programmes are based on human rights principles; they advance gender equality and the rights and empowerment of young people. CSE training to empower young people to make informed decisions about relationships and sexuality and navigate a world where gender-based violence, gender inequality, early and unintended pregnancies, HIV and other sexually transmitted infections (STIs) still pose serious risks to their health and well-being. Equally, a lack of high-quality and developmentally-appropriate sexuality and relationship education may leave children and young people vulnerable to harmful sexual behaviors and sexual exploitation.



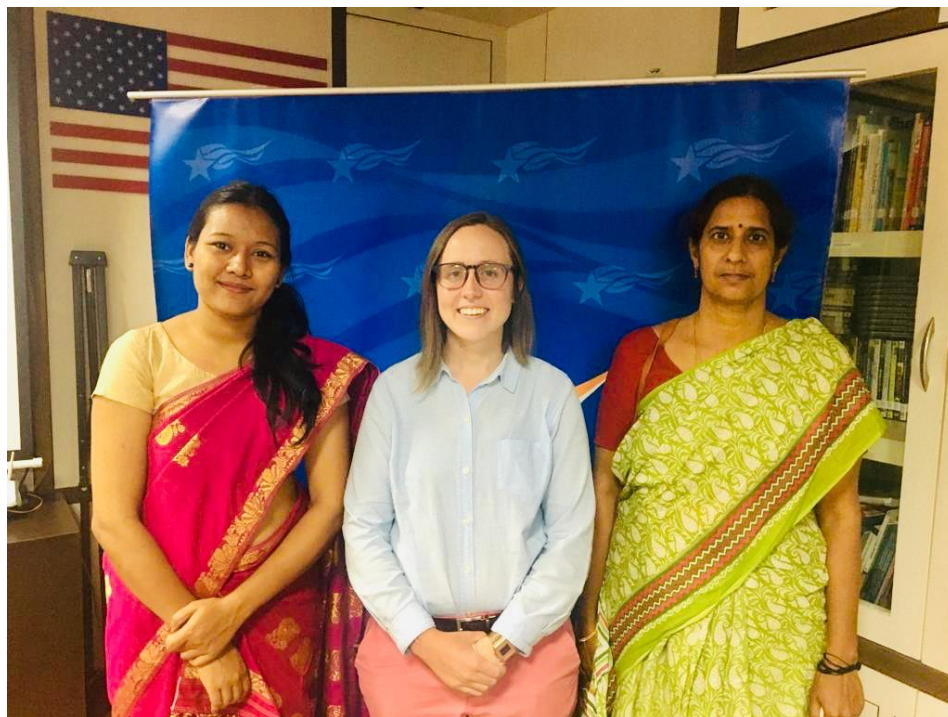


**6. Attended one day international workshop on Growth Strategies for Girls and Women in Centre for Women's Studies, University of Hyderabad on 20<sup>th</sup> September, 2019**

The Centre for Women's Studies, School of Social Sciences, University of Hyderabad organised a half-day workshop on, 20th September, 2019, on the theme "Growth Strategies of Girls & Women". The session started with the welcome address by Dr Rekha Pande, Director of Centre for Women's Studies, who formally welcomed the speaker Mr. Raj Tedla, the Executive Director of the VRT Management Group, USA highlighted on issues faced by many women in the current scenario such as little focus on women and girls' education and undervaluation of the labour of women.



**6. Attended US Consulate talk on 19<sup>th</sup> Nov, 2019**



### **7. Meeting with D. Sai Subash Chandra, Center Head, Samarthanam Trust for the Disabled, Bangalore on 25<sup>th</sup> November, 2019**

Meeting with D. Sai Subash Chandra, Center Head, Samarthanam Trust for the Disabled, Bangalore, Dr. Radhika, Dean, Students affair and Popy Devi Nath, Director, Centre for Women's Students along with students and parents. Samarthanam works for the empowerment of persons with disabilities and the underserved. The meeting was regarding scopes of disable students.



### **8. Field trip to The Rural Technology Park, The National Institute of Rural Development and Panchayati Raj (NIRD&PR), Hyderabad on 4<sup>th</sup> Dec, 2019**

An Educational field trip to National Institute of Rural Development an autonomous organization under the Union Ministry of Rural Development, is a premier national centre of excellence in rural development and Panchayati Raj. It was organized by Centre for Women's Studies and Political Science Department of 31 numbers of students along with two faculty members in order to give them a practical experience.

Students had visited the Rural Technology Park of National Institute of Rural Development and Panchayati Raj guided by Dr. Sweety, Research Associate, NIRD

Rural Technology Park has been established with a view to uplifting the rural people in all aspects of life such as capacity building, rural employment generation and livelihood etc.

Main objectives of this visit is to provide exposure on live demonstration/dissemination of cost-effective, local resource based and environment friendly technologies of different sectors of Rural Development and to encourage students on Skill and Entrepreneurship Development.

Students learnt about handmade eco-friendly products, small scale industries and make them understand about the concept of renewable sources of energy, mushroom cultivation, apiculture technology, biogas plant and its functioning, solar energy centre, water harvesting technologies, vermicompost, bio pesticides and home based products. Students saw different types of low cost houses like the bamboo house, mud house etc. Students were explained how the solar panels function and how they can be utilized to save electricity.

Students also visited Centre for Gender Studies and Development followed by a Gender Sensitization talk by Dr N V Madhuri, Associate Professor & Head and Dr Ruchira Bhattacharya, Assistant Professor.

Students really enjoyed watching the different processes and they made a note of each to share the knowledge with their friends.



## 9. Guest Lecture on “Women’s Rights as Human Rights” on 11<sup>th</sup> December, 2019

Department of Political Science & Centre for Women Studies organized a Guest Lecture on the topic “Women’s Rights as Human Rights” on 11<sup>th</sup> December, 2019. Dr P.Venkatramana, an Associate Professor of GDC, Kukatpally was the speaker. He highlighted on the various generation of Human Rights and the need to educate people about their rights.



## 10. Distributed bag, pan drive, Braille and scholarship to special child and needy students by Samathanam Trust, Bangalore on 17<sup>th</sup> Feb, 2020

Samarathanam trust, Bangalore with the help of Dr. K. Radhika and Ms. Popy Devi had distributed bag, pan drive, Braille and scholarship to special child and needy students in St. Ann’s College.



## 11. Summer Internship to Brothers Integrated Rural Development Society (BIRDS), Bangalore

Students Name:

1. Shannon Harper (B.A 2<sup>nd</sup> Year)
2. Sri Harshitha (B.A 2<sup>nd</sup> Year)

In this internship students had experienced the working of BIRDS in the ground level how the organization performs and handles problems and train or educated people for a better tomorrow. The Women Development Programs include self help groups, which is an excellent example of helping those in need. The women in these groups get monetary help to start their own business and make a sustainable income for themselves. This initiative helped hundreds of women who had all the skills required to be a successful entrepreneur but were unable to due to financial issues.

BIRDS skill training program helps people develop skills that can help them in finding or creating a useful income source. For example, They had attended Spoken English class, Computer classes and Driving classes through which BIRDS provide excellent skill development opportunities for those in need. Many students of these classes were successfully place in various jobs in around the city.

### **Driving Skill**

They took part in the driving classes provided by BIRDS and applied for my Driving License.

### **Management Skill**

Working with experienced people of BIRDS, they had learnt new ways of organizing and managing events successfully.

### **Team Work**

Working in a team is very easy when you know and understand your team mates. All the interns worked really hard as a team to complete each objective of this internship.

### **Communication Skill**

Interacting with many delegates of their various fields, I have learnt how to approach, interact and initiate discussions on specific topics. As an intern of BIRDS they had visited and interacted with people from various categories of society. This has helped me in developing my communication skills.

### **Time Management**

Time management is one of the most important skills required in any field. Working with BIRDS and attending events and conducting surveys on a tight schedule, I have acquired a good level of time management skill.

## **11. Visited Green Special School on 17<sup>th</sup> December, 2019**

The students of ngo management visited the Green Special School at Mehdipatnam. This school is specially built for the handicapped students. It was really fun to spend time with those students who were physically and mentally handicapped. We had a great time playing games with them we

also had a dance performance by them. They really enjoyed spending time with them. This school was a non profit organization where the teach manners and also their basic language.

**Motive:** our motive was to spend our time with special students and interact with employees in the Scholl.



**12. Legal Awareness Programme on Criminal and Civil Law and Women and Reproductive Health Rights on 7<sup>th</sup> March , 2020 to commemorate International Women’s Day sponsored by National Commission for Women, New Delhi.**

Venue- St. Joseph Auditorium, A.V Room, St. Ann’s College for Women

Participants: 378 Students, Staff, NGO Workers, GHMC workers

Centre for Women’s Studies – Dhruvi, St. Ann’s College for Women, Mehdipatnam, Hyderabad organized Legal Awareness Programme on Criminal and Civil Law and Women and Reproductive Health Rights on 7<sup>th</sup> March , 2020 to commemorate International Women’s Day sponsored by National Commission for Women, New Delhi.

**Inauguration**

The programme began with a prayer and lightening of lamp by delegates. Dr. P. Amrutha, Principal, St. Ann’s College for Women, Mehdipatnam, Hyderanbad welcomed everyone on the occasion of International Women Day. Prof V. Balakrishana Reddy, Registrar, NALSAR University of Law was the key note speaker. Prof V. Balakrishna Reddy addressed the gathering on the importance of Women’s Rights, Human Rights and Universal Declaration on Human Rights .The Guest of Honour Prof Sarfaraz Ahmed Khan, Director, Symbiosis Law School, Hyderabad enlightened on Constitutional provisions in India and the obstructions in the delivery of justice.

The Preamble of the Shreyasi Award was administered by Dr. Smita Asthana, IQAC coordinator. Women achievers Prof Shantha Sinha, Former Chairperson of National Commission for Protection of Child Rights (NCPCR), Government of India, Founder Secretary Trustee of Mamidipudi Venkatarangaiya Foundation, Professor of Political Science and Captain Syeda Salva Fatima, First Lady Muslim Pilot, Old City, an alumna from St Ann's College for Women were felicitated with Shreyasi Awards by Dhruthi Centre.

The Shreyasi Award winner Prof. Shantha Sinha motivated the audience to empower themselves by recognizing their identities. Captain Syeda Salva Fatima shared the struggles to pursue her ambition and realization of her dreams. Financial constraints didn't deter her from seeking a rare profession. Centre for Women Studies Director, Popy Devi Nath, Convener and Organizing Secretary presented Vote of Thanks.







## **Plenary Session**

Venue: A.V Room

Participants: Greater Hyderabad Municipal Corporation's Workers, students' parents

Medium: Telugu

Plenary Session saw the participation of Greater Hyderabad Municipal Corporation workers on the theme Women and Reproductive Health Rights. Advocate Vijetha Borukati, High Court, Hyderabad gave awareness on legal provisions, child care, Abortion and termination of reproductive pregnancy, Female Infanticide and Foeticide.

Inspector Madhavi Latha, Women Police Station, Hyderabad spoke on sensitive issues related to rape cases and the legal action.

Mrs. R.Bhramara Sree, Head Dept of Political Science, St. Ann's College for Women proposed the vote of thanks for the session.



### **Panel Discussion**

A Panel Discussion on the topic “Women Civil and Criminal Law” was conducted. Panellist Advocate Vijaya Devi Mamidi, High Court, Hyderabad, Prof Aparna Rayapori, Dept of Sociology, University of Hyderabad, Telangana and Prof. Shahida, Head, Dept of Women Education, Maulana Azad National Urdu University, Hyderabad, India interacted with the participants. Several queries were posed to the Panellists. Three panellists were highlighted on civil and criminal law on marriage, divorce, property distribution, domestic violence, Rape and sexual assault, Dowry death, Acid Attack. This has led to the creation of various laws, legislations and

mechanisms to protect women and girls. But these crimes still persist unabatedly, indicating abysmal failure of the security and justice provisions.

It was interactive session where many question was asked by participants to the panellist.

This has led to the creation of various laws, legislations and mechanisms to protect women and girls. But these crimes still persist unabatedly, indicating abysmal failure of the security and justice provisions.

Ms. Vijaya Shree, Students, St. Ann's College proposed the vote of thanks. The event concluded with the National Anthem.



## Poster Competition

Poster Competition was held in the Quadrangle on Women Rights coordinated by Ms. Lungmila Longvah & Mr. Urooja, Faculty of St. Ann's College.

Topic for poster competition:

1. Each for Equal
2. I am generation equality: realizing women's rights
3. Violence against women

Judged by Prof. Shahida, Head, Dept of Women Education, Maulana Azad National Urdu University, Hyderabad, India

Winners

1. 1<sup>st</sup> prize: Juveria Taqveen (Kasturba Gandhi College for Women, Hyderabad)
2. 2<sup>nd</sup> Prize: Sadaf Sulaiman Khan (S.N Vanita College, Hyderabad)
3. 3<sup>rd</sup> Prize: Ms. Sarvani (St. Ann's College for Women, Hyderabad)



**College auxiliary staff**



**GHMC workers**



**List of Resource Person**

1. Prof. V. Balakistha Reddy, Registrar, NALSAR University of Law, Hyderabad
2. Prof. (Dr.) Sarfaraz Ahmed Khan, Director, Symbiosis Law School, Hyderabad
3. Prof. Shantha Sinha, Former Chairperson National Commission for Protection of Child Rights (NCPCR), Govt.of India. Founder Secretary Trustee of Mamidipudi Venkatarangaiya Foundation

4. Captain Syeda Salva Fatima, First Lady Muslim Pilot, Old City, Hyderabad
5. Dr. Sr. P. Amrutha, Principal, St. Ann's College for Women, Mehdipatnam, Hyderabad
6. Dr. Smita Asthana, Dean, IQAC Codinator, St. Ann's College for Women
7. Advocate Vijetha Borukati, High Court Hyderabad
8. Inspector Madhavi Latha, Women Police Station, Hyderabad
9. Advocate Vijaya Devi Mamidi, High Court Hyderabad
10. Prof. Aparna Rayaprol, Department of Sociology, University of Hyderabad, Telangana
11. Prof. Shahida, Head, Department of Women Education, Maulana Azad National Urdu University, Hyderabad, India

### **13. Visit to N. S. Care home and Day Care Centre on 20th February 2020**



**Aim:** to visit an old age home with the perspective of helping and providing some basic amenities to them.

**Observations:** Students found two categories of people there: the ones who were abandoned and deserted by their families and others who were physically disabled and mentally disturbed. Whatever the case may be, the sufferers were the aged ones. Here in these centre they provide shelter for more than 100 old age people providing timely medical aid and hygienic food. Students had a great time talking to them as we asked them few questions like what they do at morning, at what time they wake up, what they eat in a day, when do they sleep at night etc. They replied to us in a polite way and gave them some food items and entertained them. Though students spent only few hours with them, they made us realize the value of grandparents and the tenderness with which we need to take care of them.

**Suggestion:** the old age home centre should maintain more hygiene and provide them food on time.



**14. Awareness programme in Spring Fields high school on 12th March 2020:** NGO Management students had conducted an awareness program about Covid-19. Students discussed about corona virus with the students of class 5<sup>th</sup> and 8<sup>th</sup>. In process students told them the symptoms and causes of getting the virus. NGO students discussed about how fast it is spreading all over the world. They told them that maintaining personal hygiene is the need of the hour. The school students after listening to the session, asked questions and they were glad to answer them and make them understand the situation and the necessary precautions. Ngo students also discussed about the pros and cons of the disease and asked them to take preventive measure.

Observation: The school was hygienic and the faculty members were really cooperative for allowing us to do our awareness program on Covid 19. The students were interactive and were confident.



**15. Visited Govt. Primary School, Boja gutta, Asifnagar, Medhipatnam on 11th march 2020**

Ngo management students had visited Govt. Primary School, Boja gutta, Asifnagar, Medhipatnam on 11th march 2020. Students had interacted with students and faculty members.



**Suggestions:** Improving the quality of education by reforming school to follow on creative life and work skills , away from rote memorization. Including parents in education process and creating public constituency to support and sustain the reform of primary school.

**16. Visited to Jain Seva Ashram (OLD AGE HOME)**

**Purpose of the visit:** To meet and communicate with the senior citizens who are residing in the ashram and the members controlling the administration of the ashram to understand the functioning of old age homes. The main objective of this program was to interact with the elderly elders and spend time with them as an outsource activity. This visit to an Old Age Home as an extension program was extremely cherish able one. Students learnt that the much-needed love,



and care for the loved ones plays a prominent part in their lives. It was very interesting and even touching to talk to those lovely elders.

**Observation:** A very pristine and religious ashram sheltering 26 old people from different familial backgrounds. A proper daily routine is followed by the elderly people, given regular nutritious meals and all essentialities. Lots of entertainment and religious rites are also performed by them. Administrators of the ashram see to it that a cheery environment is maintained for the well-being of the old people.

**Outcome of visit:** Students learnt a lot about the fundamental role that old age homes play in taking care of elderly people. The administrator of the Ashram explained to us in detail about the time and efforts spent in management of the Ashram, which will prove to be beneficial for us in future for any career in the field of NGO management.

**Suggestion:** More funds are a welcoming step for the development of the Ashram and to rehabilitate more aging people and look after their welfare.



**17. Field visit to Slum Area and educating them about Covid-19:** Aim to meet the poor people and giving them soaps in prevention from corona virus and educating them about the diseases and educating them about the virus and other such diseases. The students of Ngo management have visited to a slum area at Bojagutta to make the people aware about the corona virus in India. Students had distributed soaps to the people in that area and spread the information about the corona virus. Students gave precautions about the virus to the peoples of that slum area. It was a successful visit as we were given a opportunity to provide the poor people soaps and mask for prevention from any kind of diseases like corona.



### **18. Visit to government school**

Ngo management students of St Ann's college visited a primary government school at Bojagutta to spread the awareness about the dreadful disease corona virus and to give them precautions to prevent the diseases. It was a primary school for classes 4 to 6 where a number of students studying there. Visited them at 12:30 which was their break time after that they explained them about corona virus and how to prevent it and be hygiene and to maintain cleanliness around us.



**Motive:** Our motive was to spread awareness about corona virus among the students so that they can take precautions and spread this knowledge to others. They protect themselves by taking measures.

**Outcome:** It was a good time with those students. They learned how to prevent diseases around them and learned to maintain cleanliness around themselves. They were washing their hands every 5 mins and was always making sure to save water. It was really good to see the change among the students.

## **19. Awareness programme on Self Love in Daffodils High School on 8<sup>th</sup> Feb, 2020**

Objective:

- According to Robert Morley, “To fall in love with yourself is the first secret to happiness”. ‘Self-love’ is the regard for one’s own happiness.
- It is a state of appreciation for one self that grows from actions that support our physical, psychological and spiritual growth.
- When we act in ways to expand self-love in us, we begin to accept much better our weaknesses as well as our strengths, have less need to explain away our short-comings, have compassion for ourselves as human beings struggling to find personal meaning, are more centred in our life purpose and values, and expect living fulfilment through our own efforts.
- Our main motive for the session was teaching the students ‘what is SELF LOVE?’ and ‘what are the best possible outcomes in practicing it?’
- Interaction: An interactive session with the students of class 6 to class 10.

Description:

- As a part of this session students conducted activities on ‘body positivity’, in which a mirror is placed in front of an individual and were asked about their relationship with mirror and also to describe how they see themselves in the mirror every day.
- They also had a friendly talk with the students and educated them about how to love one. And how important it is to love oneself.
- They also explained them in order to achieve this; we need to: become mindful, act on what you need rather than what you want, practice good self-care, set boundaries, protect yourself, forgive yourself, live intentionally.
- Students also ended the session with an activity named ‘EMOJI MASTERS’ in which we named some qualities and asked them if they could relate that with someone in their class. The one they considered for that quality will be gifted with an emoticon badge resembling that quality.

Concluded the entire session with distribution of some self-love flags and chocolates.

**Experience:** The session was very interactive and students were very engaging. The session lasted for an hour and ended with a loud cheer from the students.





## 20. Visit to Guild of Service Seva Samajam Balika Nilayam on 20 February, 2020

Objective:

The main purpose of the visit is to understand how NGOs work from the time they make an initiative till the challenges they face and finally achieve their main goal.

**Interaction:** Ms. Sreelekha, Secretary, Guild of Service Seva Samajam Balika Nilayam

**Description:**

- The orphanage provides a home for the girl children who are homeless, with single parents and whose parents are differently abled or cannot afford their education. They educate them and give them confidence to become independent in life.
- The orphanage started with 3 children and currently has 64 members apart from the ones who have achieved jobs and got married.
- Ms. Sreelekha explained to us how they started the orphanage as an NGO and how they are managing till date.
- The orphanage used to give children for Indian and international adoption until children adoption is banned from NGOs in Andhra Pradesh.
- Students went around the orphanage and saw everything was well organized.

**Experience:** The most amazing part of the orphanage is that all the girls are very supportive and helpful to each other. They are really organized and very obedient.



## **21. Visit to Mother Teresa old age home in Bhoiguda on 10<sup>th</sup> March, 2020**

A group of students from B.A 1<sup>st</sup> Year visited the Mother Teresa old age home in Bhoiguda and Missionaries of Charity Nirmal Hriday Bhavan which is also in Bhoiguda. Students reached there early morning. Over there students were greeted with kindness and warmth. all were happy seeing us, we observed that there were two types of people one who was abandoned and others were suffering from sort of disability. No matter what the cause was, what mattered us the most was their age.

*“According to Shakesphere old age home is the age where the person behaves like a child again we witnessed the same”.*

When we saw those people we literally felt that they were in hunger of love. The people of old age were very compatible and friendly. We went there with a dozen of fruits and bread. They treated our whole day with their beautiful smiles and didn't reflect their problems even for a second.

In this old age home they were total 100 people. We went and greeted people along with the staff members. The sick people were given much attention and they were taken care of by many other people. We went and greeted them and took few pictures with them.



## **22. Visit to orphanage: The Home for the Disabled on 10<sup>th</sup> March, 2020**

On The Same Day as a Part of Ngo Student, the Group Visited an Orphanage Called "*The Home for the Disabled*" which is in the Secunderabad the members took bread and bananas. They all were engaged in some work. The orphanage contained children of various ages. The home usually has a care taker who monitors the children of the orphanage and a few helpers to take care of the residents.

Visit to an orphanage is a life changing experience as it is filled with emotions and sentiments. The orphanage consisted of more than 100 children. Few of them were playing games and few were working etc. we spoke to few children and took pictures along with them.



**Grant received from National Commission for Women, New Delhi**

1. One day Legal Awareness Programme on Criminal and Civil Law and Women and Reproductive Health Rights	NCW	20 <sup>th</sup> Nov, 2019	90,000.00
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## **Teaching Details:**

### **3.1. Teaching faculty:**

Ms. Popy Devi Nath,  
Director, Centre for Women's Studies

### **3.2. Courses**

Centre for Women's Studies provides several courses

1. COC on Women's Studies
2. AECC on Gender Sensitization
3. CCA on NGO Management

### **AECC ON Gender Sensitization**

3<sup>rd</sup> Year Students (Bsc, BBM, Bcom, B.A)

### **Objectives of the Course:**

- To develop students' sensibility with regard to issues of gender in contemporary India.
- To provide a critical perspective on the socialization of men and women.
- To introduce students to information about some key biological aspects of genders.
- To expose the students to debates on the politics and economics of work.
- To help students reflect critically on gender violence.
- To expose students to more egalitarian interactions between men and women.

### **Learning Outcomes:**

- > Students will have developed a better understanding of important issues related to gender in contemporary India.
- > Students will be sensitized to basic dimensions of the biological, sociological, psychological and legal aspects of gender. This will be achieved through discussion of materials derived from research, facts, everyday life, literature and film.

- > Students will attain a finer grasp of how gender discrimination works in our society and how to counter it.
- > Students will acquire insight into the gendered division of labour and its relation to politics and economics.
- > Men and women students and professionals will be better equipped to work and live together as equals.
- > Students will develop a sense of appreciation of women in all walks of life.
- > Through providing accounts of studies and movements as well as the new law provide protection and relief to women, the textbook will empower students to understand and respond to gender violence.

**Thrust areas:** Empowering Women through Education, Gender Sensitization, Legal rights of women, Status of women in Indian society.

**Teaching Models used:** As an interdisciplinary course gender studies adopts the mode of teaching which is interactive and participatory in nature. Apart from the lectures, teaching methods include group discussion, film reviewing, book and article reviewing and presentations.

**Teaching Aids used:** The course instructor uses visual aids and audio visual aids etc. Visual aids PPT, pictures etc while audio visual aids include the movies and documentaries.

## **2. COC on Women's Studies**

**Resource Person: Ms. Popy Devi Nath, Director, Centre for Women's Studies**

**Total 45 number of student has enroll in 2019-20 year**

**Objective of the course:** The objective of this course is to understand the concept of gender and present a bird's eye view of what living in a gendered society means for the women. It would recognize gender as central to the analysis of structures of power both within and outside the family and in the world around us. The course is structured around the premise that gender is socially constructed. It will offer opportunities for an interdisciplinary exploration of various dimensions of this premise. While a cross cultural perspective is kept in mind, the course would focus on the Indian experience.

**Evaluation procedure:** The evaluation could comprise of the following. Total marks. Internal assessment: 60 marks. End semester: 40 marks. Internal assessment could consist of any two of the following for 30 marks each. Term papers, seminars, project reports, book reviews, or discussions based on certain topics or films related to the course.

### **CCA Course NGO Management:**

#### **Centre for Women's Studies**

Course coordinator: Popy Devi Nath, Director, CWS

Total 63 number of student has enrolled in 2019-20year.

#### **Objective of the course:**

1. To provide domain knowledge and skills to students in NGOs, volunteer in social work and developmental Administration sector.
2. To train who are keen to start a NGO.
3. To provide quality social work education.

#### **Expected Learning Outcomes**

- Students will developed a better understanding about the basic managerial concepts of NGO workers;
- Students will acquire a firsthand experience by visiting different kind of NGOs.
- It will help and enhance the skills at various levels of management.

## **CHAPTER 4**

### **Information Dissemination**

#### **4.1 Library**

- 4.1.1 Centre for Women Studies maintains a separate library to cater to the needs of the faculty and the students
- 4.1.2 Students who evince keen interest consult the library
- 4.1.3 E- resources

#### **4.2 Print**

- 4.2.1 Brochures, Handouts
- 4.2.2 Pamphlets / Flyers
- 4.2.3 Posters & Placards
- 4.2.4 Articles

#### **4.3 Audio- Visual documentation**

- 4.3.1 Movie screening specific to women's issues. Movies
  - Bawandhar ( Sand Strom) ,
  - Gudiya
  - The Danish Girl
  - Suffragette
- 4.3.2 Documentaries
  - India's daughters
  - The holy wives
  - Impossible Dream
- 4.3.3 Publication
  - Newsletter

#### **4.4 Resources**

- 4.4.1 People – Faculty members & invited speaker
- 4.4.2 Material – ICT Infrastructure, Seminar hall
- 4.4.3 Documents – Centre for women's Studies library
- 4.4.4 Any other- Centralized college facilities

**Dr. Sr. P. Amrutha**  
**Principal**

**Ms. Popy Devi Nath**  
**Director Centre for Women's Studies**